



ST. JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711:

jvianney@telus.net stjohnvianneykamloops.ca :

Office hours Tue-Fri 9:30-1:30

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc: 250-579-9495

Justice: Lloyd Babcock 250-579-8888

Lay Eucharistic Worship: Carey Hackman 250-579-5210

Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532

Children's Liturgy: Kyley Drach 250-299-3286

Faith Formation: Janice Inglis 250-578-7662

Coffee Makers: Clara & Ben Fouillard 250-376-6112

Choir: Pat Stodola 250-579-9560
senorfroggy@shaw.ca

For the following Ministries contact the office:

Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers) 250-579-8711 : jvianney@telus.net
stjohnvianneykamloops.ca

other ministries: Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

The Compassionate Community (CCC):
1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages
vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential. UPCOMING WEEKEND FOR COUPLES. Nov 30-Dec 02 2018 | Barnabas Landing, Keats Island

WEEKLY/MONTHLY MEETINGS/EVENTS:

Bible Study w/Deacon Eddie Mondays! Nov 26
@7pm (Friendship Rm) on **Joseph** "A With-God Life" Displeased with God's Mercy

Fellowship "Living with Loss"(Friendship Rm)
Wednesday **Dec 12th** @11am, all parishioners who have lost their spouse are encouraged to attend.

KofC (Friendship Rm)1st Tues of each month 7pm

CWL (Friendship Rm)2nd Tues of each month 7pm

Bridge Club: Every Friday in Friendship Rm 1-4:30pm

Faith Formation: Wed 6:45pm biweekly from Oct. 10

Light of God Charismatic Prayer Group: Thursday 7 pm (Chapel). FMI call Frans at 250-851-5751

MASSES

Weekday Masses in the Chapel
Nov. 26-30 @8:45am (no Mass Sat, Dec 01)

Sun Peaks - Volunteers needed for driving!

(Msgr has the car, just needs the drivers! Call/email office or signup in foyer the date(s) you think you can help out with)

Mass will run every Saturday from Dec 1, 2018 until March 30, 2019 @ 4pm.

SJV UPDATES

Sunday Collection Nov 18, 2018:

Saint John Vianney

Envelopes: \$ 1,671.00 Loose: \$ 49.05

FIA \$14,517.00 Participation - 45 pledges

Our Lady of Lourdes

Envelopes: \$ 535.00 Loose: \$ 10.00

FIA \$3,420.00 Participation - 10 pledges

FIA (Faith in Action) Campaign 28!

https://youtu.be/_6ZUPRRdd2I

Day	Reading	Gospel
Monday	Revelation 14.1-3, 4b-5 Ps 24.1-2, 3-4ab, 5-6 (R. see 6)	Luke 21.1-4
Tuesday	Revelation 14.14-19 Ps 96.10, 11-12, 13 (R. 13b)	Luke 21.5-11
Wednesday	Revelation 15.1-4 Ps 98.1, 2-3ab, 7-8, 9 (R.Rev 15.3)	Luke 21.12-19
Thursday	Revelation 18.1-2, 21-23, 19.1-3, 9a Ps 100.1-2, 3, 4, 5 (R.Rev 19.9a)	Luke 21.20-28
Friday	Romans 10.9-18 Ps 19.1-2, 3-4ab (R.5a)	Matthew 4.18-22
Saturday	Revelation 22.1-7 Ps 95.1-2, 3-5, 6-7 (R.1 Cor 16.22 and Rev 22.20c)	Luke 21.34-36

Adoration – for Vocations Weekly Holy Hour!

Serra Club of Kamloops Diocese

5PM 1st Wed each month-OLPH

7PM 2nd Thur each month- Holy Family

7PM 3rd Wed each month-SJV

8PM 4th Wed each month-Sacred Heart



Reflection question for Educators: #10.

How do I encourage parents to teach their children about ordained ministry and consecrated life, about marriage and generous single life? Do I provide opportunities for them to obtain information about discerning God's call?



Parish Mission, St. John Vianney

With Deacon Paul - **Dec 3-5th** @7 pm Sharing God's Unconditional Love & Mercy Through Reconciliation and Forgiveness.

KofC & CWL Information/News

The Kamloops Pro-life Society needs your help/ideas!

1) Collect your receipts from Independent Store sales receipts. There is a black box on the shelf in the foyer for you to drop them in. These are tallied into \$5,000.00 per bundle then Independent Store gives Pro Life \$25.00 for each bundle.

2) Buy Little Coupon Book:

Food, Fun and Services for only \$10. Call St. Joseph's Christian Book, Gift and Church Supplies (256 Nicola Street) 778-471-6100, or Linda at 250-851-8605.

EMPLOYMENT!

CEA OLPH Kamloops-part time asap:

FMI: Christopher Yuen principal, christopher.yuen@olphschool.ca

CEA positions St. Ann's Academy- Kamloops:

1. In the High School Learning Resource Center
2. On-call

3. For Elementary and High School

FMI: Mr. Niwa (principal): pniwa@st-anns.ca or apply @ <http://ciskd.ca/employment> or

For both schools you can also contact Holly Paluck superintendent@ciskd.ca

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

Top 10 reasons to Exercise - Dissected! From Sept 30th bulletin

9. Boosts self confidence-basically a wrap up of points covered in previous weeks. Exercise makes you...

Feel Better! When we feel better physically and mentally we are more able to take on new challenges, socially and personally. Meeting people, mingling, putting yourself out there becomes less challenging and personal goals are met more easily.

Look Better! Anything from lowering blood pressure to losing weight or even without a significant weight loss, gaining strength, to feeling firmer lets us have a more desirable body image.

Stronger! Physical strength goes hand in hand with mental strength. When you see what your body is capable of achieving mental awareness is heightened. It allows your mind to believe what appeared impossible before, now can be achieved. Ex. when you are able to lift heavier or achieve exercises without as much effort, you start tackling other things in life that you thought you couldn't do before.

Feel A Sense of Accomplishment! It helps you meet series of goals, by accomplishing small, successive goals. There is always a window to set your sights higher and to meet new goals. Each time you succeed, you get a sense of accomplishment and improve your self-confidence.

Reduce Stress! Feel-good chemicals in the brain like dopamine and endorphins are released. They help regulate stress hormones like cortisol and adrenaline. Regular exercise helps you to relieve stress and anxiety, helping you to relax and to focus easier.

Smarter! Your brain gets fed with valuable oxygen and nutrients to improve cognitive functioning. If you haven't felt or thought about how you feel before and after exercise, then try doing this experiment. I am confident you will feel alert, focused, better able to concentrate and finish tasks at hand.

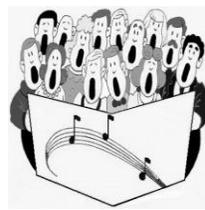
Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)

The Fellowship Committee - will be placing a Christmas tree in the foyer **Dec 02**. We are asking parishioners to hang socks, gloves and scarves which will be donated to St. Vincent de Paul. We are also asking anyone who has extra Christmas cards to donate them and Deacon Eddie will take the cards to the prisoners to send to their families. There is a box in the foyer to put cards in.

How to Make This Christmas the Best One Yet

Advent is just around the corner, which means Christmas is almost here! Are you excited? Stressed? A little of both? Advent is a time to prepare our hearts for Christmas, but we often get distracted and busy. So sign up for BEST ADVENT EVER! It's a free, daily email program that will help you slow down and focus on what matters most in the midst of the holiday bustle. You'll experience Advent in a way you've never experienced it before, leading to the best Christmas of your life! Are you ready to have an Advent—and a Christmas—you'll never forget? Sign up as per link below:

<https://dynamiccatholic.com/best-advent-ever>



Choir Accompaniment/Members

Volunteer Opportunity - The "OLPH Choir" at Our Lady of Perpetual Help Church in Kamloops is *still* looking for ongoing musical accompaniment and choir members (men & women) for Saturday evening (5pm) masses,

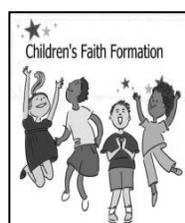
twice monthly, and for special occasion masses, such as Easter and Christmas. Our practices are currently on Tuesday evenings from 6:30 to 7:30 pm in the church and then a 20-minute warm-up before the mass. There is no formal audition, however we would have a short trial period to determine the best fit for both the accompanist and choir. FMI: Choir director, Linda DeCicco at nldecicco@gmail.com.

"The Feast of Christ the King" Nov. 25, 2018



Established by Pope Pius XI in 1925 as an antidote to secularism, a way of life which leaves God out of man's thinking and living and organizes his life as if God did not exist. The feast is intended to proclaim in a striking and effective

manner Christ's royalty over individuals, families, society, governments, and nations. Today's Mass establishes the titles for Christ's royalty over men: 1) Christ is God, the Creator of the universe and hence wields a supreme power over all things; "All things were created by Him"; 2) Christ is our Redeemer, He purchased us by His precious Blood, and made us His property and possession; 3) Christ is Head of the Church, "holding in all things the primacy"; 4) God bestowed upon Christ the nations of the world as His special possession and dominion.



My seven-year-old daughter was attending catechism classes in preparation for her First Communion. While helping with her homework one evening, I told her that after confession, Catholics must do penance, such as reciting three Hail Mary's.



Later that week she showed off her new knowledge to her teacher, telling her that after confession, good Catholics do three Bloody Mary's.