



ST. JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Sunday Mass 10:30

2826 Bank Road : V2B 8E5 : 250-579-8711:

jvianney@telus.net stjohnvianneykamloops.ca : Office hours Tue-Fri 9:30-1:30

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc 250-579-9495

Justice: Lloyd Babcock 250-579-8888

Worship: Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210

Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532

Children's Liturgy: Kiley Drach 250-299-3286

Faith Formation: Janice Inglis 250-578-7662

Coffee Makers: Clara & Ben Fouillard 250-376-6112

Choir: Pat Stodola 250-579-9560
senorfroggy@shaw.ca

For the following Ministries contact the office:

Eucharistic Minister/Greeter & Gift Bearer/Liturgy

(readers) 250-579-8711 : jvianney@telus.net

stjohnvianneykamloops.ca

other ministries: Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online

FMI/enrol: admin@ascendonline.ca|1-250-376-5118

HELPLINES

The Compassionate Community (CCC):

1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul:

250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages



Next program is weekend of **April 5-7**,
vancouverbc@retrouvaille.org or call
Marc/Candice 604-530-6710 & leave a
message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

Fellowship "Living with Loss"(Friendship Rm) Next meeting TBA

Justice Group: (Friendship Rm/Rm 8)4th Wed - each month @6:30-7:30pm

KofC (Friendship Rm)1st Tues - each month @7pm

CWL (Friendship Rm) 2nd Tues - each month @7pm

Other CWL 2019 Events Mark your Calendars:

- Diocesan - April 26-28 - OLPH
- Provincial - Nanaimo - June 14-16 (Bus Available)
- National - Calgary - Aug 15-18 (Bus Available)

Bridge Club: (Friendship Rm) Every Friday 1-4:30pm

Faith Formation: Wed 6:45pm biweekly from Jan 09,

Light of God Charismatic Prayer Group: Thurs 7 pm (Chapel). FMI call Frans at 250-851-5751

MASSES

Weekday Masses in the Chapel

Feb 18 & 20-22 @8:45am

Feb 19th @6:30pm

SJV UPDATES

Sunday Collection Feb 10, 2019:

Saint John Vianney

Envelopes: \$ 1,439.00 Loose: \$ 49.90

FIA \$24,392.00 Participation - 66 pledges

Our Lady of Lourdes

Envelopes: \$ 340.00 Loose: \$ 12.80

FIA \$ 4,850.00 Participation - 15

pledges

FIA (Faith in Action) Campaign 28!

https://youtu.be/_6ZUPRRdd2I



Serra Club of Kamloops Diocese

Adoration – for Vocations Weekly Holy Hour!

5PM 1st Wed each month-OLPH

7PM 2nd Thur each month- Holy Family

7PM Feb 20th - SJV

8PM 4th Wed each month-Sacred Heart



Reflection question for: Serrans, Knights of Columbus, Women's Organizations, and Other Lay Organizations.

#1. Do I seek opportunities to help my organization to promote actively an intense life of faith and a profound spiritual renewal?

Day	Reading	Gospel
Monday	Genesis 4.1-15, 25 Ps 50.1+8, 16bc-17, 20-21 (R.14a)	Mark 8.11-13
Tuesday	Genesis 6.5-8; 7.1-5, 10 Ps 29.1a+2, 3ac+4, 3b+9b-10 (R.11b)	Mark 8.14-21
Wednesday	Genesis 8.6-13, 20-22 Ps 116.12-13, 14-15, 18-19 (R. 17)	Mark 8.22-26
Thursday	Genesis 9.1-13 Ps 102.15-17, 18-20, 28, 21-22 (R.19)	Mark 8.27-33
Friday	1 Peter 5.1-4 Ps 23.1-3a, 3b-4, 5, 6 (R.1)	Matthew 16.13-19
Saturday	Hebrews 11.1-7 Ps 145.2-3, 4-5, 10-11 (R. see 1)	Mark 9.2-13



Income Tax Receipts

Now available at back of the church.

Some of them are tucked in envelope boxes that haven't been picked up yet.

Also only 2 more Sundays (Feb 17th) to get Monthly Pre-Authorized Debit Program (PAD) forms in for monthly Sunday contributions, if interested in starting in March

KofC & CWL Information/News

KofC

Assembly 0033 will be holding its next meeting at the OLPH Parish Centre on February 21st, 2019. The meeting will start at 7:00 pm in the Harrington Room. A large thank you to the Sir Knights who always do such a great job setting up the venue. It was also nice to see a large turnout for our last meeting. We also hope that more members will put their names forward for nomination to fill executive positions in the Assembly. It would be really wonderful to have representatives from all councils from Merritt and from Kamloops."

CWL prayer line: To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or 250-579-5210

ST JOHN VIANNEY CWL BURSARIES

Post Secondary - SJV practicing catholic graduating student entering a post secondary program in the fall. Bursary is for \$500 and application **deadline is April 30**. Submit to parish office.

Grade 8 SJV practicing catholic student entering into St. Ann's the following September. Bursary is for one month's tuition and application **deadline is April 30**. Submit to parish office.

BC & YUKON CWL BURSARY

BC & Yukon Provincial CWL also offers a bursary to a practicing Catholic and an active member of the CWL of Canada for a minimum of 2 years. Application **deadline is March 31**. Submit to BC & Yukon Provincial Chairperson on Education & Health

EMPLOYMENT!

Our Lady of Perpetual Help (OLPH), Kamloops.PE Specialist/Classroom Teacher - 1.0 FTE: & CEA positions:

FMI: Christopher Yuen principal, christopher.yuen@olphschool.ca

St. James - Vernon, Learning Assistance/SPED Teacher, 0.6 FTE K-7 starting Jan 01 & Music teacher: 0.4 FTE K-7 Vernon positions FMI: Paul Rossetti 250-542-4081 : mrrrossettie@stjamesvernon.com_locate form on

All positions CISKD website www-ciskd.ca, submit electronically to Ms H. Paluk, superintendent@ciskd.ca or 250-376-3351

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

What are all these new diets, Keto, DASH, Paleo...?!

Understanding our bodies first!

Before I go into Keto or any other diet explanation, it is important to know how our bodies work. First is homeostasis (a satiability in our bodies), this is something our bodies do daily to keep us alive and healthy. PH (measure of the hydrogen ion concentration of a solution) is one such thing the body works hard at keeping in balance. PH is based on a scale of 1-10, 7 being neutral. Anything higher is alkaline and anything lower is acidic. Our bodies regulate and work hard to keep different areas within it to certain PH ranges that are either acidic or alkaline for very different and vital reasons. For example, blood is slightly alkaline and tightly regulated between 7.35 and 7.45. Urine is more acidic with a normal reading of 6 in the morning and after a day of eating can test more alkaline up to 8. Saliva is like blood but mostly tests neutral 7-7.5 and our stomach being most acidic between 3-5.5. There are numerous chemical reactions in our bodies and work from our organs that fight hard to keep our bodies in these ranges. Sometimes how we eat or don't eat can disrupt or make our body work harder to keep these ranges... *to be continued....*

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)

MEN'S NIGHT-OLPH Fri, Feb 22 @7pm

Open to all men 19 years and older. Adoration, short spiritual talk, discussion and social. Join us!"



SJV Friday night sports - Next one Feb. 22!

The CWL has graciously offered to fund some equipment to get us going! Everyone welcome, come out enjoy a family night of sports! **Come with your family or come alone if old enough (we ask young children to be with parents)**. Suitable for everyone who wants to be a little bit more active and meet with other parish members. No previous experience to come and play. FMI: Tammy Farrer tammyfarrer1@gmail.com

OLPH PSG Raffle until March 06th:

Raffle Ticket Fundraiser

To raise funds to help offset the costs of extra-curricular activities and programs for our schools, upgrade playground equipment, etc. Prizes are:
1st-\$3000.00 Expedia CruiseShipCenters Trip Voucher
2nd-\$1000.00 Costco Gift Card
3rd-\$500.00 worth of Gift Cards (Safeway, Esso, Cineplex & Earls).

Tickets will be available to purchase from OLPH School office (250) 376-2343 & OLPH families, \$5.00/Ticket

Theology of the Body Conference

Banff Alberta March 8 and 9, 2019. FMI visit <https://www.catholiccyc.ca/tob.html>

Windmills, Wells & Water 2019, Sat, Mar 2 at

Colombo Lodge 17th annual fundraising dinner!

For the Missionaries of the Precious Blood (USC-CPPS), in support of their missionary work in Tanzania, East Africa. Tickets are \$80/person. Dinner, dancing, silent auction and lots of giveaways. For tickets: Lloyd/Anna Babcock 250-579-8888; Frank/Kelly Tries 250-314-1429; or Margaret/Kevin Langevin 250-682-5768.

GRIEF TO GRACE – Kelowna, BC, May 2-5, 2019

If you have suffered abuse, you may have lived in great isolation and loneliness. You may be keeping shameful secrets. You may be afraid of being judged as unworthy or bad. You may have been called terrible names and have come to believe these as true. But these are not the truth. The truth is that something terrible happened to you and, because of a noble spirit, you have survived. The truth is that you are a child of God, "fearfully and wonderfully made" (Psalm 139). We want you to recover your unique beauty and worth, hidden by something terrible, but now ready to be claimed – the real you. *Contact us in complete confidence, we understand it can be difficult to talk about what has happened and that interested individuals may be a long way from deciding to attend a retreat.* Reclaiming the Gift of Human Dignity, is a spiritual journey for anyone who has suffered degradation or violation through psychological /sexual abuse, rape, incest, physical or emotional abuse & neglect or other forms of traumatic violation in childhood, adolescence, or as an adult. To register or FMI: 250-878-7603 or email g2gkelowna@gmail.com or griefftograce.org

St. John Vianney Parish 40th Parish Reunion - May



05th. We need your help finding people!

If you know someone who used to attend SJV and changed parishes or moved out of town, please let us know by emailing or calling office with the contact information! We want to invite all past, present and future SJV parishioners! As well we are still looking for pictures of our parish and its activities over the years we would love to borrow them so please put your name on the back and we will get them back to you.

