



# ST. JOHN VIANNEY

## CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Todd Mtn. Rd

Pastor: Jesus Christ

A Christian Community in the Roman Catholic Tradition  
Assistant Pastor: Father Jaison Tellis OCD

Service Department: Deacon Eddie Lavoie

### Mass Schedule:

**Sunday's 10:30am**

### Weekday Masses

Chapel at 8:45am **NO MASS DEC 26**

**Sacrament of Reconciliation:** By appointment

### Office hours 9:00am - 1:00pm Tues to Fri

Visit: 2826 Bank Road V2B 8E5 or Call: 250-579-8711

Email: [jvianney@telus.net](mailto:jvianney@telus.net)

Website: [stjohnvianneykamloops.ca](http://stjohnvianneykamloops.ca)

### COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc 250-376-9429

Justice: Lloyd Babcock 250-579-8888

Worship: Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210

Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532

Children's Liturgy: Denise Upshaw & Hannah Donovan

Coffee Makers: Clara & Ben Fouillard 250-376-6112

Choir: Pat Stodola 250-579-9560

[senorfroggy@shaw.ca](mailto:senorfroggy@shaw.ca)

For the following Ministries contact the office:

*Eucharistic Minister/Greeter & Gift Bearer/Liturgy*

(readers) 250-579-8711 : [jvianney@telus.net](mailto:jvianney@telus.net)

☞ [stjohnvianneykamloops.ca](http://stjohnvianneykamloops.ca)

*other ministries:* Deacon Eddie : [eglavoie@gmail.com](mailto:eglavoie@gmail.com)

ASCEND Online - Catholic home school online

FMI/enrol: [admin@ascendonline.ca](mailto:admin@ascendonline.ca) | 1-250-376-5118

### HELPLINES

The Compassionate Community (CCC):

1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul:

250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages:



[vancouverbc@retrouvaille.org](mailto:vancouverbc@retrouvaille.org) or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

### WEEKLY/MONTHLY MEETINGS/EVENTS:

Bible Study w/Deacon Eddie - at 7pm (Chapel)....Everyone Welcome!

Justice Group: (Friendship Rm/Rm 8) at 6:30-7:30pm

KofC monthly meetings (Friendship Rm) 1st Tues - each month at 7pm.

CWL monthly meetings (Friendship Rm) 2nd Tues - each month at 7pm.

Children's Liturgy - Sundays during homily!

Faith Formation Monday at 6:30pm in Friendship Rm

### SJV UPDATES

Sunday Collection Dec 15, 2019:

#### **Saint John Vianney**

Envelopes: \$1402.00.00 Loose: \$27.00

FIA contributions to date: \$20,615.00

PAD Program: \$ 1,763.00 for month

(Pre authorized debit - Program) Anyone can apply to do this - FMI contact the office.

#### **Our Lady of Lourdes**

Envelopes: \$460.00. Loose: \$8.55

FIA contributions to date: \$4,060.00

#### **Faith in Action (FIA) Campaign 29.**

Thank you all who have participated so far! Help us reach our Goal!

SJV Goal - \$21,928.00 OLL Goal - 2,473.00



### Sun Peaks - Volunteers needed for driving!

Call/email office or signup in foyer.

Thank you! Mass will run every Saturday

evening from Dec 7, 2019 until April 4, 2020 at

4pm.

### Serra Club of Kamloops Diocese

Adoration - for Vocations Weekly Holy Hour!

5PM 1st Wed each month-OLPH

7PM 2 Wed each month- Holy Family

7PM 3rd Wed each month - St John Vianney

8PM 4th Wed each month-Sacred Heart



### Benefits of Eucharistic Adoration 45.)

*Restoration, sanctification, transformation, reparation and salvation are the graces being poured out graciously upon us with each Holy Hour we make." ("Letters to a Brother Priest")*

### Christmas Mass Schedule: Kamloops - St. John Vianney

**Dec 24:** 5:30pm (Christmas hymns and music begin at 4:45pm - please join);

**Dec 25:** 10:30am; **Jan 1:** 10:30am

**Heffley Creek - Lady of Lourdes Dec 24:** 8pm; **Jan 1:** 8:30am

**Sun Peaks - Delta Hotel Dec 24:** 4pm



### CHRITMAS OFFICE HOURS:

**Holiday Hours**  
Dec 23: 9 AM - 1 PM  
Dec 24-Jan 1: Closed  
Jan 2: 9 AM - 1 PM  
Jan 3: 9 AM - 1 PM

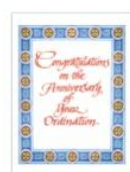
Countdown to the 75<sup>th</sup> celebration weekend of our Sat. May 30, 2020

**159 days**

diocese

### Words from our secondary patron, St. John Vianney:

"The blessed Virgin's life was full of sorrow...Every time her tender glance fell upon her Divine Son, she suffered...."



**Prayerful wishes** to Fr. Emmanuel Onumadu who celebrates his 16<sup>th</sup> Anniversary of Priestly Ordination on December 20<sup>th</sup> and to Fr. Ajin George who celebrates his 12<sup>th</sup> Anniversary of Priestly Ordination on December 27<sup>th</sup>!

St. Joseph's Christian Book, Gift and Church Supply Store Thanks you for your patronage



*Merry Christmas*  
& HAPPY NEW YEAR

St. Joseph's Store is **OPEN SUNDAY DECEMBER 22**, for your shopping convenience from 9:30 - 1 pm

Come in and pick up Christmas cards, ornaments, home decor, jewelry, giftware, books and more. Shop for last minute Christmas gifts or stocking stuffers.

Regular store hours are  
Monday - Friday 10 - 5 & Saturday 10-2  
Call 778-471-6100

### Mass Intentions Welcome!



Mass cards are available for the living and deceased and provide opportunities for prayerful remembrance of anniversaries, birthdays, and other special intentions. Those wishing to

honor a loved one during the celebration of Mass may pick up Mass cards at the parish office. For more information about scheduling a Mass Intention, please contact the office.

**On the fourth Sunday of Advent**, the final purple candle is lit to mark the final week of prayer and penance as we wait expectantly for the soon-

coming birth of the King of Kings. The **4th Sunday of Advent** symbolizes Peace with the "Angel's Candle" reminding us of the message of the angels: "Peace on Earth, Good Will Toward Men." © The Catholic Company. All rights reserved.



**NEW Great Little Coupon Book:** Food, Fun and Services for only \$10. Come to St. Joseph's Christian Book, Gift and Church Supplies 778-471-6100, or call Linda 250-851-8605. Fundraiser for Kamloops Pro Life Society! Great Stocking Stuffer too!!

### Diocese of Kamloops 75<sup>th</sup> Anniversary: MAY 30, 2020

At Thompson Rivers University Grand Hall. Mass at 1 pm; reception at 6 pm; and Gala Banquet at 7 pm, Banquet tickets (\$50 each) can now be purchased from: St. Joseph's Christian Book and Gift Store 778-471-6100, or Bianca Cinel - 250-374-7004.



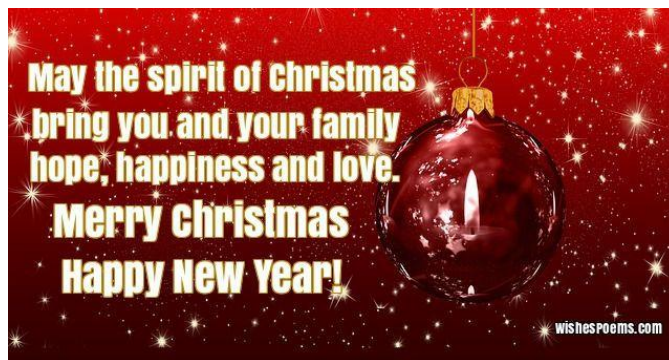
**Please join us at Sacred Heart Cathedral on January 4<sup>th</sup> at 7 pm as Bishop Joseph installs seminarian Dominic Rosario into the ministry of acolyte.** The General Instructions

of the Roman Missal (GRIM) says in paragraph 98. "The acolyte is instituted for service at the altar and to assist the Priest and Deacon. It is his place principally to prepare the altar and the sacred vessels and, if necessary, to distribute the Eucharist to the faithful as an extraordinary minister. In the ministry of the altar, the acolyte has his own proper functions (cf. nos. 187-193), which he must carry out in person." Following the Mass and installation we will have a social gathering in the parish Hall. All are welcome to attend. **Please continue to pray for Dominic as he continues throughout each stage of priestly formation**

### EMPLOYMENT - See all postings in foyer for FMI Catholic Schools

There are a number of positions available throughout our dioceses from Janitorial, Office Assistants, CEA's, TOC's, teachers....

Please go to the Careers tab on CISKD website [www.ciskd.ca](http://www.ciskd.ca), and if interested, submit electronically to Ms H. Paluk, [superintendent@ciskd.ca](mailto:superintendent@ciskd.ca) or 250-376-3351



**PAD PAYMENTS EFFECTIVE January 2020**, Parish PAD's will be processed on 7<sup>th</sup> of every month, instead of the first (1<sup>st</sup>) Thursday of the month. If it should land on the weekend it will be processed on the Monday following. Should you have any question or concerns please contact the parish as soon as possible.

**Tax Receipt 2019 reminder for parishioners: Faith in Action donations must be received by Tuesday, December 31** (before the banks close/or parish office closes). Donations may be mailed to the parish post marked no later than December 31 to be eligible for 2019 tax receipt. **All donations received after the noon on Tuesday, December 31, or are post marked later than December 31, will go toward 2020 Tax Receipt.**

### Weekly Environmental - A Quote to think about!

"You cannot get through a single day without having an impact on the world around you. What you do makes a difference and you have to decide what kind of a difference you want to make."—**Jane Goodall**

### MIKKIE'S CORNER - Health & Nutrition Tips to survive Christmas, Dr. Seuss style!

You might remember this from last year but good poem to follow to help you get through Christmas!

1. Christmas time is upon us, parties, family and friends all around us! To eat, drink and be merry is festive, but to avoid rounder hips listen to these great tips!
2. Don't debate the plate, trick the brain into thinking it's great! Fill a smaller plate, the brain won't know the difference and your stomach won't pass it's circumference
3. Choose your food wisely, a small portion of this and more of that, a bit of fat and a tad of that; will let you enjoy all there is by choosing to do this: Less potatoes, more veggies, half a bun, a fist full of turkey, a splat of cranberry, and a tip of gravy
4. When it comes to desserts, we want to eat all, but know it will hurt, with our stomachs bloated and waistline exploded. To enjoy every piece and to be sufficed, try this little bit of advice; half or a quarter is always more fun as each one can be tasted and not overdone.
5. To avoid acting dumb by drinking too much rum or whatever the drink, be sure to have a buffer, 1 cup of water in-between each drink
6. Don't forget to exercise your body, not only your jaw, as when you keep moving the appetite will fall. Less cravings of food, no bloating or aching, a surge of good energy to help you keep going.
7. Remember the reason for the season, Christmas is about worship and grace, family and friends at your place. The food and drink are there to have, but not to indulge and make your stomach bulge!

Wishing you all a very Merry Christmas and Happy New Year - Mikkie & family

**Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)**