

# Body and Blood of Christ (Corpus Christi) Sunday, June 18, 2017



## ST. JOHN VIANNEY CATHOLIC CHURCH

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ

Assistant Pastor: Monsignor Jerry Desmond

Service Department: Deacon Eddie Lavoie

Office hours Tuesday - Friday 9:30-1:30 • **Sunday Mass 10:30 (Our Lady of Lourdes 8:30am 573 Todd Mtn. Rd.)**  
2826 Bank Road • Kamloops, BC • V2B 8E5 • 250-579-8711 • jvianney@telus.net • stjohnvianneykamloops.ca

### OTHER MASS SCHEDULES

#### **WEEKDAY MASSES - CHAPEL (St. John Vianney) June 19-24th**

Monday-Saturday 8:45am

Friday - Adoration of the Blessed Sacrament after Mass until 11:30am in honour of the Feast of the Body and Blood of Jesus. All are invited to come spend a little time or prayer on that day.

#### **ST. DAVID'S PARISH IN CELISTA**

July-Sept. Each Saturday starting July 1st @ 4pm - last Mass September 2nd.

#### **MASS WITH THE CARMELITES**

Sunday, July 16, 2017 @ 2pm.

In celebration of the Feast of Our Lady of Mount Carmel Mass will be celebrated at the Carmelite Monastery, 4815 Salmon River Rd. Armstrong. Refreshments to follow. Please bring a small dish of fruits or vegetables to share.

#### **SUNDAY COLLECTION- June 11, 2017**

##### **Saint John Vianney**

Envelopes: \$1,722.00

Loose: \$ 52.25

##### **Our Lady of Lourdes**

Envelopes: \$ 220.00

Loose: \$ 5.00

#### **COMMITTEES-MINISTRIES-CONTACTS**

**Evangelization:** Therese Gobeil 250-579-2240

**Justice:** June Cocoran 250-579-0155 or Roger Gobeil 250-579-2240

**Fellowship:** Deacon Eddie Lavoie 250-579-1995

**Social:** Clara or Ben Fouillard (Interested in helping with making coffee for after Mass?) 250-376-6112.

**Choir:** Pat Stodola 250-579-9560  
senorfroggy@shaw.ca

*"When we leave the holy banquet of Communion, we are as happy as the wise men would have been if they could have carried away the Infant Jesus."*

*Words from our secondary patron,  
St. John Vianney*

#### Daily Readings:

Day	Reading	Gospel
Mon.	2 Corinthians 6.1-10	Matthew 5.38-42
	<i>Let us show that we are servants of God.</i>	<i>I say to you: Do not resist and evildoer.</i>
	<b>Psalm: Ps 98.1, 2-3ab, 3cd-4 (R.2a)</b> <b>R. The Lord has made known his salvation</b>	
Tues	2 Corinthians 8.1-9	Matthew 5.43-48
	<i>Jesus Christ became poor for your sake.</i>	<i>Love your enemies.</i>
	<b>Psalm: Ps 146.1b-2, 5-6, 7, 8-9 (R.1b)</b> <b>R. Praise the Lord, my soul!</b>	
Wed	2 Corinthians 9.6-11	Matthew 6.1-6, 16-18
	<i>God loves a cheerful giver.</i>	<i>Your Father who sees in secret will reward you.</i>
	<b>Psalm: Ps 112.1-2, 3-4, 9 (R.1a)</b> <b>R. Happy are those who fear the Lord.</b>	
Thur	2 Corinthians 11.1-11	Matthew 6.7-15
	<i>I proclaim God's good news to you free of charge.</i>	<i>Pray in this way.</i>
	<b>Psalm: Ps 111.1-2, 3-4, 7-8 (R.7a)</b> <b>R. Your works, O Lord, are justice and truth.</b>	
Fri.	Deuteronomy 7.6-11	Matthew 11.25-30
	<i>The Lord loves you and has chosen you.</i>	<i>I am gentle and humble in heart.</i>
	<b>2nd Reading: John 4.7-16</b> <i>God loved us so much we ought to love one another.</i>	
	<b>Psalm: Ps 103.1-2, 3-4, 6-7, 8+10 (R.17)</b> <b>R. The steadfast love of the Lord is everlasting on those who fear him.</b>	
Sat.	Isaiah 49.1-6	Luke 1.57-66, 80
	<i>I will give you as a light to the nations</i>	<i>His name is John.</i>
	<b>2nd Reading: Acts 13.22-26</b> <i>John proclaimed a baptism of repentance to all the people of Israel.</i>	
	<b>Psalm: Ps 139.1-3, 13-14a, 14b-15 (R.14)</b> <b>R. I praise you, for I am wonderfully made.</b>	

## **CATHOLIC WOMEN'S LEAGUE NEWS**

Big thanks to our, Guest Speaker, Patty Pernistky on the Emergency Preparedness Workshop, this past Tuesday.

### **Team Leader needed:**

Needed to help with Funeral Tea's at our parish contact: Carole Stricker at 250-554-3245 : [cstricker@hotmail.com](mailto:cstricker@hotmail.com)

### **CWL General Meetings:**

Next meeting July 11th.

### **Homebound or in Hospital:**

Please let us know of anyone in our parish. Please advise Colleen Stallard of the CWL [250-573-6004](tel:250-573-6004)

## **KNIGHTS OF COLUMBUS NEWS**

**Applications** are now being accepted for the Knights Of Columbus Council 9508 Post Secondary Bursary. To receive an application form, contact Lloyd Babcock at 250-579- 8888. Application forms must be returned by July 31/17.

**Father Le Jeune Assembly** will be having the installation of their officers on June 19<sup>th</sup>, 2017. Event will take place at Holy Trinity Ukrainian Catholic located at 109 Tranquille Road, at 6:00 pm. followed by a social in the church hall. Please bring own beverage and each couple coming to the event to bring a small desert to share with others. Dress for those being installed, must be a tux and social baldric. The installation is open to the public and to our Knights of Columbus councils in Kamloops and beyond. We will be honoured by the presence of our District Master, Father Andrezi Wasylinko of Kelowna and District Deputy Michael Jones.

### **Alzheimer's Walk update!**

The other item I wanted to comment on was the very successful Walk for Alzheimer's we recently had in Kamloops on May 7<sup>th</sup>. Marilyn was the Honoree for the Kamloops Walk. We raised over \$105,000 in Kamloops which was a very good total. Thanks to all who donated or supported us in any way or walked with our team.

### **Vacation Bible/Sports Camp at St. Ann's**

**Academy July 10 – 21.** Bring your own lunch and afternoon snacks. Mighty Fortress – Jesus; the Victory is Won! Optional afternoon Basketball Camp, Register at [www.sacredheartkamloops.org](http://www.sacredheartkamloops.org) or Sr. Analisa at 250-372-5470 or Office at 250-372-2581. **DEADLINE to register is June 18!**

## **Vocation Live-In**

July 7 - 9, there will be a Vocation Live-In for boys or young men interested in the priesthood or the consecrated life, at the Seminary of Christ the King, Mission, BC. FMI call 604.826.8975.

## **Please Give Generously to the Emergency Relief, Africa - CCODP**

In the context of this famine relief fundraising, the Canadian government is matching donations made by individuals Canadians to an eligible registered Canadian charity, supporting famine relief efforts during until June 30<sup>th</sup>, 2017. Each matched dollar is placed in the Famine Relief Fund. **Please give generously before June 30<sup>th</sup>, 2017!** Toll Free: 1-888-234-8533 Online: [www.devp.org](http://www.devp.org) By mail: CCODP 1425 René-Lévesque Blvd. West, 3rd Floor Montréal, Québec Canada, H3G 1T7

## **Special Olympics July 6-8th**

Volunteers needed especially in food services. Register or FMI: [info@kamloopssportsCouncil.com](mailto:info@kamloopssportsCouncil.com) / [games@specialolympics.bc.ca](mailto:games@specialolympics.bc.ca) / 250-828-3822

## **Mikkie's Corner - Health & Nutrition**

### **John 4:14**

*But whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him a fount of water springing up to eternal life.*

If you're thirsty you are already dehydrated!

Water is best, but for some variety and low calories try the following:

### **Hot drinks made cold!**

- 1.) Have a cold coffee or make it exciting by creating your own frappuccino. For 1 serving use 1 tsp instant regular or decaf coffee, 1 tbsp cocoa, a pinch or more of stevia, 1 cup milk and ice - amount depends on how thick you want it (if wanting a bit of a flavour enhancer add some vanilla or caramel extract) blend in a blender.
- 2.) Have your tea cold - either make tea normally then put in fridge, have plain or add stevia as above like the coffee. Another nice way is to take fresh mint from your garden and put it in with a herbal flavoured mint or fruit tea.

### **Smoothies**

- 3.) Smoothies are always great but can have lots of sugar. So try this first as your base: 1 cucumber, 1 peeled lemon, herbs (cilantro, parsley...) then add carrot and or 1 fruit (apple, pear, peach...) This is a nice light tangy drink, that is also a metabolism booster. You can also make thicker by adding in spinach or kale and ice.