



ST. JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Mass Schedule: Sunday's 10:30am
Weekday Masses May 20-25:
Mon & Wed: Chapel @8:45am
Tue: Chapel @6:30pm

2826 Bank Road : V2B 8E5 : 250-579-8711:
jvianney@telus.net stjohnvianneykamloops.ca :
Office hours 8:00 - 12:00 Tue May 21
1:00 - 5:00pm May 21-25

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc 250-579-9495

Justice: Lloyd Babcock 250-579-8888

Worship: Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210

Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532

Children's Liturgy: Kyley Drach 250-299-3286

Faith Formation: Janice Inglis 250-578-7662

Coffee Makers: Clara & Ben Fouillard 250-376-6112

Choir: Pat Stodola 250-579-9560
senorfroggy@shaw.ca

For the following Ministries contact the office:

Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers) 250-579-8711 : jvianney@telus.net

stjohnnvianneykamloops.ca

other ministries: Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

The Compassionate Community (CCC):
1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages
vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

Fellowship Committee: (Friendship Rm) TBA

Justice Group: (Friendship Rm/Rm 8) Come join us for a "Justice On Tap" Social-**Wednesday, May 22, 6-7:30 pm**. Please bring a snack to share & your choice of beverage. Coffee & Tea will be provided.

"FREE ceramic nativity scene with creche.
Individual statues are about 8" each and the creche is about 20" tall. Please call Maureen at 778 471-4118."

SJV UPDATES

Sunday Collection May 12, 2019:

Saint John Vianney

Envelopes: \$ 2,346.70 Loose: \$ 70.00

PAD Program: \$ 1,763.00 for month of May

Our Lady of Lourdes

Envelopes: \$ 280.00 Loose: \$ 25.00

Serra Club of Kamloops Diocese

Adoration – for Vocations Weekly Holy Hour!



5PM 1st Wed each month-OLPH

7PM 2 Wed each month- Holy Family

7PM 3rd Wed each month - SJV

8PM 4th Wed each month-Sacred Heart

Benefits of Eucharistic Adoration!

#14. By being faithful to a Holy Hour of Adoration you can teach by example. "The young should be taught the value of Eucharistic Adoration." (St. John Paul II)



Day	Reading	Gospel
Monday	Acts 14.5-18 Ps 115.1-2, 3-4, 15-16 (R.1)	John 14.21-26
Tuesday	Acts 14.19-28 Ps 145.10-11, 12-13ab, 13cd+21 (R.12a)	John 14.27-31a
Wednesday	Acts 15.1-6 Ps 122.1-2, 3-4a, 4b-5 (R. 1)	John 15.1-8
Thursday	Acts 15.7-21 Ps 96.1-2a, 2b-3, 10 (R.3)	John 15.9-11
Friday	Acts 15.22-31 Ps 57.7, 8, 9-10, 11 (R.9a)	John 15.12-17
Saturday	Acts 16.1-10 Ps 100.1-2, 3, 5 (R.1a)	John 15.18-21

Pro-Life Kamloops: Fatal Flaws Documentary

We invite you to view the documentary Fatal Flaws, featuring interviews with individuals who have been directly impacted by euthanasia/assisted suicide. Attend at the Odd Fellows Hall, 423 Tranquille Rd. (across from Hatsuki Sushi), Wed. May 22, 7:00 p.m. Discussion and refreshments to follow. Free admission, donations gratefully accepted.

2nd Annual Vocation's Dinner!



Wednesday, May 22, 2019

Ticket: \$50 per person

5:30 pm Reception/Cocktails

6:30 pm Dinner

Colombo Lodge (Semi Formal)

Tickets Available from SJV, CWL & KofC, Parish office or Serra Club Kamloops Members or Chancery



Please pray for our confirmation student James Upshaw and our St. Ann's graduations students, Dryden Pollon and Julianna Hermiston.

KofC & CWL Information/News

KofC monthly meetings (Friendship Rm) 1st Tues - each month @7pm

CWL monthly meetings (Friendship Rm) 2nd Tues - each month @7pm. TBA

Bazaar volunteers needed! DEADLINE May 31st:

Volunteer Convener and a Tea Room kitchen coordinator . Contact Lesley Boettger 250-579-8969: jbandlb@telus.net, if you feel you can take on either of this positions or along with another person.

CWL prayer line: To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or 250-579-5210

CWL 2019 Events Mark your Calendars:

Provincial - Nanaimo - June 14-16

National - Calgary - Aug 15-18 (Bus Available)

EMPLOYMENT!

Sacred Heart, Williams Lake:

Kindergarten Grade 1-7 0.1 FTE

St. Ann's Academy Kamloops

International Education Coordinator: Part-time, 0.4 FTE

Advancement Officer: Part-time, 0.4 FTE

Elementary Teacher: 0.6 FTE Grades 2 & 5

All positions CISKD website www-ciskd.ca, submit electronically to Ms H. Paluk, superintendent@ciskd.ca or 250-376-3351

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

Wacky diets - History of the Ketogenic diet - it was not originally intended or used for weight loss but for a very clinical therapy instead. Believe it or not this diet came about to treat epilepsy in the 1920's and is still used as a treatment option when anti-seizure medications do not work for an individual. This diet also has biblical origins with Jesus curing "possessed people" through fasting and prayer. This biblical history could be why it was put again into practice and developed and used today. The diet mimics starvation which helps control or reduce seizures. It is still not understood exactly why the diet works, but studies have found that because the diet enhances the brain's ability to withstand metabolic challenges, there is a correlation. Further studies are being implemented and also to include possible treatments for other neurodegenerative disorders such as Alzheimer's or Parkinson's diseases - *as per the Emory University Health Sciences Center*. There are cautions as this high fat, low carbohydrate, controlled protein diet must be closely monitored by doctors and dieticians as many supplements must be added for lack of minerals, vitamins and fiber that is missing from little to no carbohydrate consumption.

....to be continued

"Holy Walkers! Kamloops" Tranquille Creek" - 8am.

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)

Thank you all for participating, donating, helping and celebrating our SJV 40th Anniversary!

ST JOHN VIANNEY 40th Anniversary Reunion

May 5, 2019

REVENUE	Donations	8,070.00
DONATIONS	BBQ Sales	2,175.00
	TOTAL REVENUE	10,245.00

EXPENSES

PRINTING	731.60
MAILING	1004.67
FOOD	1090.21
WINE	27.80
DECORATIONS	222.84
LITURGY	24.63
PARISH PROJECTS	
Banners, Altar linens, Book of Gospels, Vestments	\$3,320.88
Flowers	962.84
TOTAL EXPENSE	7,385.47

PROFIT \$2,859.53

Bazaar volunteers needed! DEADLINE May 31st: for Volunteer Convener and a Tea Room kitchen coordinator This is a major annual fundraiser which allows CWL to fund bursaries and many charitable projects, including directly contributing to parish projects. Unfortunately if no one volunteers as a convener, then this event will be cancelled. Contact Lesley Boettger 250-579-8969: jbandlb@telus.net, if you feel you can take on either of this positions or along with another person.

Live Christ, Share Christ Movement out of Scarborough Ontario was discussed at the priest's meeting after the Chrism Mass. The LCSC movement is a lay movement for evangelization and renewal to bring Catholics into a vibrant relationship with Jesus Christ and to bring them back to an active life in the parish. Following the initial program is a monthly prayer assembly for mutual support and encouragement, continuing formation and helping Catholics to become evangelizers. Anyone who is interested in bringing LCSC to their parish can find more information by emailing Raul Lanting at lantingraul@yahoo.com or call him at (778)968-3550, or go to the website www.livechristsharechrist.net

Environmental tip! A favorite even if you're not crafty!



DYI project - make this week's tip into a fun craft. If not it still works, doesn't have to look pretty!



Instead of throwing out old t-shirts or towels cut them up to sizes needed for cleaning rags, tea towels, dish rags, napkins or paper towel substitutes, pillow cases.... as this is a more eco-friendly alternative to paper and contributes to less waste in our landfills. Just google craft ides for old t-shirts and type in your criteria whether you want easy ways as no sewing or harder versions... multiple sites with video instructions as well.