



# ST. JOHN VIANNEY

## CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711:

[jvianney@telus.net](mailto:jvianney@telus.net) [stjohnvianneykamloops.ca](http://stjohnvianneykamloops.ca) :

Office hours Tue-Fri 9:30-1:30

### COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

**Discipleship:** Lesley Boettger 250-579-8969

**Evangelization:** Therese Gobeil 250-579-2240

**Fellowship:** Marguerite Leblanc: 250-579-9495

**Justice:** Lloyd Babcock 250-579-8888

**Lay Eucharistic Worship:** Carey Hackman  
250-579-5210

**Service CWL/KofC:** Lesley Boettger  
250-579-8969 & Bill Pernitsky 250-554-1532

**Children's Liturgy:** Kyley Drach 250-299-3286

**Faith Formation:** Janice Inglis 250-578-7662

**Coffee Makers:** Clara & Ben Fouillard  
250-376-6112

**Choir:** Pat Stodola 250-579-9560  
[senorfroggy@shaw.ca](mailto:senorfroggy@shaw.ca)

For the following Ministries contact the office:

**Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers)** 250-579-8711 : [jvianney@telus.net](mailto:jvianney@telus.net)  
[stjohnvianneykamloops.ca](http://stjohnvianneykamloops.ca)

**other ministries:** Deacon Eddie : [eglavoie@gmail.com](mailto:eglavoie@gmail.com)

**ASCEND Online - Catholic home school online**  
FMI/enrol: [admin@ascendonline.ca](mailto:admin@ascendonline.ca) | 1-250-376-5118

### HELPLINES


#### The Compassionate Community (CCC):

1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

#### St. Vincent De Paul:

250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

#### Retrouvaille - A lifeline for trouble marriages

 [vancouverbc@retrouvaille.org](mailto:vancouverbc@retrouvaille.org) or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

### WEEKLY/MONTHLY MEETINGS/EVENTS:

#### Bible Study w/Deacon Eddie Mondays! **Nov 19**

@7pm (Friendship Rm) on **Jonah** " Displeased with God's Mercy

**Fellowship "Living with Loss"**(Friendship Rm) TBA

**KofC** (Friendship Rm)1st Tues of each month 7pm

**CWL** (Friendship Rm)2nd Tues of each month 7pm

**Bridge Club:** Every Friday in Friendship Rm 1-4:30pm

**Faith Formation:** Wed 6:45pm biweekly from Oct. 10

**Light of God Charismatic Prayer Group:** Thursday 7 pm (Chapel). FMI call Frans at 250-851-5751

### MASSES

Weekday Masses in the Chapel

Nov. 19-24 @8:45am

### SJV UPDATES

Sunday Collection Nov 11, 2018:

Saint John Vianney

Envelopes: \$ 3,304.30 Loose: \$ 66.00

FIA \$14,170.00 Participation - 43 pledges

Our Lady of Lourdes

Envelopes: \$ 180.00 Loose: \$ 15.00

FIA \$2,450.00 Participation - 7 pledges

**FIA (Faith in Action) Campaign 28!**

[https://youtu.be/\\_6ZUPRRdd2I](https://youtu.be/_6ZUPRRdd2I)

Day	Reading	Gospel
Monday	Revelation 1.1-4; 2.1-5a Ps 1.1-2, 3, 4+6 (R.Rev 2.7b)	Luke 18.35-43
Tuesday	Revelation 3.1-6, 14-22 Ps 15.1-3a, 3bc-4a, 4b-5 (R. Rev 3.21)	Luke 19.1-10
Wednesday	Revelation 4.1-11 Ps 150.1-2, 3-4, 5-6 (R.Rev 4.8b)	Luke 19.11-28
Thursday	Revelation 5.1-10 Ps 149.1-2, 3-4, 5-6a+9b (R.Rev 5.10)	Luke 19.41-44
Friday	Revelation 10.8-11 Ps 119.14+24, 72+103, 111+131 (R.103a)	Luke 19.45-48
Saturday	Revelation 11.4-12 Ps 144.1, 2, 9-10 (R.1)	Luke 20.27-40

### Adoration – for Vocations Weekly Holy Hour!

#### Serra Club of Kamloops Diocese

5PM 1st Wed each month-OLPH

7PM 2nd Thur each month- Holy Family

7PM 3rd Wed each month-SJV

8PM 4th Wed each month-Sacred Heart



#### Reflection question for Educators: #9.

*How do I inspire young people to want to live out the fullness of their Baptism and Confirmation, as disciples in the world?*

#### The Fellowship Committee - will be placing a

Christmas tree in the foyer next week. We are asking parishioners to hang socks, gloves and scarfs which will be donated to St. Vincent de Paul. We are also asking anyone who has extra Christmas cards to donate them and Deacon Eddie will take the cards to the prisoners to send to their families.

#### Knights of Columbus - will be leading the rosary in the

Church on Sunday Nov, 25 beginning at 10:10 am

#### Serra Club Holy Hour - especially for religious

vocations will be in the Chapel on Wed. Nov. 21 at 7:00 pm. Please participate if you are able.

## KofC & CWL Information/News

### The Kamloops Pro-life Society needs your help/ideas!

2) **Collect your receipts** from Independent Store sales receipts. There is a black box on the shelf in the foyer for you to drop them in. These are tallied into \$5,000.00 per bundle then Independent Store gives Pro Life \$25.00 for each bundle.

### 3) **Buy Little Coupon Book:**

Food, Fun and Services for only \$10. Call St. Joseph's Christian Book, Gift and Church Supplies (256 Nicola Street) 778-471-6100, or Linda at 250-851-8605.

## EMPLOYMENT!

### **CEA OLPH Kamloops-part time asap:**

**FMI:** Christopher Yuen principal, christopher.yuen@olphschool.ca

### **CEA positions St. Ann's Academy- Kamloops:**

1. In the High School Learning Resource Center
2. On-call

3. For Elementary and High School

**FMI:** Mr. Niwa (principal): pniwa@st-anns.ca or apply @ <http://ciskd.ca/employment> or

For both schools you can also contact Holly Paluck superintendent@ciskd.ca

### **JOBS - See postings in foyer for FMI**

## MIKKIE'S CORNER - Health & Nutrition

*Top 10 reasons to Exercise - Dissected! From Sept 30th bulletin*

### 8. Improves the look of your skin

Dermatologists alike will tell you anything that promotes healthy circulation will also help to keep your skin look healthy and vibrant. When you exercise the increase in blood flow helps nourish skin cells and keep them vital. The blood carries oxygen and nutrients to working cells throughout the body including skin. This blood flow also carries away waste products from these cells and in particular free radicals. Also, as I noted in my previous "corners," exercise eases stress which can reduce deep lines in your face and even improve conditions as acne and eczema. This happens because exercise produces endorphins (the hormones that make you feel good) which in turn helps reduce stress levels. Stress reduction and endorphins help decrease cortisol and other acne-provoking hormones that occur naturally when you are under stress. Too much cortisol will increase collagen breakdown, which we want to avoid as collagen gives structure and holds shape. Exercise also helps you rest and sleep better, which allows our skin time to repair and this is best time to do it. Also, the regular exercise will help skin repair faster in general.

Think of exercise as a cleanse for your skin!

*Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)*

## Angels Among Us Christmas Gala Next Week!



Please join OLPH School for our 1st Annual Angels Among Us Christmas Gala on Sat, Nov 24<sup>th</sup>. This event replaces our historical Spaghetti

Dinner and will be sure to be a show stopper! Bring your friends and come join us for an evening you'll never forget! More details will be coming soon!

## UPCOMING RETROUVAILLE WEEKEND FOR COUPLES -November 30 December 02 2018 | Barnabas Landing, Keats Island |



Is your marriage going down the right road . . . or is it a little off track? Life can be difficult, and so can the challenges you face in marriage.

Does the distance between you seem wide? Are you already separated? Looking for a better way? Retrouvaille can help and offers hope for a better relationship.

Retrouvaille is a peer

ministry of volunteer couples that can help you learn the tools of healthy communication, build intimacy and heal, just as they have done in their own marriages. Retrouvaille is Christian-based, and Catholic in origin, but welcomes couples of all faiths as well as non-religious couples. Retrouvaille can help get your relationship back on track. For more information about an upcoming Retrouvaille Weekend program for couples, contact our registration team at telephone 604-530-6710 (and leave a message to be called back) or visit our websites: [www.retrouvaillevancouver.com](http://www.retrouvaillevancouver.com) and [www.retrouvaille.org](http://www.retrouvaille.org)

**Catholic Christian Outreach** Annual Christmas/New Year's conference in Calgary Alberta from Dec 28 – Jan 1 called *Rise Up!* Rise Up is a conference for young adults (aged 18-35) to motivate and inspire leaders for the renewal of the world. It's not about what happens at Rise Up, but rather what happens the other 360 days of the year in the lives of participants once they have been built up in the faith and are equipped to share it with others. Are you ready for an experience that could change your life? To register visit <https://cco.ca/rise-up/>

## “Windmills, Wells & Water 2019”

The 17th annual fundraising dinner for the Missionaries of the Precious Blood (CPPS), in support of their missionary work in Tanzania, East Africa, will take place on Saturday, March 2, 2019 at Colombo Lodge. Tickets are \$80 per person with a tax receipt for \$45 per ticket. There will be dinner, dancing, silent auction and lots of giveaways.

To purchase tickets, please contact Lloyd or Anna Babcock at 250-579-8888; Frank or Kelly Tries at 250-314-1429; or Margaret or Kevin Langevin at 250-682-5768.