



ST. JOHN VIANNEY

CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711:

jvianney@telus.net stjohnvianneykamloops.ca :

Office hours Tue-Fri 9:30-1:30

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc: 250-579-9495

Justice: Lloyd Babcock 250-579-8888

Lay Eucharistic Worship: Carey Hackman
250-579-5210

Service CWL/KofC: Lesley Boettger
250-579-8969 & Bill Pernitsky 250-554-1532

Children's Liturgy: Kyley Drach 250-299-3286

Faith Formation: Janice Inglis 250-578-7662

Coffee Makers: Clara & Ben Fouillard
250-376-6112

Choir: Pat Stodola 250-579-9560
senorfroggy@shaw.ca

For the following Ministries contact the office:

Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers) 250-579-8711 : jvianney@telus.net
stjohnvianneykamloops.ca

other ministries: Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES


The Compassionate Community (CCC):

1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

St. Vincent De Paul:

250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages

 vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

Bible Study w/Deacon Eddie Mondays! Oct 29 @7pm (Friendship Rm) on **Jeremiah** "The Weeping Prophet"

Light of God Charismatic Prayer Group: Thursday 7 pm (Chapel). FMI call Frans at 250-851-5751

Fellowship "Living with Loss"(Friendship Rm) TBA

KofC (Friendship Rm)1st Tues of each month 7pm

CWL (Friendship Rm)2nd Tues of each month 7pm

Bridge Club: Every Friday in Friendship Rm 1-4:30pm

Faith Formation: Wed 6:45pm biweekly from Oct. 10

Choose Life Sept. 26–Nov. 4: Every day, 40 days, 3:30–6:00pm, 3rd Ave between Nicola & Columbia St. SJV commitment is on Saturday's

MASSES

Weekday Masses in the Chapel
Oct 29, 30 & Nov. 03 @8:45am
(No Mass Wed-Fri)

SJV UPDATES

Sunday Collection Oct 21, 2018:

Saint John Vianney

Envelopes: \$2,490.00 Loose: \$ 76.00

FIA \$9,970.00 Participation - 28 pledges

Our Lady of Lourdes

Envelopes: \$ 380.00 Loose: \$ 7.00

FIA \$2,150.00 Participation - 6 pledges

FIA (Faith in Action) Campaign 28!

https://youtu.be/_6ZUPRRdd2I

Day	Reading	Gospel
Monday	Ephesians 4.32 - 5.8 Ps 1.1-2, 3, 4+6 (R.see Eph 5.1)	Luke 13.10-17
Tuesday	Ephesians 5.21-33 Ps 128.1-2, 3, 4-5 (R.1a)	Luke 13.18-21
Wednesday	Ephesians 6.1-9 Ps 145.10-11, 12-13ab, 13cd-14 (R.13c)	Luke 13.22-30
Thursday	Revelation 7.2-4, 9-14 Ps 24.1-2, 3-4ab, 5-6 (R.7c+10b)	1 John 3.1-3 12.49-53
2nd Reading	Matthew 5.1-12a	
Friday	All Souls Day - a number of readings	
Saturday	Philippians 1.18b-26 Ps 42.1-2, 3-4b, 4cd, 5 (R. see 2a)	Luke 14.1, 7-11

Adoration – for Vocations Weekly Holy Hour!

Serra Club of Kamloops Diocese

5PM 1st Wed each month-OLPH

7PM 2nd Thur each month- Holy Family

7PM 3rd Wed each month-SJV

8PM 4th Wed each month-Sacred Heart

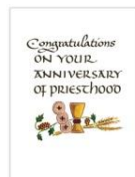
Reflection question for Educators: #6.

How do I integrate the concept of "call" into the whole curriculum I teach or influence?



Annual Blessing of the Graves at Hillside Cemetery

in Kamloops will be held on Sun, Nov 4 @2pm.



Prayerful wishes to Fr. George LaGrange, OMI who celebrated his 50th Anniversary of Priestly Ordination on Oct 19th!

Annual Mass for deceased Bishops, clergy, and consecrated men & women:

Sacred Heart Cathedral on Tues, Nov 6 @11am. All parishioners are welcome to attend this special liturgy concelebrated by the priests of the Diocese. Remember kindly in your prayers during the month of Nov those who have laboured for the Church in Kamloops and pray that the Lord will send more dedicated men & women to continue their work in his vineyard of this Diocese.

KofC & CWL Information/News

KofC

ATTENTION KofC Members & Spouses!

Our Insurance Representative Blaine Anhel will be at our meeting Nov 06 from 7-7:30pm in the Friendship Room. Write down your questions in advance. All are welcome. FMI: John Wiens 250-554-8012

CWL

Annual Bazaar & Tea: Sat. Nov.17 12-2pm

Raffle tickets on sale now. Pick up a book Sundays in the foyer or contact a CWL member.

NEW 2018 Great Little Coupon Book - Supports Pro Life Society:

Food, Fun and Services for only \$10. Call St. Joseph's Christian Book, Gift and Church Supplies (256 Nicola Street) 778-471-6100, or Linda at 250-851-8605.

EMPLOYMENT!

Certified Education Assistant (CEA)-part time

asap: OLPH school, Kamloops: Contact Holy Paluk superintendent@ciskd.ca or FMI Christopher Yuen principal, christopher.yuen@olphschool.ca

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

Top 10 reasons to Exercise - Dissected! From Sept 30th bulletin

4. Prevents signs of aging

Exercise doesn't just make you feel younger and look younger it may also turn off the aging process in your chromosomes. Telomeres are the caps at the end of chromosomes that control aging and become shorter as you get older. Longer telomeres are associated with longevity. Recent studies have found a link between regular exercise and the lengthening of the telomeres, suggesting that exercise can make you live longer.

No guarantee you will live longer as God may request us at any time. But while you are here on this earth why not look younger! There have been various studies of research in this area with some impressive outcomes. Many studies have revealed people over the age of 40 who exercise regularly have healthier skin. Their skin shows to be closer in composition to that of 20 & 30 year-olds being more supple and elastic. One of these reasons is because of sweat, not only do we get a nice shimmery shine to our face from the sweat dripping from our forehead but we are also getting protection. Sweat contains antimicrobial peptides specifically, dermcidin that protects our skin. It is pumped onto the skin via the sweat glands and coats the skin, thereby providing protection against infection from other microbes and harmful germs. Another reason is believed that exercise creates other body substances that help slow aging in the skin.

But note these findings are not the same as in sweat from a hot tub or sauna it's the exercise piece that puts these benefits together.

So it's pretty clear go exercise and get a sweat on!

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)

"WORLD DAY OF THE POOR"

In his apostolic letter "Misericordia et Misera" in 2016 Pope Francis initiated the "World Day of the Poor" to be celebrated each year to spread awareness and to combat the indifference worldwide to the suffering of the most needy. This year it falls on Sun. Nov. 18th. The Saint Vincent de Paul Society in Canada has issued prayer cards promoting love and concern for the poor. We will be distributing these to everyone alongside our poor box collections in November. We also express our heartfelt gratitude for the ongoing support and generosity by your time, your donations, both financially and items to the thrift store. This enables us to continue serving those in need on your behalf. If you wish to join us by volunteering or as a full member, please call Theresa @ 250-314-6779 or leave a message @ the SSVP office 250-554-0050

NOVEMBER EVENTS - Mark your calendars!

The Kamloops Pro-life Society Needs your ideas!

How best to foster respect for God's great gift of life from conception to natural death. Please bring them to our informal meeting at First Baptist Church... 454 Columbia St. on Thursday Nov.. 8th, at 7:00 p.m. Refreshments to follow

We Are Family: Where Faith Meets Life

You are invited to a presentation of transforming your family's faith life in a modern world. The speakers' presentation will take place, at 7pm on Nov 15th at Our Lady of Perpetual Help Parish Centre. FMI poster in foyer or Adele at 250-376-3351: info@rcdk.org

Angels Among Us Christmas Gala



Please join OLPH School for our 1st Annual Angels Among Us Christmas Gala on Sat, Nov 24th. This event replaces our historical Spaghetti Dinner and will be sure to be a show stopper! Bring your

friends and come join us for an evening you'll never forget! More details will be coming soon!

You Can Save Your Marriage!

Has your marriage become unloving or uncaring - your relationship grown cold, distant - thinking about a separation or divorce? Are you already separated/divorced but (both of you) wish to try again? Then the Retrouvaille program may help you. RETROUVAILLE (Rediscovery), supported by the Life, Marriage and Family Office of the Archdiocese of Vancouver, consists of a weekend experience for couples (no group discussions) with six follow-up sessions. As a Retrouvaille alumni couple you may then also attend our monthly support meetings. The next scheduled program is for Nov 30 to Dec 2, 2018 at Barnabas Landing, on beautiful Keats Island. FMI please visit our websites www.retrouvaillevancouver.com and/or www.helpourmarriage.org or phone 604-530-6710 and leave a message, to be called back. All inquiries are confidential.

Catholic Christian Outreach Annual Christmas/New Year's conference in Calgary Alberta from Dec 28 - Jan 1 called *Rise Up!* Rise Up is a conference for young adults (aged 18-35) to motivate and inspire leaders for the renewal of the world. It's not about what happens at Rise Up, but rather what happens the other 360 days of the year in the lives of participants once they have been built up in the faith and are equipped to share it with others. Are you ready for an experience that could change your life? To register visit <https://cco.ca/rise-up/>