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**"MEDICINE OF CONFESSION"**

The sacrament of Penance has often been at the centre of the reflection of the Church's Pastors, specifically because of its great importance in the journey of Christian life, given that "The whole power of the sacrament of Penance consists in restoring us to God's grace, and joining him in an intimate friendship" (*Catechism of the Catholic Church, 1468*). The Church, in continuing to proclaim Jesus' message of forgiveness and reconciliation, never ceases to invite the whole of humanity to convert and to believe the Gospel. (*Pope Benedict XVI!*)

Confessions: Wed, 5:30 - 6:30 PM, Sat. 9:30 - 10:30 AM or upon request.

**CPPS MISSION PROJECTS "WINDMILLS, WELLS AND WATER - 2012"**

10th Annual Fund-raising Dinner at Thompson Rivers University Grand Hall. Tickets are \$80 per person with all proceeds going to the mission projects operated by the Precious Blood Missionaries in Tanzania, East Africa. For tickets please call Anna or Lloyd Babcock - 250-579-8888 or Frank Tries: 250-314-1429.

**KNIGHTS OF COLUMBUS**

Grand Knight Devon O'Toole, and the Knights of Columbus Bishop Harrington 9508 would like to invite you all to attend the 25th Anniversary Celebration of our council March 4th at 10:30 AM St. John Vianney, with refreshments and fellowship to follow after Mass. Please come and celebrate this great milestone with us.

**CATHOLIC WOMEN'S LEAGUE**

World Day of Prayer - March 2nd - OLP Church - 7:00 PM, all welcome  
 CWL Diocesan Convention - Salmon Arm - April 20, 21, 22.  
 CWL Provincial Convention - Whitehorse - June 13 - 16th

**ST. JOHN VIANNEY COLLECTION - FEB 12, 2012**

Envelope Collection	\$2,005.00
Loose Collection	\$224.25
Stewardship Collection	\$55.00

**KALENDARIUM**

Feb 22	<b>ASH WEDNESDAY - LENT BEGINS!</b>
Feb 28	Parish Pastoral Council Meeting
Mar 2	WORLD DAY OF PRAYER - Family Night
Mar 4	Our Knights of Columbus 25th Anniversary Celebration
Apr 15	Confirmation (Our Lady of Lourdes & St John Vianney)
Apr 29	First Communion

Please note: Next Bulletin March 18th

<b>OUR LADY OF LOURDES PARISH - HEFFLEY CREEK</b> <b>573 Todd Mountain Road</b>
<b>Collections:</b> For Feb 12, 2012 \$260.00 Reminder: Please remember to drop off your Coopers and Extra Foods Sales' slips in the envelope located at the back of the church; the Catholic Women's League collect the sales' slips.

# WELCOME

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**PASTOR: WLADYSLAW KARCIARZ, OMI**

<b>FEBRUARY 19, 2012</b>	<b>SEVENTH SUNDAY IN ORDINARY TIME</b>
<b>SUNDAY MASSES:</b> St. John Vianney ..... 10:30 am Our Lady of Lourdes ..... 8:30 am Sun Peaks - Delta Hotel (Alpine Room) Saturday at 4:00 PM MASS AT THE HAMLETS - The 2nd Friday of the month at 10:00 AM - 3350 Bank Road	<b>WEEKDAY MASSES: St. John Vianney</b> Monday - Saturday ..... 9:00 a.m <b>Weekly Changes inside bulletin</b>
<b>Liturgy of the Hours - 7:45 AM in Chapel</b> <b>Sacrament of Reconciliation (Confession)</b> <b>Wednesday: 5:30 - 6:30 PM Saturday: 9:30 - 10:30 AM</b> <b>Chaplet of Divine Mercy each Wednesday evening at 6:30 PM in the Chapel</b> <b>Rosary - Sunday at 10:00 AM before mass in the Chapel</b>	
<b>St. John Vianney Parish - <a href="http://www.stjohnvianneykamloops.ca">www.stjohnvianneykamloops.ca</a></b>	

**O LORD, I TRUST IN YOUR MERCIFUL LOVE. MY HEART WILL REJOICE**  
**IN YOUR SALVATION. I WILL SING TO THE LORD**  
**WHO HAS BEEN BOUNTIFUL WITH ME.**

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**THE YEAR OF FAITH**

Blessed Pope John Paul II called it, "the great grace bestowed on the Church in the twentieth century." The event: the Second Vatican Council whose opening we celebrate on October 11, 1962. Called by Blessed Pope John XXIII in January 1959, the Council assembled the bishops of the world, theological experts and, for the first time, observers from the Protestant and Orthodox Churches. We are the heirs of this grace, and are called to invite a new generation to discover and embrace it.

Some of us can look back and see clearly the shifts that resulted from this decisive moment in the history of the church in our time, and as surely as we can also see that we still have much work to do to continue and complete the work the Council began.

To mark this anniversary, Pope Benedict has just announced a Year of Faith to begin on October 12, 2012. In *Porta Fidei*, he presents his vision of this year. A time of particular reflection and rediscovery of the faith, a time to understand the value and brilliance of the texts bequeathed by the Council, to respond more fully to the call of conversion, to commit ourselves to a new evangelization, to rediscover the joy of believing and renew our enthusiasm for communicating the faith. What will you do in your parish or diocese? (*"Celebrate - B. Gasselein*).

- \* Visit our Parish Website: [www.stjohnvianneykamloops.ca](http://www.stjohnvianneykamloops.ca)
- \* Tour of the Mass: [www.GuideToTheMass.com](http://www.GuideToTheMass.com)
- \* Attend Parish Workshop this week  
Thurs. Feb 23 & Fri. Feb 24 at 7:00 PM in Friendship Room

**FROM "GLORIA" TO "MISERERE NOBIS"**

This is the last time we hear the "Gloria" and the "Allelulia until Easter. In this way, their absence during Lent will help us to long for Easter all the more.

**FEASTING AT THE TWO TABLES: THE WORD OF GOD AND THE EUCHARIST**

The Gospel shows us a double picture of that church, that is, those people assembled around Jesus. This is where the paralyzed man needs to go for healing and where he also finds what is preventing him from getting what he needs. A good question to discuss a the Sunday dinner table is, How do I encourage and enable the healing and reconciling presence of Jesus at school and at work? A corollary question is, What attitudes or actions of mine might hinder people's access to Jesus?

**"WE EXCEL AT DOING LENT"**

The spirituality that the Church associates with Lent has many layers. The words conversion, repentance, and metanoia help us to understand the traditional purpose of the 40 days of this liturgical time. It is a liturgical time that developed out of the preparation time set aside for the catechumens as they approached the Sacraments of Initiation that were **"WE EXCEL AT DOING LENT" con't**

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celebrated in the great liturgy of the Easter Vigil. With the decline of the catechumenate after the sixth century, Lent became a time for the baptized to reflect on and remember their baptismal promises, and to enter into the exercises of Lent: namely, prayer, fasting, and almsgiving.

With the restoration of the catechumenate, the focus of Lent is once again on the preparation of the catechumens for the Easter sacraments. But all the baptized enter this liturgical time, a "retreat" for the whole Church as together we journey with the catechumens and with the Lord to the joy of the Resurrection.

**ASH WEDNESDAY - FEBRUARY 22**

**UNIVERSAL DAY OF FASTING AND ABSTINENCE FROM MEAT**

Blessing and distribution of ashes at the Mass at 6:30 PM

NB: OLPH Parish will have celebration at 9:00 AM

Daily Mass This Week at 9:00 AM except Wednesday at (6:30 PM)

**PENITENTIAL DISCIPLINE OF LENT**

The penitential character of Lent is to be maintained. On these days penance is to be considered an important requirement of the Christian life. Fulfillment of this duty involves prayer, works of piety and charity, and self-denial by fulfilling one's obligations more faithfully and especially by observing the prescribed fast and abstinence. The law of abstinence from meat binds those who are 14 and older; the law of fasting binds those from 18-59 years of age. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance. Adult example will be the greatest influence in this matter.

**PRAYER, FASTING, AND ALMSGIVING**

These three hallmarks of Lent helps us grow in holiness and challenge us to renew our lives. Through many programs, processes, and events, we are able to deepen our commitment and renew our baptismal call. Below are some other devotions and activities that might help foster these Lenten disciplines:

- \* Reading The Word of God during Lent, especially accounts of the Lord's Passion
- \* Bible Study "The King and His Kingdom" - every Monday at 7:00 PM in the Friendship Room
- \* Divine Mercy Devotion - Wednesday at 6:30 PM in the Chapel
- \* Stations of the Cross - every Friday at 7:00 PM followed by Adoration of the Blessed Sacrament

**LE JEUNE MANOR**

Le Jeune Manor is currently accepting tenant applications. Please call the office at 250-376-3653 to speak with Michelle for more information.

**LITURGY OF THE HOURS**

The Liturgy of the Hours can be described as a celebration of time, a symbol of the Paschal Mystery. Themes of sun, dawn, and dusk; light and darkness; word, gesture, and symbol of all point to the celebration of Christ's Passover in the daily rhythms and patterns of our lives. Each part of the liturgical year-especially Lent is an annual retreat to help the Church reflect on various aspects of the Paschal Mystery. During Lent the Church is called to embrace a spirit of repentance and metanoia (a change of heart) or conversion. Consider this communal celebration of Morning Prayer (15 min before Mass) or Evening Prayer (15 min before Devotions).