



ST. JOHN VIANNEY

CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711:

jvianney@telus.net stjohnvianneykamloops.ca :

Office hours Tue-Fri 9:30-1:30

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc: 250-579-9495

Justice: Lloyd Babcock 250-579-8888

Lay Eucharistic Worship: Carey Hackman
250-579-5210

Service CWL/KofC: Lesley Boettger
250-579-8969 & Bill Pernitsky 250-554-1532

Children's Liturgy: Kyley Drach 250-299-3286

Faith Formation: Janice Ingles 250-578-7662

Coffee Makers: Clara & Ben Fouillard
250-376-6112

Choir: Pat Stodola 250-579-9560:
senorfroggy@shaw.ca

For the following ministries contact the office:

Eucharistic Minister/Greeter/Gift Bearer/Liturgy (readers)

250-579-8711: jvianney@telus.net



stjohnvianneykamloops.ca

or other ministries: Deacon Eddie
eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI or to enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

The Compassionate Community (CCC):

1-855-675-8749 is a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

St. Vincent De Paul:

250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages

vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.



MONTHLY MEETINGS/EVENTS:

Light of God Charismatic Prayer Group: Join us Thursday evenings at 7 pm at St. John Vianney Church. FMI call Frans at 250-851-5751

Fellowship "Living with Loss"(Friendship Rm)
No meetings for the months of June, July & August

KofC (Friendship Rm)
No meetings for the months July & August

CWL (Friendship Rm)
No meetings for the months July & August

Bridge Club

Every Friday in Friendship Room 1-4:30pm
No Bridge for the months of July & August

MASSES

Weekday Masses in the Chapel
Aug 20 - Aug 25 @8:45am

Mass at St. David's in Celista

Saturdays @4pm Jun 30-Aug 25. No Mass Sept 1.

SJV UPDATES

Sunday Collection Aug 12, 2018:

Saint John Vianney

Envelopes: \$3,592.00 Loose: \$ 27.00

Our Lady of Lourdes

Envelopes: \$ 165.00 Loose: \$ 47.00

Day	Reading	Gospel
Monday	Ezekiel 24.15-24 Canticle: Deuteronomy 32.18-19, 20, 21 (R.18a)	Matthew 19.16-22
Tuesday	Ezekiel 28.1-10 Canticle: Deuteronomy 32.26-27ab, 27cd-28a, 30, 35cd-26ab (R.39c)	Matthew 19.23-30
Wednesday	Ezekiel 31.1-11 Ps 23.1-3a, 3b-4, 5, 6 (R.1)	Matthew 20.1-16a
Thursday	Ezekiel 36.23-28 Ps 51.10-11, 12-13, 16-17 (R. I will pour clean water on you and wash away all your sins)	Matthew 22.1-14
Friday	Revelation 21.9b-14 Ps 145.10-11, 12-13ab, 17-18 (R. see 12)	John 1.45-51
Saturday	Ezekiel 43.1-7a Ps 85-8ab-9, 10-11, 12-13 (R.9b).	Matthew 21.1-12

Adoration – for Vocations Weekly Holy Hour!

Serra Club of Kamloops Diocese



5PM 1st Wed each month-OLPH

7PM 2nd Thur each month- Holy Family

8PM 4th Wed each month-Sacred Heart

St. John Vianney will continue in October for

the 3rd Wednesday of the month as the Rite of

Candidacy is Aug. 15 and Vocations

Banquet is Sept. 19



Oktoberfest 2018 is back and in its 25th year!

Let's make this the greatest year yet! Mark your calendars

for Saturday October 13th @6:30pm. There will be more details in the coming weeks to follow. To make this great we need YOU! If you can help out, please call Casey @250-682-1096 or Julian 250-579-9560



SJV COMMITTEES-MINISTRIES:

September is around the corner and we have many volunteer positions coming up to be filled. We encourage you to inquire about any of our

ministries listed on front of bulletin that you may be interested in as well as any of our events up and coming as Oktoberfest and CWL Bazaar. Right now we are in need of a few helpers for **Faith Formation** as our kickoff for this is Sept. 12 and would like to have all volunteers in place prior to this date. If you think you can help call: Janice Ingles 250-578-7662

KofC & CWL INFORMATION/NEWS

KofC

25th annual Oktoberfest: Volunteers needed: Casey @250-682-1096 or Juilan 250-579-9560

CWL

Annual Bazaar: Need donations & volunteers: Kelly Nystoruk 778-586-0554 or knystoruk@gmail.com

Being a Christian Voice: Sept. 29 @ OLPH, see poster in foyer

EMPLOYMENT!

Intermediate Teacher:

Starting August 29, 2018 for the 2018-2019 school year, Sacred Heart Catholic School, in Williams Lake is seeking qualified teacher for (part-time)

Certified Educational Assistants (CEAs):

For the 2018-2019 school year, Sacred Heart Catholic School, in Williams Lake is seeking applications from qualified to fill part-time and full-time positions.

Junior High School PE/Religion Teacher:

St. Ann's Academy Kamloops (.72 FTE) commencing September 2018. Additional teaching time may be added to this position.

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

Weight loss Metabolism boosting products

HOT CHILLI PEPPERS (Capsaicin)! Consumption of capsaicin and the nonpungent compounds in chili peppers may increase energy expenditure and fat oxidation, according to a report published in *Critical Reviews in Food Science and Nutrition*, especially in those that fall in a overweight or obese BMI range. Preliminary research suggests that capsaicin intake may reduce the waist-to-hip measurement ratio. In a study published in *Appetite* in 2017, researchers found that capsaicin intake at 2 mg per day increased the waist-to-hip ratio at six weeks compared to high-dose capsaicin intake or a placebo. Body composition, however, was not significantly affected. A product called Capsiplex with main ingredient capsaicin, with all the claims based on one small trial carried out at the University of Oklahoma with 25 taking Capsiplex or a placebo before exercising. The study found that subjects taking the Capsiplex slimming pills burnt three times more calories before exercise, 3% more calories during exercise and 12x more calories up to one hour after exercising – amounting to an extra 278 calories in total. In Conclusion this is a natural ingredient you can get in foods can add to your diet. Add some spice to your life and maybe get some benefits from it.

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)

Official:

Effective July 18, 2018: Fr. Raphael Boansi - Parochial Vicar at Sacred Heart Cathedral

Effective August 01, 2018: Fr. Thomas Dieu Nguyen - Parochial Administrator of St. George, Barriere, St. James, Clearwater, Our Lady of the Snow, Blue River, Good Shephard, Valemount, BC and their attached Missions effective August 01, 2018

The First Annual Vocation's Dinner:

Wednesday, September 19, 2018

6:00pm Reception/Cocktails

7:00pm Dinner

Bishop's Vision for our Diocese

Location: Schubert Centre

3505 – 30th Avenue

Vernon, BC

Dress: Semi Formal

Tickets: \$30 per person

Tickets Available at Chancery Office, Kamloops; St. James Parish, Vernon

2018 Vocation Retreat - Daughters of St. Paul:

Media Evangelization & Eucharistic Adoration Sept. 28-30, Toronto ages 18-34. A scheduled interview is required before attending event. FMI see poster in foyer.



St. Rose of Lima:

Historians remember St. Rose of Lima for her piety and chastity.

Born in 1586 in Lima, Peru to Spanish colonists, and named Isabel Flores de

Olivia, she was exceptionally beautiful. Her

beauty was so great that she was nicknamed "Rose," a name that remains with her to this day. According to legend, a servant had a vision where her face turned into a rose. At her confirmation in 1597, she officially took the name of Rose. From an early age, Rose wanted to become a nun. She often prayed and fasted in secret. She performed secret penances, some of which were painful and severe. She performed daily adoration of the Blessed Sacrament and took daily communion.

As a young woman, her beauty began to attract suitors. To deter these men, St. Rose marred her face, rubbing it with pepper to make it blister. She cropped her hair short. Her parents opposed her plan to take a vow of chastity. This resulted in a clash of wills, because her parents wanted her to marry. Her father eventually relented and gave her a room to herself. St. Rose kept herself cloistered in her room, spending long periods in prayer. It was said she slept only two hours per night so as to have more time for prayer. She quit eating meat altogether, an extreme dietary restriction for that time. When she turned 20, she was permitted to join the Third Order of St. Dominic. She continued a life of extreme prayer, fasting and penance. On one occasion she burned her hands as a self-imposed act of penance. She was known to wear a heavy silver crown, with spikes that could pierce her flesh. The spikes reminded her of the Crown of Thorns. At one point, one of the spikes become so lodged in her skull that the crown was removed with great difficulty. St. Rose died in on August 25, 1617, at the age of 31. According to legend, she accurately predicted the date of her death. Her funeral was a major event attended by all the city's authorities. Pope Clement IX beatified her in 1667 and Pope Clement X recognized her as a saint, canonizing her in 1671. Her feast day is August 23 around the world, although some countries, like Peru, celebrate her on August 30. St. Rose is the patroness of embroiderers, gardeners, florists, those who suffer ridicule for their piety, and people who suffer family problems.