



ST JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Mass Schedule: Sunday's 10:30am
Weekday Masses May 27-Jun 01:
Mon & Wed-Fri: Chapel @8:45am
Tue: Chapel @6:30pm

2826 Bank Road : V2B 8E5 : 250-579-8711:
jvianney@telus.net stjohnvianneykamloops.ca :
Office hours 8:00am -12:00pm (May 27-28 & 30-31)

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

- Discipleship:** Lesley Boettger 250-579-8969
- Evangelization:** Therese Gobeil 250-579-2240
- Fellowship:** Marguerite Leblanc 250-579-9495
- Justice:** Lloyd Babcock 250-579-8888
- Worship: Extraordinary Ministers of Communion (EMC):** Carey Hackman 250-579-5210
- Service CWL/KofC:** Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532
- Children's Liturgy:** Kyley Drach 250-299-3286
- Faith Formation:** Janice Inglis 250-578-7662
- Coffee Makers:** Clara & Ben Fouillard 250-376-6112
- Choir:** Pat Stodola 250-579-9560
senorfroggy@shaw.ca

For the following Ministries contact the office:

Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers) 250-579-8711 : jvianney@telus.net
stjohnvianneykamloops.ca
other ministries: Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

The Compassionate Community (CCC):
1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages
vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

- Fellowship Committee:** (Friendship Rm) TBA
- Justice Group:** (Friendship Rm/Rm 8) 4th Wed - each month @6:30-7:30pm
- Bridge Club:** (Friendship Rm) Every Friday 1-4:30pm

SJV UPDATES

Sunday Collection May 19, 2019:

Saint John Vianney

Envelopes: \$ 1,216.00 Loose: \$ 93.25
PAD Program: \$ 1,763.00 for month of May

Our Lady of Lourdes

Envelopes: \$ 320.00 Loose: \$ 85.00

Serra Club of Kamloops Diocese

Adoration – for Vocations Weekly Holy Hour!



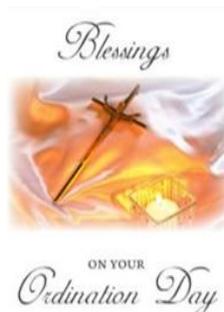
5PM 1st Wed each month-OLPH
7PM 2 Wed each month- Holy Family
7PM 3rd Wed each month - SJV
8PM 4th Wed each month-Sacred Heart

Benefits of Eucharistic Adoration!

#15. I strongly recommend that each of us make a resolution, no matter how much the decision may cost us, to make a holy hour before the Blessed Sacrament once a week. (Fr. John Hardon)



Day	Reading	Gospel
Monday	Acts 16.11-15 Ps 149.1-2, 3-4, 5-6a+9b (R.4a)	John 15.26-16.4a
Tuesday	Acts 16.22-34 Ps 138, 1-2a, 2bc-3, 7c-8 (R. see 7c)	John 16.5-11
Wednesday	Acts 17.15, 22-18.1 Ps 148.1-2, 11-12, 13, 14 (R. see 13)	John 16.12-15
Thursday	Acts 18.1-8 Ps 98.1, 2-3ab, 3cd-4 (R.2)	John 16.16-20
Friday	Zephaniah 3.14-18 Canticle: Isaiah 12.2-3, 4bcd, 5-6 (R.6b)	Luke 1.39-56
Saturday	Acts 18.23-28 Ps 47.1-2, 7-8, 9 (R.7)	John 16.23b-28



Prayerful wishes to Fr. Swann Kim who celebrated his 9th Anniversary of Priestly Ordination on May 22nd, to Fr. Clinton Pendleton who celebrated his 10th Anniversary of Priestly Ordination on the same day, and to Fr. Donal O'Reilly who celebrates his 52nd Anniversary of Priestly Ordination on May 27th.

KofC & CWL Information/News

KofC monthly meetings (Friendship Rm) 1st Tues - each month @7pm

CWL monthly meetings (Friendship Rm) 2nd Tues - each month @7pm. TBA

Bazaar volunteers needed! DEADLINE May 31st: for Volunteer Convener and a Tea Room kitchen coordinator. This is our major annual fundraiser which allows us to fund bursaries and many charitable projects, including directly contributing to parish projects. Unfortunately if no one volunteers as a convener, then this event will be cancelled. Contact Lesley Boettger 250-579-8969: jbandlb@telus.net, if you feel you can take on either of these positions or along with another person.

CWL prayer line: To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or 250-579-5210

CWL 2019 Events Mark your Calendars:

Provincial - Nanaimo - June 14-16

National - Calgary - Aug 15-18 (Bus Available)

EMPLOYMENT!

OLPH - Kamloops

-Full Time ECE

FMI: Joy Bandoquillo 250-376-2342 (ext 603) or joy.bandoquillo@olphschool.ca

-Full Time CEA

-.70 FTE Shared Classroom Teacher

FMI Christopher Yuen 250-376-2343 or christopher.yuen@olphschool.ca

St. James Catholic School, Vernon B.C.

-0.4 FTE - Maternity Leave

-0.4 FTE - Music Teacher

-1.0 FTE - 2 Teacher positions

-1.0 FTE - Medical Leave

-Teacher On Call

-Education Assistants On-Call

FMI Paul Rossetti: 250-542-4081:

mrrossetti@stjamesvernon.com

Sacred Heart, Williams Lake:

Kindergarten Grade 1-7 0.1 FTE

St. Ann's Academy Kamloops

-0.4 FTE International Education Coordinator

-0.4 FTE Advancement Officer

-0.6 FTE Elementary Teacher Grades 2 & 5

All positions CISKD website www-ciskd.ca, submit electronically to Ms H. Paluk, superintendent@ciskd.ca or 250-376-3351

JOBS - See postings in foyer for FMI

MIKKIE'S CORNER - Health & Nutrition

Wacky diets - When it comes to diet or how you eat take a minute to look at mortality rates for certain dietary intakes and their impact.

A 2012 study of all cardio metabolic deaths (heart disease, stroke, and type 2 diabetes) US estimates -45.4% associated with suboptimal intakes of 10 dietary factors:

1. 9.5% associated with high sodium intake
2. 8.5% low intake of nuts and seeds
3. 8.2% high intake of processed meats
4. 7.8% low intake of omega-3 fats
5. 7.6% low intake of vegetables
6. 7.5% low intake of fruits
7. 7.4% high intake of artificially sweetened beverages
8. 2.3% low polyunsaturated fats
9. 2.3% unprocessed red meats
10. 0.4% from little to no carbohydrate consumption.

"Holy Walkers! Kamloops" Tranquille Creek" - 8am.

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)

THE 75TH ANNIVERSARY OF THE KAMLOOPS



DIOCESE will take place in 2020. The dates to celebrate this diocesan milestone are May 29th and 30th, 2020. The theme is: **LOOK BACK WITH GRATITUDE, LOOK**

FORWARD WITH HOPE.

We are looking for volunteers to help make this significant event a memorable gathering of Kamloops clergy and parishioners - past and present. Bishop Joseph and the committee are planning a joy-filled celebration that includes all parishes and missions, and brings many blessings to our diocese. We need your help with the planning and execution of this event. To learn more and/or to offer to share your talents in any of the following areas: decorations/decorating, communications, printing/advertising, displays of historical material, liturgy, organization, procession/ceremonies, catering/banquet, choir, home-hosting, photography, and others, please come to a meeting on Thursday, June 6th at Sacred Heart Cathedral at 7:00pm. If you are unable to attend the meeting but would like to help or to know more, please contact either of the anniversary co-chairs, Dianne Barker (dibarker@telus.net, 250-819-2875) or Sheila Doherty (cdoherty@telus.net, 250-374-5181). We need your help to make this a true celebration of our diocese. Mark your calendar - 7pm on Thursday, June 6th, Sacred Heart Cathedral basement parish hall. See you there!

If you missed it last week here it is again the results from our SJV 40th Anniversary-thanks again to everyone!

ST JOHN VIANNEY 40th Anniversary Reunion

May 5, 2019

REVENUE	Donations	8,070.00
DONATIONS	BBQ Sales	2,175.00
	TOTAL REVENUE	10,245.00

EXPENSES

PRINTING	731.60
MAILING	1004.67
FOOD	1090.21
WINE	27.80
DECORATIONS	222.84
LITURGY	24.63
PARISH PROJECTS	
Banners, Altar linens, Book of Gospels, Vestments	\$3,320.88
Flowers	962.84
TOTAL EXPENSE	7,385.47
PROFIT	\$2,859.53



Environmental tip!

Turn the thermostat up a few degrees in the summer and down a few degrees in the winter to help save on heating and cooling costs. According to a BC Hydro survey, 93% of British Columbians using A/C are setting them much lower than the recommended temperature of 25 degrees Celsius, significantly increasing in their electricity use - and costs, as well as A/C units running constantly to try reach lower temperatures and not being able to keep up. It is estimated that every degree lower an air conditioner is set it can add 3% in cooling costs. A/C units are designed to accommodate up to a 20 degree difference between the outside air and inside air. Here in Kamloops it can be 40°C in the summer, which means your A/C should be set no less than 20°C.