



ST. JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Mass Schedule: Sunday's 10:30am

Weekday Masses July 08- July 13:
Mon -Thurs & Sat Chapel @8:45am
Fri - Hamlets @10:00am

2826 Bank Road : V2B 8E5 : 250-579-8711:
jvianney@telus.net stjohnvianneykamloops.ca :
Office hours 8:00am -12:00pm (Jul 08 - Jul 11 M, T & Th)
1:00pm - 5:00pm (Jul 12 F)

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

- Discipleship:** Lesley Boettger 250-579-8969
- Evangelization:** Therese Gobeil 250-579-2240
- Fellowship:** Marguerite Leblanc 250-579-9495
- Justice:** Lloyd Babcock 250-579-8888
- Worship: Extraordinary Ministers of Communion (EMC):** Carey Hackman 250-579-5210
- Service CWL/KofC:** Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532
- Children's Liturgy: TBA**
- Faith Formation:** Janice Inglis 250-578-7662
- Coffee Makers:** Clara & Ben Fouillard 250-376-6112
- Choir:** Pat Stodola 250-579-9560
senorfroggy@shaw.ca

For the following Ministries contact the office:

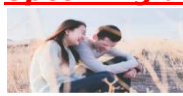
Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers) 250-579-8711 : jvianney@telus.net
stjohnvianneykamloops.ca
other ministries: Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca|1-250-376-5118

HELPLINES

The Compassionate Community (CCC):
1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages:
Upcoming dates for next program Sept 27 - 29
 vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

- Fellowship Committee:** (Friendship Rm) TBA
- Justice Group:** (Friendship Rm/Rm 8) 4th Wed - each month @6:30-7:30pm



A Missing lid for a large Tupperware bowl, (12 inches) VERY faded, with a "m" on it, from Msgr's retirement party. If you by accident grabbed it or put it away somewhere on cleanup, please call Joan @250 579 5818

SJV UPDATES

Sunday Collection June 30, 2019:
Saint John Vianney
Envelopes: \$ 2,004.00 Loose: \$ 45.75
PAD Program: \$ 1,763.00 for month of June
Our Lady of Lourdes
Envelopes: \$ 245.00 Loose: \$ 123.40

Serra Club of Kamloops Diocese Adoration – for Vocations Weekly Holy Hour!

5PM 1st Wed each month-OLPH
7PM 2 Wed each month- Holy Family
7PM 3rd Wed each month - SJV
8PM 4th Wed each month-Sacred Heart
Benefits of Eucharistic Adoration! #21.
The faithful are to hold the Eucharist in highest honor... worshipping it with supreme adoration. (Code of Canon Law - #898)



Day	Reading	Gospel
Monday	Genesis 28.10-22a Ps 91.1-2, 3-4, 14-15ab (R.see 2b)	Matthew 9.18-26
Tuesday	Genesis 32.22-32 Ps 17.1, 293, 6-7, 8+15 (R.15a)	Matthew 9.32-38
Wednesday	Genesis 41.55-57; 42.5-7a, 17-24 Ps 33.2-3, 10-11, 18-19 (R.22)	Matthew 10.1-7
Thursday	Genesis 44.18-21, 23b-29; 45.1-5 Ps 105.16-17, 18-19, 20-21 (R.5a)	Matthew 10.7-15
Friday	Genesis 46.1-7, 28-30 Ps 37.3-4, 18-19, 27-28, 39-40 (R.39a)	Matthew 10.16-23
Saturday	Genesis 49.27-31, 33; 50.15-26++ Ps 105.1-2, 3-4, 6-7 (R. see Ps 69.33)	Matthew 10.24-33

ALERT: Please note that there is an email scam circulating throughout our Diocese. THESE EMAILS ARE NOT FROM BISHOP JOSEPH, OUR PRIESTS OR SECRETARIES. This is an email scam that has been circulating in various forms for quite some time. This email should be disregarded and immediately deleted. DO NOT GIVE MONEY OR PURCHASE ANY GIFT CARDS. DO NOT REPLY TO THE EMAIL. If you have any doubt, please phone the person who the email appears to be from. In one of the scams, the scammer requests you purchase gift cards and contact them afterward. Once you contact them, they will ask for the PIN number on the card and this gives them access to the funds on the gift card. PLEASE DELETE THIS EMAIL – IT IS A HOAX

Mass and Celebration Day:

Our Lady of Mt. Carmel, Sun July 21st, @2pm - at the Monastery in Armstrong. Refreshments will follow and bring a dish to share if possible. All are welcome

OLPH Youth night: July 19 Friday night 6pm. All youth welcome - a gathering for youth 13 years and older. Come have fun and meet other youth

KofC & CWL Information/News

KofC monthly meetings (Friendship Rm) 1st Tues - each month @7pm. Starting back up in September

KofC post secondary bursary: Applications are now available from Lloyd Babcock 250 579 8888

CWL monthly meetings (Friendship Rm) 2nd Tues - each month @7pm. Starting back up in September

CWL prayer line: To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or 250-579-5210

CWL 2019 Events Mark your Calendars:
National - Calgary - Aug 15-18 (Bus Available)

EMPLOYMENT - See all postings in foyer for FMI

SJV Secretary/Bookkeeper

Submit resume by July 15, to jvianney@telus.net or to office. Unfortunately Mikkie is moving.

Kamloops Diocese Financial Officer:

Submit resume to amuzzillo@smithgm.com no later than July 26

CATHOLIC SCHOOLS

OLPH - Kamloops

-.70 FTE Shared Classroom Teacher
FMI Christopher Yuen 250-376-2343 or christopher.yuen@olphschool.ca

St. Ann's Academy Kamloops

-0.4 FTE Advancement Officer
FMI Patrick Niwa 250-372-5452: pniwa@st-anns.ca.

St. James Catholic School, Vernon B.C.

-0.4 FTE - Music Teacher
-Teacher On Call
-Education Assistants On-Call
FMI Paul Rossetti: 250-542-4081:
mrrossetti@stjamesvernon.com

Sacred Heart, Williams Lake:

-0.1 FTE Kindergarten Grade 1-7
FMI Mrs. Shirley Giroux 250-398-7770
principal@sacredheartwl.com or call

St. Ann's Catholic School, Quesnel - 2019:

-1.0 FTE Learning Resource Teacher Sept. 1
-1.0 FTE Intermediate Multi-grade classroom teacher Sept. 1
-0.3 FTE Prep Relief Teacher with a background in music Sept 1
CEA's to fill a 3 hour/day position beginning Sept 4, special needs diploma or certificate valued.
FMI Tara Milley 250-992-6237 :
principal.stanns@shawcable.com

All schools & positions CISKD website www-ciskd.ca, submit electronically to Ms H. Paluk, superintendent@ciskd.ca or 250-376-3351

SJV VOLUNTEER POSITIONS:

Money Counters - needed by July 15!

If you love numbers and want to be part of a ministry please volunteer. Thank you to Monica and Dorothy who have done this ministry for many dedicated years. We would like 4 people to come forward.

Children's Liturgy - Coordinator needed. Please email office or call if interested. Call Kyley FMI on this role 250-299-3286

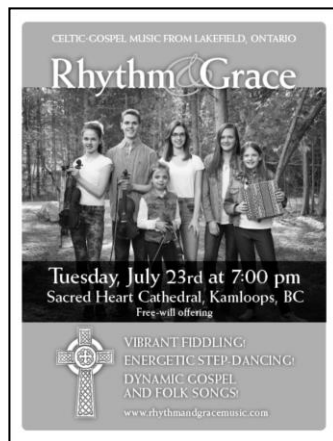
Holy Walkers! Kamloops' Please continue to record your walks and enter them in at following link. Please scroll down and when it says "Who did you walk with" choose "Other" then type in "Holy Walkers! Kamloops" Thanks to you all.

<https://www.devpo.org/en/education/fall2018/walk>

Beauty of Being Human: as Male and Female.

A teacher from St. Therese College in Bruno, SK is coming out to share with us the beauty of why God made us as male and female. This is the teaching of St. John Paul II who gave us the "Theology of the Body". As one author put it, "this teaching of the Theology of the Body is a Theological time-bomb ready to explode within the church at some point." All adults or mature teenagers are invited to this presentation by Jim Anderson on Thursday July 11. Mass will be at 6 pm, followed by a free dinner (pasta and salad) and talk in the downstairs hall of the Cathedral - finished around 8 pm.

Rhythm and Grace - Because He Loves Me Celtic-



and more. This event promises to be a life-giving experience for all ages. Free-will offering

Gospel Tour: Join us for a dynamic, musical, Faith-filled experience with Rhythm and Grace on July 23rd @7pm, Sacred Heart Cathedral Kamloops - the Duketow family is from Lakefield, Ontario, Canada. Miriam and Alex, with their 6 oldest children ages 7 to 17, will help us get our feet tapping and our hands clapping through harmonious song, energetic step-dancing, vibrant fiddling,

Inspiration & Instruction in the Sacred Liturgy: BC Sacred Music Symposium

August 2nd to 4th, 2019, Sts. Joachim & Ann Catholic Church. Keynote by Msgr. Andrew Wadsworth. Classes in Sacred Music for all levels register at bcsaredmusicsymposium.com

Cans For Cash

Take your empty bottles/cans to **General Grant's** at either of these depots...

- 963 Camosun Crescent (across from TRU)
- 611 Fortune Dr.

... and inform them that you wish to donate the proceeds from your returns to the Kamloops Pro-life Society. They have registered with both of these locations. Thank you for your support.

Weekly Environmental Tip - Gut down on Gas!

Especially in the Spring, Summer and Fall these are easiest months to incorporate walking and cycling. In the winter maybe it's taking advantage of car pooling or transit. This isn't ideal for everyone because of different circumstances, work, injury or health related problems. But outside of these parameters try challenge yourself to try make a tank of gas last a few days longer than normal by limiting use on weekends/days off or take transit/carpool. Not only will you help the environment you will save money and will get some additional exercise. The great thing about the exercise end of things it can help with some of those health related problems too.

MIKKIE'S CORNER - Health & Nutrition

Vegetarianism:

A couple weeks ago I stressed the importance of the 9 essential amino acids our bodies need and how important they are, especially if vegan, to make sure that you are getting them all in. Not only are the amino acids important there are also are certain vitamins and minerals that need special attention and can cause debilitating effects if not adequate;

Vit B12, Vit D, Iodine, Iron, Zinc, Calcium, EPA/DHA

...to be continued

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)