



## IMPORTANT NUMBERS

### Committees - Ministries - Contacts

**SEPT. IS WELL ON IT'S WAY!** We would love to see new faces, hear new voices, get new fresh ideas, have more support....If interested in any of the ministries, we would love to have you! Please call!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc: 250-579-9495

Justice: Lloyd Babcock 250-579-8888

Lay Eucharistic Worship: Carey Hackman 250-579-5210

Service CWL/KofC: Lesley Boettger 250-579-8969-8696 & Bill Pernistky 250-554-1532

Children's Liturgy: Kyle Drach 250-299-3286 Starting up Oct. 1st. We would love to see all our young parishioners again! If you're interested in volunteering 1 Sunday/month. Please feel free to call if you would like to offer your time, have any questions, or would like to attend a session to see what it's all about before committing.

Coffee Makers: Clara & Ben Fouillard 250-376-6112

Choir: Pat Stodola 250-579-9560

Practice has started, Thursdays @7:00PM in the church. We welcome new members. We don't hold auditions, but require a commitment to come to practice weekly as much as possible. Our ministry is to offer love and support to our parish and each other, while singing praise to the Lord. Besides singing at Sunday Mass, we minister at funerals, and occasionally do some entertaining outside the parish. Come and join us. Any questions please call but no answering machine, so call back if you don't catch me the first time.

*For the following ministries contact the office 250-579-8711 : [jvianney@telus.net](mailto:jvianney@telus.net)  
Eucharist Minister/Greeter/Gift Bearers/Liturgy (readers) [stjohnvianneykamloops.ca](mailto:stjohnvianneykamloops.ca)*

### HELPLINES

#### The Compassionate Community Care (CCC)

**Helpline**, 1-855-675-8749 is a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

**St. Vincent De Paul Helpline**, 250-554-0098 dedicated to feeding, clothing, housing and healing individuals and families in our community who have nowhere else to turn for help.

#### Attention all youth/young adults ages 16-29 :

Visit this link to make your voice heard:

<http://www.rcdk.org/pages/pope-francis-is-listening>



## Daily Readings

Day	Reading	Gospel
Mon	Ezra 1.1-6 Psalms 126.1-2ab, 2cd-3, 4-5, 6 (R.3a)	Luke 8.16-18
Tuesday	1st Revelation 7.9-17 2nd 2 Corinthians 4.7-15 Psalms 124.2-3, 4-5, 7b-8(R.5a)	Luke 9.23-26
Wednesday	Ezra 9.5-9 3.14-16 Canticle: Tobit 13.2, 3-4, 6ab,cd, 6ef(R.1)	Luke 9.1-6
Thursday	Haggai 1.1-8 Psalms 149.1-2, 3-4, 5-6a+9b (R.4a)	Luke 9.7-9
Friday	Revelation 12.7-12a Psalms 138.1-2ab, 2cd-3, 4-5 (R. 1c)	John 1.47-51
Saturday	Zechariah 2.1-5, 10-11 Canticle: Jeremiah 31.10, 11-12ab, 13 (R. see 10d)	Luke 9.43b-45

### BIBLE STUDY!! - Bring your bibles

Starting Monday's Oct. 02, 7-8:30PM with **DEACON EDDIE!** Will consist of different biblical character profiles each week. This will reflect the essence of their teaching for the Christian community. First study will be on Abraham

#### Faith In Action (FIA) Campaign 27

Last week's video (<http://www.rcdk.org/events/faith-in-action-following-jesus-the-way/2017-08-01>), explained the Diocesan Objectives, along with hearing local parish project chosen shown on board in foyer.

#### Participation so far:

SJV: 5 families = \$1,275.00

OLL: 1 family = \$300.00

### Sunday Collection

Sept. 17th, 2017

#### Saint John Vianney

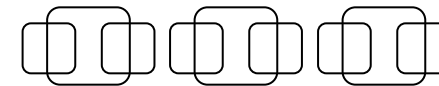
Envelopes: \$2,802.00

Loose: \$29.00

#### Our Lady of Lourdes

Envelopes: \$225.00

Loose: \$31.00



## St. John Vianney

### A Christian Community in the Catholic Tradition

**Pastor:** Jesus Christ

**Assistant Pastor:** Monsignor Jerry Desmond

**Service Department:** Deacon Eddy Lavoie

*25th Sunday in Ordinary Time, Sept. 24*

### OFFICE HOURS & MASS

**Parish Secretary: Mikkie Nettles**

**St. John Vianney 2685 Bank Road  
250-579-8711**

Office Tuesday-Friday 9:30-1:30

Sunday Mass 10:30

[Our Lady of Lourdes 8:30

573 Todd Mtn Rd.]

### OTHER MASS SCHEDULE

St. John Vianney - Weekday Masses  
Sept. 25-30th @8:45AM(Chapel)

**FYI: Change in Mass Times for Valemount Good Shepherd Parish has changed their mass times to: 1st & 3rd Sunday of the month: 4:00 pm; 2nd & 4th Sunday of the month: 9:00 am.**

Choose Life Prayer Vigil Sep.27-Nov.5, 3-6pm, Sacred Heart Cathedral, 255 Nicola St. Kamloops. A focused 40-day campaign of prayer & peaceful activism, to seek God's favour to turn hearts and minds from a culture of death to a culture of life. Those who stand witness send a powerful message to the community about the tragic realities of abortion & euthanasia/assisted suicide. FMI:Domenica Spina 250-320-8319 or [domenicaspina@yahoo.ca](mailto:domenicaspina@yahoo.ca). **St. John Vianney is to hold prayer throughout on Saturday's, 3-6PM please sign up in foyer or email/call office**



### +++Knights of Columbus News

KofC: Meetings are first Tuesday of each month

Each 'degree' of the Knights of Columbus is associated with a particular virtue, the fourth being "Patriotism". Consequently, the 4th Degree is often known as the 'The Patriotic Degree'. The 4th Degree was established in New York on 22 February, 1900. On June 28th, 2017, Bishop Gary of Victoria and two of his priests received the honours of the 4th Degree. On **November 25th**, our Bishop Joseph will become a member of the 4th Degree. I would encourage all 3rd Degree members in good standing to seriously consider becoming a part of the visible arm of the Church. FMI contact Lawrence Beaton, Faithful Navigator at [beatonlawrence47@gmail.com](mailto:beatonlawrence47@gmail.com) or any 4th Degree member from Assembly 0033 you know.

### Catholic Women's League News

Meetings 2nd Tuesday of each month.

**CWL TEA AND BAZAAR September is here!** Raffle tickets are available at the back of the church & need to be sold. Please pick up if you haven't already. FMI: Carey Hackman (250) 579-5210 [telyhack@telus.net](mailto:telyhack@telus.net) : Sherry Makarra [sherrymakarra@gmail.com](mailto:sherrymakarra@gmail.com) (250)579-9412 : Sally Nastrom (250)579-9412...

### Mikkies Corner, Health & Nutrition: COMING BACK FROM INJURY...

Many after an injury fail to start strengthening and will just focus on specific stretches. Both are crucial. At this point I am not necessarily working the specific injured area, I am working supporting muscle groups while engaging the injured area to slowly start strengthening it back. It consists of:

1. A longer than normal warm-up so the muscles are lubricated especially the injured area. Dynamic stretching (moving stretch) standing pilate roll, deep squat spine roll ups, followed by a good walk followed by strengthening
  - a. At this point only machines so I am supported. Exercises as wide and narrow rows, vertical press, fly's....a couple of sets each and higher reps (15-20) so the weight isn't too heavy but challenging enough that I have to engage my core to keep posture & form. This is turn works my core gradually as this is the area most affected.
  - b. Stretching, from dynamic to static (holding stretch up to 30 seconds) followed by icing and now more heat into the recovery.



## EVENTS/ RETREATS

### Daughter's of St. Paul Sept.29-Oct.01

**Toronto:** A vocational discernment retreat for young single woman, 18-33. See Poster in foyer

### Men's Retreat, Sept. 29-Oct.01, Princeton BC:

For every man searching for a deeper relationship with God and a fuller understanding of what it means to live as a son of the Father. FMI: [www.rcdk.org](http://www.rcdk.org) : see poster in foyer

### ANNOUNCING RETROUVAILLE WEEKEND

#### FOR COUPLES - Oct. 20-22, 2017 Vancouver

Not willing to let go of your marriage? Many couples continue to struggle in a marriage, but are not willing to give up on each other. There is hope. Retrouvaille is designed to help struggling marriages regain their health. It helps a husband and a wife rediscover or re-awaken the love, trust and commitment that originally brought them together. The program is highly successful in saving hurting marriages, even bringing reconciliation to couples who have already separated or divorced. It is a peer ministry of volunteer couples that can help you learn the tools of healthy communication, build intimacy and heal, just as they have done in their own marriages FMI: Marc and Candice @ 604-530-6710 or visit our website: [www.retrouvaillevancouver.com](http://www.retrouvaillevancouver.com)

### Monastic Life Workshop - For Ladies

**Oct.13-15**, there will be a for ladies interested in the consecrated life, at Westminster Abbey, Mission, BC. The weekend retreat has a monastic emphasis and style. It will be from 7 pm Friday to 2 pm Sunday. If you are interested please FMI: 604-826-8975

### Live In Retreat Oct. 13-15th Cache Creek.

Must be 19 years or older. This is a wonderful weekend of 'Getting to Know Jesus'. It is suggested that you register soon as it usually fills up quickly. For registration forms or FMI: contact Mike or Shannon Moleski @ 250-747-2026. See poster in foyer

**ALPHA - in the Catholic Context:** A series of interactive sessions exploring the basics of the Christian faith. Each session looks at a different question and is designed to create conversation. There's no pressure, no follow-up and no charge; it's just an open, informal, and honest space to explore and discuss life's big questions together. **Sacred Heart Cathedral (downstairs), Thursdays 6:30PM Oct.12-Dec.21 just show up no registration!** FMI visit [www.alphacanada.org](http://www.alphacanada.org).



## NEWS/INFORMATION

### LifeChain Announcement

We invite you to our LifeChain. Witness to God's great gift of all human life, standing prayerfully for one hour on **Sunday Oct. 1st, 2:00-3:00 p.m.** along Columbia St., between 3rd & 5th Avenues. Pick up your sign from Sacred Heart Cathedral (255 Nicola St.), or from First Baptist Church (454 Columbia St.). Refreshments to follow at Sacred Heart Cathedral. lower level.

### Save the Date!! 24<sup>th</sup> Annual SJV Oktoberfest Extravaganza

October 14<sup>th</sup>. Tickets \$40.00/person contact office, Casey 250-682-1096 or Julian 250-579-9560. Door Prizes, Silent Auction, Dancing and New Lite German Cuisine! Tickets are \$40.00 per person. Supporting St. Vincent DePaul, Tanzania Mission & parish projects. Also looking for someone to take lead responsibility for the Silent Auction

### Kick Off 2017 - GOD's SQUAD:

Beginning a new year. It is a group for youth from all parishes to develop a deeper friendship with Jesus & other Catholic youth in an informal supervised setting. All youth grade 8 & older invited. 1st event is Sat., Sept. 30th @Holy Family Parish 2-6pm. Fun & games, food, music, prayer & crazy prizes. The biggest prize goes to the one who brings the most friends. Dinner included @5:00pm. Bring enthusiasm. Bring energy. Bring a friend. FMI [hfgodssquad@gmail.com](mailto:hfgodssquad@gmail.com)

### Dessert Extravaganza Annual Fundraiser Event

The Pregnancy Care Centre will be holding their Annual Dessert Fundraiser on Friday, Oct. 27<sup>th</sup>, 2017 at the Full Gospel Church in Kamloops. See poster in

**ASCEND Online** Attention all home school families! Are you looking for a Catholic option to support your "primordial and inalienable" (CCC 2221) right & duty to educate your child? Are you looking for a home school community connection with other Catholic home schoolers? Do you have a high school student looking for DL courses from a Catholic perspective? Are you looking for excellent professional support for your special needs child? Look no further! Ascend supports parents as the "principal & first educators of their children" (CCC 1653) & is the only Catholic, certified home-school/distance learning opportunity in BC. FMI or to enrol: [admin@ascendonline.ca](mailto:admin@ascendonline.ca) | 1-250-376-5118

### NEW Great Little Coupon Book:

Food, Fun & Services, \$10. Call Tonia (778-220-5584) or St. Joseph's Christian Book, Gift & Church Supplies 778-471-6100. Great Fundraiser-Kamloops Pro Life Society