



ST. JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711:

jvianney@telus.net stjohnvianneykamloops.ca :

Office hours Tue-Fri 9:30-1:30

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc 250-579-9495

Justice: Lloyd Babcock 250-579-8888

Lay Eucharistic/Worship & prayer line: Carey Hackman 250-579-5210 or email office for prayer line

Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532

Children's Liturgy: Kyley Drach 250-299-3286

Faith Formation: Janice Inglis 250-578-7662

Coffee Makers: Clara & Ben Fouillard 250-376-6112

Choir: Pat Stodola 250-579-9560 senorfroggy@shaw.ca

For the following Ministries contact the office:

Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers) 250-579-8711 : jvianney@telus.net
stjohnvianneykamloops.ca

other ministries: Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

The Compassionate Community (CCC):
1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages
vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

Bible Study w/Deacon Eddie: (Last one of year)
Tuesday Dec 18 @6pm for social (please bring a finger food to share) followed by study on Mary @7pm (Friendship Rm)

Fellowship "Living with Loss"(Friendship Rm) Next Date TBA

KofC (Friendship Rm)1st Tues of each month 7pm

CWL (Friendship Rm)2nd Tues of each month 7pm

Bridge Club: Every Friday in Friendship Rm 1-4:30pm

Faith Formation: Wed 6:45pm biweekly from Oct. 10

Light of God Charismatic Prayer Group: Thursday 7 pm (Chapel). FMI call Frans at 250-851-5751

MASSES

Weekday Masses in the Chapel
Dec 17-20th @8:45am (Mon-Thur)
Dec 21st @10:00 in the Hamlets
Sacrament of Reconciliation after Mass every day



Christmas Mass Schedule

SJV Dec 24th +Eve 5:30pm (hymns 4:45pm)
OLL Dec 24th 8:00pm
SFV Dec 25th 10:30am

SJV UPDATES

Sunday Collection Dec 09, 2018:

Saint John Vianney

Envelopes: \$ 5,213.00 Loose: \$ 90.30
FIA \$17,117.00 Participation - 53 pledges

Our Lady of Lourdes

Envelopes: \$ 180.00 Loose: \$ 25.00
FIA \$ 3,940.00 Participation - 11 pledges

FIA (Faith in Action) Campaign 28!

https://youtu.be/_6ZUPRRdd2I

Day	Reading	Gospel
Monday	Genesis 49.2, 8-10 Ps 72.1-2, 3-4, 7-8, 17 (R.7)	Matthew 1.1-17
Tuesday	Jeremiah 23.5-8 Ps 72.1-2, 12-13, 18-19 (R.7)	Matthew 1.18-24
Wednesday	Judges 13.2-7, 24-25a Ps 71.3-4a, 5-6ab, 16-17 (R.8)	Luke 1.5-25
Thursday	Isaiah 7.10-14; 8.10d Ps 24.1-2, 3-4ab, 5-6 (R.7c+10c)	Luke 1.26-38
Friday	Zephaniah 3.14-18a Ps 33.2-3, 11-12, 20-21 (R. 1a+3a)	Luke 1.39-45
Saturday	1 Samuel 1.24-28 Psalm: 1 Samuel 2.1, 4-5, 6-7, 8abcd (R.1a)	Luke 1.46-56

Adoration – for Vocations Weekly Holy Hour!

Serra Club of Kamloops Diocese
7PM 3rd Wed each month-**SJV - Dec 19**
Confessions during this Holy Hour



Benefits of Eucharistic Adoration!

2. The spiritual lives of our families are strengthened through our Holy Hour. (Saint John Paul II)



The USC lay associates of the Precious Blood Missionaries, during Advent invites everyone to come and share praying the Rosary last one Dec 18 @5:30pm in the chapel

KofC & CWL Information/News

KofC

Have you been in your closet lately and found a winter coat(s) that you don't wear anymore? You can drop them off at the Take a Coat/Leave a Coat local good will program coat rack, located at 148 Tranquille Rd. or you can leave them on the table in the Church Vestibule and the Knights of Columbus will deliver the coats for you. Either way you benefit, you'll have more room in your closet and you'll be helping someone stay warm during the winter.

The Society of Saint de Paul:

Also there is an on-going need for yogurt/sour cream containers for use as take-outs for breakfast. We favour the smaller 500 g size. Please drop them off when you come to our breakfast, or at our Thrift Shop during hours of operation. God bless you all.

EMPLOYMENT!

CEA positions: Our Lady of Perpetual Help (OLPH), Kamloops is seeking applications from qualified CEAs to fill a part-time position as soon as possible and ending at the end of the 2018-2019 school year. **FMI:** Christopher Yuen principal, christopher.yuen@olphschool.ca

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

Christmas calories

As Christmas and New Years comes upon us, tis the season for feasting, whether we intend it to be or not.

Did you know the average Canadian will gain around 1-5 pounds over the holiday season. On Christmas Day alone, a person could eat about 6,000 calories! Almost 3x more than the daily average. Just take a look what a typical Christmas day may look like and how fast it adds up:

Breakfast 2 pancakes with butter, syrup and sausage links = 600 calories and a glass of OJ = 110 calories.

A "few sips" of eggnog = 395 calories

Skip lunch for early dinner, but nibble instead - a few cookies another glass of eggnog = 775 calories

Afternoon snack handfuls of chips with dip, nuts a beverage = 1300 calories.

Christmas dinner and all its fixings with a glass of wine=1730.

Dessert. say 2 servings of sweets plus another small glass of eggnog = 1160 calories.

For a whopping total of 6070 calories!

Remember it only takes an extra 3500 calories to gain a pound! So to make sure you balance yourself out somewhat, make sure to take some time out each day for some exercise. A 30 minute walk, march on the spot, free squats, high knees.... anything to get the body circulating and get a bit of a sweat on. You could do 5-10 minutes at a time, while the cookies are baking or while doing dishes, a jog around the block. All easy things to do. You will feel much better if you do get that break, it will help clear your head and give you an extra boost. If you can fit in only 5 minutes here or there just make sure to get in about 6-10 sets of those 5 minutes.

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)



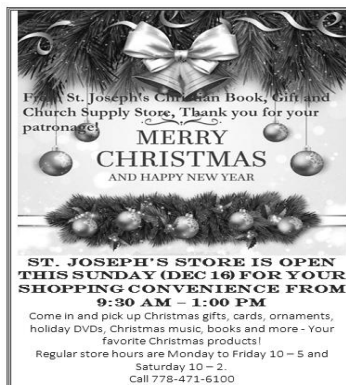
Envelopes & Monthly Pre-Authorized Debit Program

will be at the back of the church next Sunday Dec 23 - into New Year until all picked up. Auto debit forms, if interested in this service, to be filled out, then returned to office or dropped in Sunday collection in a sealed Envelope. Many people of other Parishes have reported this an excellent way to contribute especially when traveling as they don't miss their Sunday offerings. Note if you choose this service, to please still take your envelope boxes as the auto debit does Not Include Special Donations. The program will deduct out of your account once per month on the first Thursday of each month. When filling out your forms please remember that it would be your total Monthly Contribution - Not Weekly. Because of year end and processing of new accounts the program cannot start until March, with the first deduction coming out March 07th. The forms have been pre-marked March but you can adjust, if you want it to start in a later month.

Update on Development and Peace

With the help of the Canadian bishops' conference, the Canadian Catholic Organization for (CCODP) is now addressing serious problems that have been identified with some of its partner organizations involving activities contrary to Catholic moral teaching. A letter outlining this review process is available on the diocesan website. In the light of this progress, the western dioceses have agreed to forward the proceeds of the Share Lent collection for 2018 with the stipulation that no funds be given to any of the compromised partners in developing countries..

St. Joseph's Store Hours



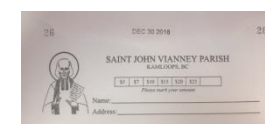
The Fellowship Committee Christmas Tree

For the month of December bring socks, gloves, toques, scarves...to hang or place under the tree for St. Vincent De Paul.



NOTE: Tax Receipts for 2018:

Faith in Action donations **must be received by Friday, December 28** (before the banks close/or parish office closes). Donations may be mailed to the parish post marked no later than December 28 to be eligible for 2018 tax receipt. All donations received after the banks close on Friday, December 28, or are post marked later than December 31, will go toward 2019 Tax Receipt.



However; If you have Sunday collection in on December 29/30 Masses it will be receiptable in 2018.

Canada Post Christmas Stamps!



Please be sure to purchase the "Away in a Manager" Permanent Domestic Stamp from Canada Post this year for your Christmas cards and parcels!