



# ST. JOHN VIANNEY CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711:

jvianney@telus.net stjohnvianneykamloops.ca : Office hours Tue-Fri 9:30-1:30

### COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

**Discipleship:** Lesley Boettger 250-579-8969

**Evangelization:** Therese Gobeil 250-579-2240

**Fellowship:** Marguerite Leblanc 250-579-9495

**Justice:** Lloyd Babcock 250-579-8888

**Worship: Extraordinary Ministers of Communion (EMC):** Carey Hackman 250-579-5210

**Service CWL/KofC:** Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532

**Children's Liturgy:** Kiley Drach 250-299-3286

**Faith Formation:** Janice Inglis 250-578-7662

**Coffee Makers:** Clara & Ben Fouillard 250-376-6112

**Choir:** Pat Stodola 250-579-9560  
senorfroggy@shaw.ca

For the following Ministries contact the office:

**Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers)** 250-579-8711 : jvianney@telus.net

stjohnvianneykamloops.ca

**other ministries:** Deacon Eddie : eglavoie@gmail.com

**ASCEND Online - Catholic home school online**

FMI/enrol: admin@ascendonline.ca|1-250-376-5118

### HELPLINES

#### The Compassionate Community (CCC):

1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

#### St. Vincent De Paul:

250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

#### Retrouvaille - A lifeline for trouble marriages



Next program is weekend of **April 5-7**,  
vancouverbc@retrouvaille.org or call  
Marc/Candice 604-530-6710 & leave a  
message. All inquiries are confidential.

### WEEKLY/MONTHLY MEETINGS/EVENTS:

**Fellowship "Living with Loss"**(Friendship Rm) next meeting **Wed, Feb 13 @11 am**

**Justice Group:** (Friendship Rm or Rm 8)4th Wed - each month @6:30-7:30pm

**KofC** (Friendship Rm)1st Tues - each month @7pm

**CWL** (Friendship Rm)2nd Tues - each month @7pm

#### Other CWL 2019 Events Mark your Calendars:

- Diocesan - April 26-28 - OLPH
- Provincial - Nanaimo - June 14-16 (Bus Available)
- National - Calgary - Aug 15-18 (Bus Available)

**Bridge Club:** Every Friday in Friendship Rm 1-4:30pm

**Faith Formation:** Wed 6:45pm biweekly from Jan 09,

**Light of God Charismatic Prayer Group:** Thurs 7 pm (Chapel). FMI call Frans at 250-851-5751

### MASSES

Weekday Masses in the Chapel

Feb 07 Thur @8:45am

Feb 08 Fri @10:00am in The Hamlets

### SJV UPDATES

Sunday Collection Jan 27, 2019:

Saint John Vianney

Envelopes: \$ 1,926.00 Loose: \$ 126.60

FIA \$24,392.00 Participation - 66 pledges

Our Lady of Lourdes

Envelopes: \$ 270.00 Loose: \$ 41.35

FIA \$ 4,850.00 Participation - 15 pledges

**FIA (Faith in Action) Campaign 28!**

[https://youtu.be/\\_6ZUPRRdd2I](https://youtu.be/_6ZUPRRdd2I)

### Serra Club of Kamloops Diocese

**Adoration – for Vocations Weekly Holy Hour!**



5PM 1st Wed each month-OLPH

7PM 2nd Thur each month- Holy Family

7PM 3rd Wed each month - SJV

8PM 4th Wed each month-Sacred Heart

**Benefits of Eucharistic Adoration!**

#9. *Our Lord hears our prayers anywhere, but He has revealed to His servants that those who visit Him in the Eucharist will obtain a more abundant measure of grace. (St. Alphonsus Ligouri)*

Pray for Vocations in our Diocese!



Day	Reading	Gospel
Monday	Hebrews 11.32-40 Ps 31.19, 20, 21, 22, 23 (R.24)	Mark 5.1-20
Tuesday	Hebrews 12.1-4 Ps 22.25b-26, 27+29, 30-31 (R.26b)	Mark 5.21-43
Wednesday	Hebrews 12.4-7, 11-15 Ps 103.1-2, 13-14, 17- 18a (R. see 17)	6.7-13
Thursday	Hebrews 12.18-19, 21- 24 Ps 18.1-2a, 2b-3, 8, 9-10 (R.9)	Mark 4.21-25
Friday	Hebrews 13.1-8 Ps 27.1, 3, 5, 8b-9abc (R.1a)	Mark 6.14-29
Saturday	Hebrews 13.15-17, 20- 21 Ps 23.1-3a, 3b-4, 5, 6 (R.1)	Mark 6.30-34

### SJV POTLUCK - Feb 17<sup>th</sup>

Following the "Blessing of Marriages" Mass, Sun Feb 17th, there will be a potluck brunch in the gym. Come and see old friends or meet new members of our parish. You can drop off your potluck dish in the kitchen before Mass.

### Monthly Pre-Authorized Debit Program (PAD)

If interested in this program for Sunday contributions, please fill out form provided in foyer. Program starts Mar 07 and all forms need to be in by Sun Feb. 17th.



## KofC & CWL Information/News

### KofC

On Feb 6th @7pm is the date for the next **formation degree**. Please make every effort to have all eligible 1st degree members are present for this degree. There will be a knighthood degree following March 30th @10:30am. Both held in LeJuene Manor.

### CWL

**CWL prayer line:** To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or 250-579-5210.

### Attention All Ladies of SJV (even if not a member)!

OLPH would like to invite you to join us at our monthly luncheon at Minos Restaurant, 262 Tranquille Road on Tue, Feb 12<sup>th</sup> at 11:30 am. Great fellowship and food! To RSVP or FMI: Gemma at 250-376-3530.

### ST JOHN VIANNEY CWL BURSARIES

**Post Secondary - SJV practicing catholic graduating student** entering a post secondary program in the fall. Bursary is for \$500 and application **deadline is April 30**. Submit to parish office.

**Grade 8 SJV practicing catholic student entering into St. Ann's** the following September. Bursary is for one month's tuition and application **deadline is April 30**. Submit to parish office.

### BC & YUKON CWL BURSARY

BC & Yukon Provincial CWL also offers a bursary to a practicing Catholic and an active member of the CWL of Canada for a minimum of 2 years. Application **deadline is March 31**. Submit to BC & Yukon Provincial Chairperson on Education & Health

### EMPLOYMENT!

**Our Lady of Perpetual Help (OLPH), Kamloops.PE Specialist/Classroom Teacher - 1.0 FTE: & CEA positions:**

**FMI:** Christopher Yuen principal, christopher.yuen@olphschool.ca

**St. James - Vernon, Learning Assistance/SPED Teacher, 0.6 FTE K-7 starting Jan 01 & Music teacher: 0.4 FTE K-7 Vernon positions** FMI: Paul Rossetti 250-542-4081 : mrrrossettie@stjamesvernon.com\_locate form on

All positions CISKD website www-ciskd.ca, submit electronically to Ms H. Paluk, superintendent@ciskd.ca or 250-376-3351

**JOBS - See postings in foyer for FMI**

### MIKKIE'S CORNER - Health & Nutrition

*New Year's Resolution continued!*

This week is SNACKS! Think snacks as healthy fats. Satisfying and will hold you till next meal.

-1/4-1/3cup of plain mixed nuts or seeds. A favourite is soaking some almonds in apple cider vinegar and a bit of Bragg soy sauce. The apple cider vinegar has some fat burning qualities too. Or sauté the almonds in the soy sauce alone makes them like tamari.

-Avocado or a natural nut butter with celery  
-2 oz low fat cheese with celery  
-70% or higher dark chocolate with some nut butter.  
-Hemp seed nut butter balls - 1 cup natural nut butter 1/4 cup honey or agave, 1/4 cup shredded coconut mix it all up make into balls and roll over hemp seeds freeze. Take them out and eat them from frozen

### Filler snacks - less nutrient dense but satisfying

-Air popped popcorn with butter but limit the butter, 4 cups = 2 tbsps butter or less add Mrs Dash seasoning or a sprinkle of salt if using unsalted butter  
-turkey pepperoni with a twist (1 oz cheese a bit of pizza sauce on a ryvita, heat mini pizza)

*Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)*

### SJV Friday night sports - Next one Feb. 08!



The CWL has graciously offered to fund some equipment to get us going! Everyone welcome, come out enjoy a family night of sports! **Come with your family or come alone if old enough (we ask young children to be with parents)**. Suitable for everyone who wants to be a little bit more active and meet with other parish members. No previous experience to come and play. FMI: Tammy Farrer tammyfarrer1@gmail.com

### OLPH Open House K-grade 7& PSG Raffle:

Wed, Feb 06 @9am: Presentation and Tour of Classrooms. Fraser Institute School Rankings Places OLPH as top Academic School on the North Shore and 2nd in the City of Kamloops. www.olphschool.ca

### Raffle Ticket Fundraiser

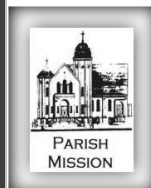
To raise funds to help offset the costs of extra-curricular activities and programs for our schools, upgrade playground equipment, etc. Prizes are:  
1st-\$3000.00 Expedia CruiseShipCenters Trip Voucher  
2nd-\$1000.00 Costco Gift Card  
3rd-\$500.00 worth of Gift Cards (Safeway, Esso, Cineplex & Earls).  
Tickets will be available to purchase from OLPH School office (250) 376-2343 & OLPH families, \$5.00/Ticket

### Vocation Live-In for boys or young men:

Feb 8 - 10, there will be a interested in the priesthood or the consecrated life, at the Seminary of Christ the King, Mission, BC. FMI 604-826-8715

### Windmills, Wells & Water 2019

The 17<sup>th</sup> annual fundraising dinner for the Missionaries of the Precious Blood (USC-CPPS), in support of their missionary work in Tanzania, East Africa, will take place on **Sat, March 2, 2019 at Colombo Lodge**. Tickets are \$80 per person with tax receipt issued for \$45 per ticket. There will be dinner, dancing, silent auction and lots of giveaways. To purchase tickets, please contact Lloyd/Anna Babcock 250-579-8888; Frank/Kelly Tries 250-314-1429; or Margaret/Kevin Langevin 250-682-5768.



### OLPH Parish Mission

Join Jake & Heather Khym on "Encountering the Real Jesus". April 05, and 06, Fri 6:30pm & Sat 9:00am. RSVP by March 29, Jackie @OLPH 250-376-5541 or olphkamloops@shaw.ca

### St. John Vianney Parish 40<sup>th</sup> Parish Reunion



May 5<sup>th</sup> 2019. This will be an opportunity for all past and present parishioners to come together to renew old friendships. The day will start with mass @10:30am, meet & greet @noon and a BBQ to follow. If you are in touch with people who have moved away and if know their address as we want to bring as many people back as possible. Also if you have any pictures of our parish and its activities over the years we would love to borrow them so please put your name on the back and we will get them back to you.