



# ST. JOHN VIANNEY CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711: jvianney@telus.net  
stjohnvianneykamloops.ca : Office hours Tue-Fri 9:30-1:30

### COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, Please contact person listed or call/email office!

**Discipleship:** Lesley Boettger 250-579-8969

**Evangelization:** Therese Gobeil 250-579-2240

**Fellowship:** Marguerite Leblanc: 250-579-9495

**Justice:** Lloyd Babcock 250-579-8888

**Lay Eucharistic Worship:** Carey Hackman 250-579-5210

**Service CWL/KofC:** Lesley Boettger 250-579-8969 & Bill Pernistky 250-554-1532

**Children's Liturgy:** Kyley Drach 250-299-3286

**Coffee Makers:** Clara & Ben Fouillard 250-376-6112

**Choir:** Pat Stodola 250-579-9560 : senorfroggy@shaw.ca

For the following ministries contact the office:

**Eucharistic Minister/Greeter/Gift**

**Bearer/Liturgy (readers)**

250-579-8711 : jvianney@telus.net

stjohnvianneykamloops.ca

**or other ministries:** Deacon Eddie eglavoie@gmail.com

**ASCEND Online - Catholic home school online**  
FMI or to enrol: admin@ascendonline.ca | 1-250-376-5118

### HELPLINES

**The Compassionate Community (CCC):**

1-855-675-8749 is a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

**St. Vincent De Paul:**

250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

**Retrouvaille - A lifeline for trouble marriages**

vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.



### MONTHLY MEETINGS/EVENTS:

**Bible Study w/Deacon Eddie** (Friendship Rm) Will resume Monday's, starting Feb. 05, 2018 with Ben Sira, book of Sirach (Ecclesiasticus), please read prior too if possible.

**Fellowship "Living with Loss"**(Friendship Rm) 2nd Wednesday of each month 11:00am

**KoC** (Friendship Rm) First Tuesday of each month 7:00pm

**CWL** (Friendship Rm) 7:00pm Second Tuesday of each month

**Bridge Club**

Every Friday in Friendship Room 1-4:30pm

### MASSES

**Weekday Masses in the Chapel**

Jan 29-Feb 02 @8:45am

**Sun Peaks Masses** (*Volunteers needed for driving. Msgr has the car, just needs the drivers! Call/email office or signup in foyer the date(s) you think you can help out with*)

Mass will run every Saturday until Easter 2018 at 4pm. The Easter mass itself will be celebrated on Easter Sunday, rather than the Saturday night.

### SJV UPDATES

**Sunday Collection Jan 21st, 2018**

Saint John Vianney

Envelopes: \$2,174.00 Loose: \$ 136.45

Our Lady of Lourdes

Envelopes: \$ 180.00 Loose: \$ 200.00

SunPeaks

Envelopes: \$1,290.00 Loose: \$ 133.03



In this year's envelope packages there are no Stewardship. Please give generously and include in your regular Sunday donations.

### Offerings

God bless us all!

**The following Committees are requested to lead the Stations of the Cross, on Fridays during Lent at 7:00pm:**

Feb 16 - Justice/Development & Peace

Feb 23 - KofC

Mar 02 - CWL

Mar 09 - Worship/Extraordinary Ministry

Mar 16 - Fellowship

Mar 23 - Evangelization/Discipleship

**Faith in Action (FIA) Campaign 27**

SJV: 74 pledges = \$24,126.00

OLL: 14 pledges = \$3,220.00

Day	Reading	Gospel
Monday	2 Samuel 15.13-14, 30; 16.5-13a Ps 3.1-2, 3-4, 5-6 (R.6)	Mark 5.1-20
Tuesday	2 Samuel 18.9-10, 14b, 24-26a, 30 - 19.3++ Ps 86.1-2, 3-4, 5-6 (R.1a)	Mark 5.21-43
Wednesday	2 Samuel 24.2, 9-17 Ps 32.1-2, 5, 6, 7 (R. see 5c)	Mark 6.1-6
Thursday	1 Kings 2.1-4, 10-12 Canticle: 1 Chronicles 29.10, 11ab, 11d-12a, 12 bcd (R.12b)	Mark 6.7-13
Friday	Malachi 3.1-4 Ps 24.7, 8, 9, 10 (R.10)	Luke 2.22-32
Saturday	1 Kings 3.4-13 Ps 119.9-10, 11-12, 13- 14 (R.12)	Mark 6.30-34

## KoC & CWL INFORMATION/NEWS

### KofC

**LeJeune Manor**, 289 Maple Street, behind OLPH, is accepting applications from potential tenants. This is a 55 years+ building that provides, secure, independent & affordable living. If interested please contact the manor office at 250-376-3653

### CWL

#### Memberships due;

Still accepting CWL memberships. Fee is \$35.00. Use designated pink CWL envelope in your envelope boxes or make out cheque to CWL and put in the collection basket. You can also drop off to SJV office.

### EMPLOYMENT!

**Need 1:1 Non-medical companion care?** Mila is a licensed Seniors Aid and is looking for work to help you or anyone you may know that requires this type of service. Please contact Mila Bagundol H:250-579-9046 C:778-220-8687 : mila\_bagundol@yahoo.com

### JOBS - See postings in foyer for FMI Sacred Heart Catholic School, Williams

**Lake:** 0.4 FTE music teacher (K-7) Starting April 3, 2018

### MIKKIE'S CORNER - Health & Nutrition

*Fear is faith that it won't work out!*

Last week I talked about exercise and if you are not one that is motivated or doesn't like it, that how you need to change your mind set and view it as a daily routine, like hygiene practices as it is crucial to your health.

But there is a new danger out there that needs to be addressed. It's sitting. Sitting is proving to be detrimental to our health, similar to that of smoking. It is now considered the "New Smoking". So yes, definitely incorporate that constant 30 minutes of moving per day but also changing a few things in your daily routine if you sit longer than 3 hours at a time. If you fall into this category consider making some changes ASAP.

Set an alarm that goes off every 3 hours. If at work most jobs allow a bathroom or water break anytime during the day. Get up at this point and do one or more of the options below.

1. Stand up and do 10 marches on the spot, 10 high knees, 10 squats tapping your chair, and 10 desk or wall push-ups. Repeat 3x if possible
2. Go walk up down stairs if you have access to them or lunge walk to bathroom or to get water
3. Do some dynamic stretching, twisting torso, high reaches, touching toes, hips rolls
4. Try changing your work station if able, stand for awhile while working.

*Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)*

## CATHOLIC SCHOOLS NEWS!

### Paint-nite - support SAA Dry Grad

If you had a great time with Paint-nite here at SJV, then gather some friends and out support our Catholic High School, St. Ann's Dry Grads, to make their evening a success. The Dry Grad committee is excited to announce that they have secured Jump 360. They are hoping to raise enough funds so that it will be affordable for all grads to attend. Dry Grad is an alcohol and substance free event that is supervised and private so all grads can enjoy a night without outside pressures. Please go online to book your ticket, they need 35 tickets sold by Feb 8th, event is Feb 22!

Halston Pub, 7:00 pm  
1271 Salish Rd  
Thursday Feb 22, 2018  
\$45.00/ticket

Just copy paste into your browser or click below to register.  
<https://www.paintnite.com/events/beach-moonlight-at-halston-pub-10046619>

### OLPH School raffle ticket sale:

During Catholic Schools Week OLPH School is having a raffle ticket sale to raise money for playground equipment, TRU Scholarships for past students, and fieldtrip activities for current students. The draw date is Feb.9<sup>th</sup>, 2018 at 1:00pm The tickets are \$5.00 each and the prizes are

1. \$3000.00 Travel Wise Trip Voucher
2. \$1000.00 Home Hardware Gift Card
3. \$500.00 Gift card combo pack for groceries, fuel, dinner, and movies

Kids will sell after mass next 2 Sundays and if they are not able to then tickets can be purchased here at SJV Tue-Fri 9:30-1:30 or OLPH school office M-F 8:00-4:00pm



### January Clearance Sale at St. Joseph's:

Monday 8th-31st January! 10%- 40% OFF.  
St. Joseph's Book and Gift Store is filled with Christmas items, nativity sets, giftware, books (new & used), jewelry, statues, cards, CDs/DVDs. 256 Nicola Street. Come in and meet Marcella or Garry. Call 778-471-6100 or email [stjosephscbgcs@shaw.ca](mailto:stjosephscbgcs@shaw.ca) to place your orders.

### RETREATS - FEB & APR 2018

#### Live-In for priesthood.

On the weekend of February 16 - 18, there will be a Vocation Live-In for boys or young men interested in the priesthood or the consecrated life, at the Seminary of Christ the King, Mission, BC. FMI: 604-826-8715, see poster in foyer.

#### Annual Confirmation Rally

Saturday February 17, 2018 at OLPH in Kamloops.  
Registration forms available at your parish office.

#### Diocesan Youth Retreat

Friday April 27 - Sunday April 29 at St. John Vianney in Kamloops. Registration available online at [www.rcdk.org](http://www.rcdk.org)

### EVENT REMINDERS & INFORMATION

#### FEB- Don't forget CPPS Mission, buy tickets now!

#### Tanzania, CPPS Mission Projects - Fundraiser Dinner 2018

The 16<sup>th</sup> annual "Windmills, Wells and Water" dinner for CPPS Mission Projects is being held on Sat, Feb 17, 2018 at the Kamloops Coast Hotel & Convention Centre. Tickets are (\$80.00/person) with a tax receipts for \$45.00. Doors open at 6 with dinner at 7, and will include dancing, live auction, silent auction and exciting door prizes. For tickets, contact Margaret or Kevin Langevin at [mklangevin@shaw.ca](mailto:mklangevin@shaw.ca) 250-573-2229; or Lloyd & Anna Babcock at [lbabcock@telus.net](mailto:lbabcock@telus.net) 250-579-8888; or Deacon Eddie Lavoie 250-579-1995