



ST. JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30
Saturday May 5th Confirmation Mass 5:00pm

2826 Bank Road : V2B 8E5 : 250-579-8711:
jvianney@telus.net stjohnvianneykamloops.ca :
Office hours Tue-Fri 9:30-1:30

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc: 250-579-9495

Justice: Lloyd Babcock 250-579-8888

Lay Eucharistic Worship: Carey Hackman
250-579-5210

Service CWL/KofC: Lesley Boettger
250-579-8969 & Bill Pernistky 250-554-1532

Children's Liturgy: Kyley Drach 250-299-3286

Coffee Makers: Clara & Ben Fouillard
250-376-6112

Choir: Pat Stodola 250-579-9560:
senorfroggy@shaw.ca

For the following ministries contact the office:
Eucharistic Minister/Greeter/Gift Bearer/Liturgy (readers)
250-579-8711: jvianney@telus.net

stjohnvianneykamloops.ca

or other ministries: Deacon Eddie
eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI or to enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

The Compassionate Community (CCC):
1-855-675-8749 is a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages
vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.



MONTHLY MEETINGS/EVENTS:

Bible study: Will resume in the fall

Fellowship "Living with Loss"(Friendship Rm)
2nd Wednesday of each month 11:00am

KofC (Friendship Rm)
First Tuesday of each month 7:00pm

CWL (Friendship Rm) 7:00pm
Second Tuesday of each month

Bridge Club
Every Friday in Friendship Room 1-4:30pm

MASSES

Weekday Masses in the Chapel
April 30-May 04 @8:45am

SJV UPDATES

Sunday Collection April 22, 2018

Saint John Vianney

Envelopes: \$1,972.00 Loose: \$ 69.35

Our Lady of Lourdes

Envelopes: \$ 440.00 Loose: \$ 10.00

Day	Reading	Gospel
Monday	Acts 14.5-18 Ps 115.1-2, 3-4, 15-16 (R.1)	John 14.21-26
Tuesday	Acts 14.19-28 Ps 145.10-11, 12-13ab, 13cd+21 (R.12a)	John 14.27-31a
Wednesday	Acts 15.1-6 Ps 122.1-2, 3-4a, 4b-5 (R.1)	John 15.1-8
Thursday	1 Corinthians 15.1-8 Ps 19.1-2, 3-4ab (R.5a)	John 14.6-14
Friday	Acts 15.22-31 Ps 57.7, 8, 9-10, 11 (R.9a)	John 15.12-17
Saturday	Acts 16.1-10 Ps 100.1-2, 3, 5 (R.1a)	John 15.18-21

Adoration – for Vocations Weekly Holy Hour!

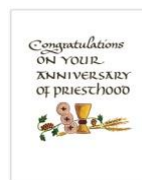
Serra Club of Kamloops Diocese

5:00PM 1st Wednesday of the month at OLPH,
7:00PM 2nd Thursday of the month at Holy Family,
7:00PM 3rd Wednesday of the month at St. John Vianney (April 18)
8:00PM 4th Wednesday of the month at Sacred Heart Cathedral



Story or a great picture from our parishes?

The deadline for written submissions and photos for the next issue of the Diocesan News is Monday April 30. Please send you stories and photos from your parish, school, CWL and K of C to info@rcdk.org When sending photos please send high resolution images and a byline to the photo including the names of the people Left to Right



Prayerful wishes to Msgr. Jerry Desmond who celebrated his 52nd anniversary of priesthood on April 28th!

Also to Fr. Derrick Cameron who celebrated his birthday on April 25th, Fr. Samuel Garcia who celebrated his birthday on April 26th, Fr. Vernantius Ononiwu who celebrated his birthday on April 27th



KofC

K of C 5th Sunday Rosary:

This Sunday the 29th of April 2018, please join in praying the Rosary with the Knights of Columbus before Mass, beginning at 10:00AM in the Church

Hospice Society Fundraiser:

Plant and hot dog sale Sunday, May 6th after Mass. Please call Herman Konjolka if you are donating plants or FMI: 250-579-3316

CWL

Bursaries due April 30

1st month tuition for a grade 7 student entering St Ann's and \$500 for a grade 12 student entering a post secondary institution. Please see application forms and information on CWL Bulletin in church foyer Hand in to Kelly Nystoruk 778-586-0554 or email knystoruk@gmail.com

Pregnancy Care Centre Annual Meeting:

Join us for a review of 2017 and a vision of how we see God leading us into 2018. Presentations by our Team and Board, refreshments served. May 8, 7:00 PM - 429 Tranquille Road FMI: Shirley@mypregnancychoices.ca www.mypregnancychoices.ca : 250-376-4646

EMPLOYMENT!

High School Vice-principal: St. Ann's Academy Kamloops

Permanent casual cook and assistant: The Immaculate Heart of Mary Shrine and Centre

Teacher - Intermediate classroom: St. Ann's School in Quesnel

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

Water retention.

Puffiness, bloating, edema all relating to water retention, can happen to any of us. If temporary, this is usually a quick fix. The body tries hard to keep our body in homeostasis (balance). If you have too high a concentration of minerals (electrolytes), in cells then water is let into the cell to try balance it out and the opposite is true for the reverse, if too much water then minerals are brought into the cell. This is important for the thousands of chemicals reactions that must occur to keep us alive. A short term minor imbalance won't kill us but it's a sign that we should pay attention. This can happen at any time of the year but summer seems to be more relevant. It can seem to happen suddenly and you notice your ankles are puffy and your fingers are like sausages. It's usually because we aren't quite climatized just yet for the hot day that comes out of nowhere or you literally just spent too much time in the sun. This is an indication that your body is off balance and to take action as being dehydrated or over hydrated can cause this. It seems odd to think if you are dehydrated how you can be puffy and retaining water, but it makes sense for cell salvation. They are alerted of danger and essentially go into a water starvation mode, hanging onto whatever they have not letting it to go thus "retaining water". Other more serious signs symptoms and recommendations to be continued....

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)



Kamloops Walk for Alzheimer's Sunday May 6th.

Join Marilyn and Casey in the Investors Group Walk for Alzheimer's. They are seeking your support and generous donation to their team. The campaign is just kicking off. Best link is: <http://www.alzgiving.ca/goto/MarilynandCasey> Together, we make memories matter.



All young men and women (ages 19+) are cordially invited to Christian Life Program, a 3-week faith formation event for young adults who are seeking to develop a deeper relationship with the Lord. Students, young professionals, Catholics, and non-Catholics are all welcome join us on this journey! This program is hosted by CFC - Singles for Christ Vancouver, a Catholic Young Adult Ministry that focuses on growing in holiness through our lifestyles, careers, and relationships. When we live with passion and purpose, we can meet life's challenges with confidence, peace, and faith. Saturdays, 6:00pm-10:30pm (May 19, 26, June 9, @ OPLH Church Basement)

TANZANIA SPRING CLEANING FUNDRAISER - CPPS MISSION GROUP:

Students are heading to Tanzania in the summer of 2019 with the CPPS Mission Group. They are looking for used items that you would like to depart with to St. Ann's Academy on **May 5th** between the hours of **10:00AM-1:00PM** (Parking lot- lower level). They will sort and take items to Value Village where they will earn money for their trip. Looking for soft items as; clothing, boots, shoes, accessories, bags, knapsacks and household linens. Hard items such as; books, media items (VHS, records, tapes CD'S, etc.). No encyclopedia's or library books please. Hard items can also include but are not limited to kitchen and décor items, games, toys & puzzles. We cannot take furniture or other large items bigger than a microwave.

Vacation Bible/Sports Camp at St. Ann's Academy



July 9 – 13. Join us for a fantastic time. Discovery Mission Catholic Vocation Bible School! What is Discovery Mission? It's a brand new Catholic VBS program that teaches children about vocations! It's filled with fun activities and meaningful

content about single life, marriage, priesthood, and religious life, and then offering an optional afternoon Basketball Camp. The program is for ages 4 – 12 (VBS) and Grade 4-7 (Basketball camp). Cost is \$50 for VBS and \$75 for Basketball or \$125 for both. Registration may be made at the Cathedral website www.sacredheartkamloops.org or by calling Sr. Analisa at 250-372-5470 or the Cathedral parish office at 250-372-2581. **DEADLINE to register is June 17! We need volunteers – adults and older children. Please call Sister Analisa if you can assist in any capacity. 250-372-5470**

2018 National Campus Life Network Symposium:

Gripping Reality: August 16-19, 2018, Best Western Plus, 5978 Glover Rd, Langley BC, Every year, pro-life students from across Canada come together for three intensive days of pro-life apologetics, campus strategy and leadership training from experts in a diversity of fields. Started by students and for students, this is the only national conference of its kind, offering the resources, skills and connections students need to transform campus culture. Registration and FMI: www.ncln.ca/symposium or info@ncln.ca