



# ST. JOHN VIANNEY CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711:  
jvianney@telus.net stjohnvianneykamloops.ca :  
Office hours Tue-Fri 9:30-1:30

### COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

**Discipleship:** Lesley Boettger 250-579-8969

**Evangelization:** Therese Gobeil 250-579-2240

**Fellowship:** Marguerite Leblanc 250-579-9495

**Justice:** Lloyd Babcock 250-579-8888

**Lay Eucharistic/Worship & prayer line:** Carey Hackman 250-579-5210 or email office for prayer line

**Service CWL/KofC:** Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532

**Children's Liturgy:** Kyley Drach 250-299-3286

**Faith Formation:** Janice Inglis 250-578-7662

**Coffee Makers:** Clara & Ben Fouillard 250-376-6112

**Choir:** Pat Stodola 250-579-9560  
senorfroggy@shaw.ca

For the following Ministries contact the office:

**Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers)** 250-579-8711 : jvianney@telus.net  
stjohnvianneykamloops.ca

**other ministries:** Deacon Eddie : eglavoie@gmail.com

**ASCEND Online - Catholic home school online**  
FMI/enrol: admin@ascendonline.ca|1-250-376-5118

### HELPLINES

**The Compassionate Community (CCC):**  
1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment issues or concerns

**St. Vincent De Paul:**  
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

**Retrouvaille - A lifeline for trouble marriages**  
vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

### WEEKLY/MONTHLY MEETINGS/EVENTS:

**Fellowship "Living with Loss"**(Friendship Rm) Next Date TBA

**KofC** (Friendship Rm)1st Tues of each month 7pm

**CWL** (Friendship Rm)2nd Tues of each month 7pm

**Bridge Club:** Every Friday in Friendship Rm 1-4:30pm

**Faith Formation:** Wed 6:45pm biweekly from Jan 09, 2019

**Light of God Charismatic Prayer Group:** Thursday 7 pm (Chapel). FMI call Frans at 250-851-5751

### MASSES

Weekday Masses in the Chapel  
Jan 02 - Jan 04 (Wed-Fri)



Sun Peaks Dec 31 @4:00pm  
OLL Jan 01 @8:30am  
SJV Jan 01 @ 10:30am

### SJV UPDATES

Sunday Collection Dec 23, 2018:

Saint John Vianney

Envelopes: \$ 2,984.00 Loose: \$ 588.00

FIA \$23,892.00 Participation - 65 pledges

Our Lady of Lourdes

Envelopes: \$ 550.00 Loose: \$ 195.50

FIA \$ 4,550.00 Participation - 14 pledges

**FIA (Faith in Action) Campaign 28!**

[https://youtu.be/\\_6ZUPRRdd2I](https://youtu.be/_6ZUPRRdd2I)



Msgr Jerry is going to Vancouver for a follow-up eye appointment Jan 6 or 7th and is wondering if anyone will be driving down around then with a couple extra seats? He and Lyn have a ride back they just need a ride there. Please call, email the office or talk to Msgr directly after Church if you think you can accommodate, thank you and God Bless.

### Adoration – for Vocations Weekly Holy Hour!

**Serra Club of Kamloops Diocese**

5PM 1st Wed each month-OLPH

7PM 2nd Thur each month- Holy Family

7PM 3rd Wed each month

8PM 4th Wed each month-Sacred Heart



### Benefits of Eucharistic Adoration!

#4. All the angels of heaven gaze in ecstasy at the image left on your soul after each holy hour you make in the presence of Jesus in the Blessed Sacrament. ("Letters to a Brother Priest")



Msgr Jerry Desmond and Deacon Eddie Lavoie, would like to say a **thank you** to all the gifts and cards they received. They would also like to thank all the ministers involved in the Christmas liturgies and all other ministries who have made Mass more celebrative.



CWL

BAZAAR THANK YOU

The CWL would like to thank our members and parishioners for helping again this year to make our annual bazaar a fun, faith filled and successful community event. To all the conveners, helpers, Knights of Columbus, attendees, thank you. All of your work, donations & time are truly appreciated.

The bazaar is the CWL's biggest fundraiser of the year and your generosity enables us to continue to help many organizations including our own parish, youth programs, pro life, St Vincent de Paul, missions, our own community and much more.

This has been a wonderful enjoyable experience to be part of the CWL bazaar and it's made possible by everyone in this parish family that put forth any sort of effort no matter how small, so thank you again for your dedication and generosity.

Raffle winners:

- Linda Cameron --- 4 nights at Sun Peaks \$1225 value
- Emma McGill --- \$300
- Ken Vandongen --- \$200

EMPLOYMENT!

CEA positions: Our Lady of Perpetual Help (OLPH), Kamloops: part-time asap. FMI:

Christopher Yuen principal, christopher.yuen@olphschool.ca

Learning Assistance/SPED Teacher, St. James -

Vernon: 0.6 FTE K-7 starting Jan 01,

Music teacher - Vernon: 0.4 FTE K-7

Vernon positions FMI: Paul Rossetti 250-542-4081 : mrrrossettie@stjamesvernon.com

Early Childhood Educator or Assistant, - Williams

Lake: After School Care program, K-7 2.5 hrs/day 2:45-5:15. FMI Shirley Giroux: 250-398-7770 : principal@sacredheartwl.com

Vernon/Williams Lake locate form on CISKD website www-ciskd.ca, submit electronically to Ms H. Paluk, superintendent@ciskd.ca

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

Tips to make your New Year's Resolutions stick!

Set realistic goals. Many people set great goals of improving health in the New Year and fall short, by setting too high of expectations.

1.) Get back to, or start, scheduled healthy eating by either having 3 square meals a day if not that much exercise; or 3 meals with 2-3 snacks if right back into it.

2.) Eat every 2-3 hours don't wait longer than 4 hours between meals or snacks.

3.) Make breakfast or lunch your biggest meals and try not to make Dinner too heavy in fats or Simple Carbohydrates. A lean protein with small amount of a Complex Carbs like yam, sweet potato or brown rice, a large salad filled with a variety of vegetables and a vinaigrette type dressing is ideal. Make snacks higher in good fats as plain nuts, avocado, or dark chocolate at least 72% or higher.

4.) Get moving! But don't get crazy if you haven't done much exercise previously. A good way to start, if new to exercise, is put on a half hour program on your TV and march on the spot adding in some high knees or squats here and there for a full half hour. It's easy and you will be distracted by your program to even notice you did a full 30 minutes.

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)

Envelopes & Monthly Pre-Authorized Debit Program



At the back of the church this Sunday Dec 23 - into New Year until all picked up. Auto debit forms also available and if interested in this service, please fill out, then returned to office or drop in

Sunday collection in a sealed Envelope clearly marked. Many people of other Parishes have reported this an excellent way to contribute especially when traveling as they don't miss their Sunday offerings. Note if you choose this service, to please still take your envelope boxes as the auto debit does Not Include Special Donations. The program will deduct out of your account Once Per Month on the first Thursday of each month. When filling out your forms please remember that it would be your total Monthly Contribution - Not Weekly. Because of year end and processing of new accounts the program cannot start until March 2019, with the first deduction coming out March 07th. The forms have been pre-marked March but you can adjust, if you want it to start in a later month.

Need a last minute Christmas gift? How about tickets to the Windmills, Wells & Water 2019

The 17th annual fundraising dinner for the Missionaries of the Precious Blood (USC-CPPS), in support of their missionary work in Tanzania, East Africa, will take place on Saturday, March 2, 2019 at Colombo Lodge. Tickets are \$80 per person with tax receipt issued for \$45 per ticket. There will be dinner, dancing, silent auction and lots of giveaways. To purchase tickets, please contact Lloyd/Anna Babcock 250-579-8888; Frank/Kelly Tries 250-314-1429; or Margaret/Kevin Langevin 250-682-5768.

St. John Vianney Parish 40th Parish Reunion



May 5th 2019. This will be an opportunity for all past and present parishioners to come together to renew old friendships. The day will start with mass @10:30am, meet & greet @noon and a BBQ to

follow. If you are in touch with people who have moved away we would love to get their address as we want to bring as many people back as possible. Also if you have any pictures of our parish and its activities over the years we would love to borrow them so please put your name on the back and we will get them back to you. Looking forward to seeing you all there.



The pastor was talking to a group of young children about believing in Jesus and going to heaven. At the end of his talk, he asked, "Where do you want to go?"

"Heaven!" they all piped up.

"And what do you have to be to get there?"

"Dead!" one boy yelled.

