



ST. JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ, Assistant Pastor: Monsignor Jerry Desmond, Service Department: Deacon Eddie Lavoie

Mass Schedule: Sunday's 10:30am
Weekday Masses July 15 - July 18:
Mon -Thur Chapel @8:45am
Rest of week and following weeks TBA

2826 Bank Road : V2B 8E5 : 250-579-8711:
jvianney@telus.net stjohnvianneykamloops.ca :
Office hours 1:00pm - 4:00pm (Jul 15-17 M-W)
8:00am -12:00pm (Jul 18 -19 Th-F)

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

- Discipleship:** Lesley Boettger 250-579-8969
- Evangelization:** Therese Gobeil 250-579-2240
- Fellowship:** Marguerite Leblanc 250-579-9495
- Justice:** Lloyd Babcock 250-579-8888
- Worship: Extraordinary Ministers of Communion (EMC):** Carey Hackman 250-579-5210
- Service CWL/KofC:** Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532
- Children's Liturgy: TBA**
- Faith Formation:** Janice Inglis 250-578-7662
- Coffee Makers:** Clara & Ben Fouillard 250-376-6112
- Choir:** Pat Stodola 250-579-9560
senorfroggy@shaw.ca

For the following Ministries contact the office:


Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers) 250-579-8711 : jvianney@telus.net
☞ stjohnvianneykamloops.ca
other ministries: Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca|1-250-376-5118

HELPLINES

The Compassionate Community (CCC):
1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages:
Upcoming dates for next program Sept 27 - 29
 vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

- Fellowship Committee:** (Friendship Rm) TBA
- Justice Group:** (Friendship Rm/Rm 8) 4th Wed - each month @6:30-7:30pm

SJV UPDATES

Sunday Collection July 07, 2019:
Saint John Vianney
Envelopes: \$ 1,879.00 Loose: \$ 110.25
PAD Program: \$ 1,763.00 for month of July
(Pre authorised debit - Program) anyone can apply to do this - FMI contact the office.
Our Lady of Lourdes
Envelopes: \$ 160.00 Loose: \$ 64.20

Serra Club of Kamloops Diocese Adoration – for Vocations Weekly Holy Hour!

5PM 1st Wed each month-OLPH
7PM 2 Wed each month- Holy Family
7PM 3rd Wed each month - SJV
8PM 4th Wed each month-Sacred Heart



Benefits of Eucharistic Adoration! 22.
During our Holy Hour we lift up to the Eucharistic Heart of Jesus those souls in the most need of His mercy. ("Letters to a Brother Priest")

Day	Reading	Gospel
Monday	Exodus 1.8-14, 22 Ps 124.1-3, 4-6, 7-8 (R.8a)	Matthew 10.34 - 11.1
Tuesday	Exodus 2.1-15a Ps 69.2, 13, 29-30, 32-33 (R. see 32)	Matthew 11.20-24
Wednesday	Exodus 3.1-6, 9-12 Ps 103.1-2, 3-4, 6-7 (R.8a)	Matthew 11.25-27
Thursday	Exodus 3.13-20 Ps 105.1+5, 8-9, 24-25, 26-27 (R.8a)	Matthew 11.28-30
Friday	Exodus 11.10-12.14 Ps 116.12-13, 15-16, 17-18 (R.13)	Matthew 12.1-8
Saturday	Exodus 12.37-42 Ps 136.1+23-24, 10-12, 13-15 (R. God's love is everlasting)	Matthew 12.14-21

Countdown to 75th celebration weekend of our diocese – 334 Days to go! Saturday May 30, 2020.

Prayer Vigil
Prolife Kamloops are holding a 1- time summer, silent prayer vigil on Columbia St., on St. Ann's corner, immediately west of the hospital on **July 19**, from **10:30 - 11:30**. Their focus will be on prayers to end abortion, euthanasia, assisted suicide and on protection for those who are vulnerable. Look for their sign/banner. Any questions call... 778-220-5584

Mass and Celebration Day:
Our Lady of Mt. Carmel on Sunday July 21st, at 2:00 p.m. at the Monastery in Armstrong. Refreshments will follow and you are welcome to bring a dish to share. All are invited

KofC & CWL Information/News

KofC monthly meetings (Friendship Rm) 1st Tues - each month @7pm. Starting back up in September

KofC post secondary bursary: Applications are now available from Lloyd Babcock 250 579 8888

CWL monthly meetings (Friendship Rm) 2nd Tues - each month @7pm. Starting back up in September

CWL prayer line: To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or 250-579-5210

CWL 2019 Events Mark your Calendars:
National - Calgary - Aug 15-18 (Bus Available)

EMPLOYMENT - See all postings in foyer for FMI SJV Secretary/Bookkeeper

Submit resume by July 15, to jvianney@telus.net or to office. Unfortunately Mikkie is moving

Kamloops Diocese Financial Officer:

Submit resume to amuzzillo@smithgm.com no later than July 26

CATHOLIC SCHOOLS

OLPH - Kamloops

-.5 and .2 FTE Shared Classroom Teacher positions
-.8 FTE Elementary Learning Resource Coordinator
FMI Christopher Yuen 250-376-2343 or christopher.yuen@olphschool.ca

St. Ann's Academy Kamloops

-0.4 FTE Advancement Officer
FMI Patrick Niwa 250-372-5452: pniwa@st-anns.ca.

St. James Catholic School, Vernon B.C.

-0.4 FTE - Music Teacher
-Teacher On Call
-Education Assistants On-Call
FMI Paul Rossetti: 250-542-4081:
mrossetti@stjamesvernon.com

Sacred Heart, Williams Lake:

-0.1 FTE Kindergarten Grade 1-7
FMI Mrs. Shirley Giroux 250-398-7770
principal@sacredheartwl.com or call

St. Ann's Catholic School, Quesnel - 2019:

-1.0 FTE Learning Resource Teacher Sept. 1
-1.0 FTE Intermediate Multi-grade classroom teacher Sept. 1
-0.3 FTE Prep Relief Teacher with a background in music Sept 1
CEA's to fill a 3 hour/day position beginning Sept 4, special needs diploma or certificate valued.
FMI Tara Milley 250-992-6237 :
principal.stanns@shawcable.com

All schools & positions CISKD website www-ciskd.ca, submit electronically to Ms H. Paluk, superintendent@ciskd.ca or 250-376-3351

SJV VOLUNTEER POSITIONS:

Money Counters - needed by July 15!

If you love numbers and want to be part of a ministry please volunteer. Thank you to Monica and Dorothy who have done this ministry for many dedicated years. We would like 4 people to come forward.

Children's Liturgy - Coordinator needed. Please email office or call if interested. Call Kyley FMI on this role 250-299-3286

Holy Walkers! Kamloops' Please continue to record your walks and enter them in at following link. Please scroll down and when it says "Who did you walk with" choose "Other" then type in "Holy Walkers! Kamloops" Thanks to you all.

<https://www.devpo.org/en/education/fall2018/walk>

ALERT: Please note that there is an email scam circulating throughout our Diocese. THESE EMAILS ARE NOT FROM BISHOP JOSEPH, OUR PRIESTS OR SECRETARIES. This is an email scam that has been circulating in various forms for quite some time. This email should be disregarded and immediately deleted. DO NOT GIVE MONEY OR PURCHASE ANY GIFT CARDS. DO NOT REPLY TO THE EMAIL. If you have any doubt, please phone the person who the email appears to be from. In one of the scams, the scammer requests you purchase gift cards and contact them afterward. Once you contact them, they will ask for the PIN number on the card and this gives them access to the funds on the gift card. PLEASE DELETE THIS EMAIL - IT IS A HOAX

Rhythm and Grace – Because He Loves Me Celtic-

Gospel Tour: Join us for a dynamic, musical, Faith-filled experience with Rhythm and Grace on July 23rd at 7 pm – the Duketow family is from Lakefield, Ontario, Canada. Miriam and Alex, with their 6 oldest children ages 7 to 17, will help us get our feet tapping and our hands clapping through harmonious song, energetic step-dancing, vibrant fiddling, and more. This event promises to be a life-giving experience for all ages. Free-will offering



Inspiration & Instruction in the Sacred Liturgy: BC Sacred Music Symposium

August 2nd to 4th, 2019, Sts. Joachim & Ann Catholic Church, Aldergrove, BC. Keynote by Msgr. Andrew Wadsworth. Classes in Sacred Music for all levels register at bcsacredmusicsymposium.com

Cans For Cash

Take your empty bottles/cans to **General Grant's** at either of these depots...

- 963 Camosun Crescent (across from TRU)
- 611 Fortune Dr.

... and inform them that you wish to donate the proceeds from your returns to the Kamloops Pro-life Society. They have registered with both of these locations.

Weekly Environmental Tip - BEEaware!

Save the Bees. Unfortunately bees are starting to die off due to the use of pesticides and pollution. In parts of China the bees are sadly already gone. These little beasts are vital to pollinating the Earth's vibrant ecosystem, and are desperately needed. Do your part by buying Organic Honey (to support natural bee keeping practices), or donate to bee charities to help promote their wellbeing. Friends Of The Earth are currently offering a Bee Saver Kit, to help keep your garden/environment bee friendly. Fortunately with these kinds of efforts the bee population is starting to improve. Go to this link FMI:
<https://friendsoftheearth.uk/bees/gardening-bees>

MIKKIE'S CORNER - Health & Nutrition

Vegetarianism (*not wacky but can be, if done incorrectly*). Last week I listed some important vitamin and minerals that may need special attention if going vegetarian. Let's start with Vit B12. Absorbable Food sources of B12 in proper form are limited to animal foods. The reason it is not readily found in proper form in plant based foods is because it only produced by certain bacteria and archaea. It is synthesised in gut flora of humans and other animals, but humans cannot use and absorb what they makes because it is made in the colon away from small intestines where most nutrients get absorbed. This is why it is extremely important to get B12 in through diet or fortified B12 foods, or through supplementation and or injections. People with gastrointestinal disorders and the elderly should also be aware of B12 levels as gut flora may be compromised.

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)