



ST JOHN VIANNEY

CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

Pastor: Jesus Christ

A Christian Community in the Roman Catholic Tradition
Assistant Pastor: Father Jaison Tellis OCD

Service Department: Deacon Eddie Lavoie

Mass Schedule: Sunday's 10:30am
Weekday Masses:
Chapel at 8:45am
Sacrament of Reconciliation: By Appointment

Office hours 9:00am - 1:00pm Tues to Fri
Visit: 2826 Bank Road V2B 8E5 or Call: 250-579-8711
Email: jvianney@telus.net
Website: stjohnvianneykamloops.ca

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969
Evangelization: Therese Gobeil 250-579-2240
Fellowship: Marguerite Leblanc 250-376-9429
Justice: Lloyd Babcock 250-579-8888
Worship: Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210
Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532
Children's Liturgy: Denise Upshaw & Hannah Donovan
Coffee Makers: Clara & Ben Fouillard 250-376-6112
Choir: Pat Stodola 250-579-9560
senorfroggy@shaw.ca
For the following Ministries contact the office:
Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers) 250-579-8711 : jvianney@telus.net
✉ stjohnvianneykamloops.ca
other ministries: Deacon Eddie : eglavoie@gmail.com
ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

The Compassionate Community (CCC):
1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages:
vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

Justice Group: (Friendship Rm/Rm 8) at 6:30-7:30pm
KofC monthly meetings (Friendship Rm) 1st Tues - each month at 7pm.
CWL monthly meetings (Friendship Rm) 2nd Tues - each month at 7pm.
Children's Liturgy - Sundays during homily!
Faith Formation Monday, **Jan 6** and **Jan 13** at 6:30pm in Friendship Rm

Words from our secondary patron, St. John Vianney: "The Holy spirit wants to take us to Heaven; we have only to say "Yes," and to let him take us there."
- *Catechism Notes on Heaven (M.)*

SJV UPDATES

Sunday Collection Dec 29, 2019:

Saint John Vianney

Envelopes: \$1479.00 Loose: \$77.00
FIA contributions to date: \$21,165.00
PAD Program: \$ 1,763.00 for month
(Pre authorized debit - Program) Anyone can apply to do this - FMI contact the office.

Our Lady of Lourdes

Envelopes: \$179.00. Loose: \$76.00
FIA contributions to date: \$4,060.00 Goal Reached!!
Thank you!

Faith in Action (FIA) Campaign 29.

Thank you all who have participated so far! Help us reach our Goal!
SJV Goal - \$21,928.00 OLL Goal - 2,473.00

Sun Peaks - Volunteers needed for driving!

Call/email office or signup in foyer. Thank you! Mass will run every Saturday evening from Dec 7, 2019 until April 4, 2020 at 4pm.

Justice Committee invites you to Justice on Tap - Wednesday January 8 2020 at 6:00 pm, join us for an evening exploring "Justice in 2020". Please bring an appie to share and your favorite beverage.

Serra Club of Kamloops Diocese

Adoration - for Vocations Weekly Holy Hour!
5PM 1st Wed each month-OLPH
7PM 2 Wed each month- Holy Family
7PM 3rd Wed each month - St. John Vianney
8PM 4th Wed each month-Sacred Heart



Benefits of Eucharistic Adoration 47. *Eucharistic Adoration is the most necessary mission to the Church, which has even more need of prayerful souls than of powerful preachers or men of eloquence. (St. Peter Julian Eymard)*

Day	Reading	Gospel
Monday	1st: 1 John 3.22-4.6 Ps 2.7-8,10-11 (R.8a)	Matthew 4.12-17, 23-25
Tuesday	1 John 4.7-10 Ps 72.1-2,3-4ab,7-8 (R. see 11)	Mark 6.34-44
Wednesday	1 John 4.11-18 Ps 72.1-2,10-11,12-13, (R.11)	Mark 6.45-52
Thursday	1 John 4.19-5.4 Ps 72.12,14-15bc,17(R. see 11)	Luke 4.14-22a
Friday	1 John 5.5-13 Ps 147.12-13,14-15,19-20 (R.12a)	Luke 5.12-16
Saturday	1 John 5.14-21 Ps 149.1-2,3-4,5-6a+9b (R.4a)	John 3.22-30

Weekly Environmental - A Quote to think about!

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has". *Margaret Mead*

GOOD SHEPHERD TRAINING OPPORTUNITY

Catechesis of the Good Shepherd Formation Leaders, Debi Zeni and Caroline-Marie Petch, will be coming to Kamloops this **March 16-21, 2020** to provide training for the Level 1 for adults working with the 3-6 year old child in a parish or school setting.

The Catechesis of the Good Shepherd is a Christian religious formation for children starting at the age of 3. It seeks to nurture the children's relationship with God in a sacred space called an atrium; a place fashioned after a Montessori educational environment that includes 'hands-on' materials, in which both the children and their catechists can listen, ponder and celebrate the most profound mysteries of the Christian faith as revealed in Scripture and Liturgy. Founded in Rome by Sofia Cavalletti and Gianna Gobbi in 1954, the Catechesis has spread world-wide and is used by various Christian traditions to nurture the child's relationship with Jesus. The course is presented in the Roman Catholic tradition but includes awareness of material adaptations to the Anglican, Lutheran and Orthodox traditions. There are three levels of training for adults interested in the Catechesis of the Good Shepherd: Level 1 for children 3-6 years of age Level 2 for children 6-9 years of age Level 3 for children 9-12 years of age. Please see the attached brochure for more information. Financial Aid is available.

Faith, Hope and Love . . .

Are these present in your marriage? Have you given up hope that they can be?

In 1 Corinthians 13:13 Jesus tells us the greatest of these is Love. Living in a marriage that is missing love can be difficult. If you have given up hope that your marriage can and will get better, ask your spouse to consider attending a Retrouvaille program.

Retrouvaille is an international Christian-based ministry that offers a three-stage program to help couples improve their marriages. First, a weekend program is attended, followed by six post-weekend meetings. Finally, an on-going monthly small group of couples gather for support and growth. If improving your marriage is important to you, reach out today. For more information about an upcoming Retrouvaille Weekend program for couples, please call 604-530-6710, send an email to vancouverbc@retrouvaille.org, or visit our website: www.retrouvaillevancover.com

EMPLOYMENT - See all postings in foyer for FMI

Catholic Schools

There are a number of positions available throughout our dioceses from Janitorial, Office Assistants, CEA's, TOC's, teachers....

Please go to the Careers tab on CISKD website www.ciskd.ca, and if interested, submit electronically to Ms H. Paluk, superintendent@ciskd.ca or 250-376-3351

- St. Ann's Academy, Kamloops is seeking a qualified and experienced Secretary to support administration and staff with clerical and bookkeeping duties. This is a 0.6 – 0.8 FTE position with a flexible start date.
- St. Ann's Academy, Kamloops is seeking a full-time bus driver to commence immediately. While school is in session, this is generally a weekday position involving shift work, physical labour and the operation of a school bus. Some weekend work may be involved, on occasion.
- St. James Catholic School, Vernon is seeking multiple qualified candidates to join their team for the 2019/2020 school year as Education Assistants, with opportunities for casual hire. This career opportunity is an on-call position.
- St. James Catholic School, Vernon is seeking multiple qualified Teacher candidates to join their team as casual Teachers on Call, with opportunities for hire.



Diocese of Kamloops 75th Anniversary: MAY 30, 2020



At Thompson Rivers University Grand Hall. Mass at 1 pm; reception at 6 pm; and Gala Banquet at 7 pm, Banquet tickets (\$50 each) can now be purchased from: St. Joseph's Christian Book and Gift Store 778-471-6100, or Bianca Cinel - 250-374-7004.

Countdown to the 75th celebration weekend of our diocese
Sat. May 30, 2020

145 days



Prayerful wishes to Fr Swann Kim who celebrates his birthday on Saturday, January 4th, 2020!

SJV Friday night sports! -Will be returning with Badminton!! - FMI: Tammy Farrer tammyfarrer1@gmail.com



Mass Intentions Welcome!

Mass cards are available for the living and deceased and provide opportunities for prayerful remembrance of anniversaries, birthdays, and other special intentions. Those wishing to honor a loved one during the celebration of Mass may pick up Mass cards at the parish office. For more information about scheduling a Mass Intention, please contact the office.

PAD PAYMENTS EFFECTIVE January 2020, Parish PAD's will be processed on 7th of every month, instead of the first (1st) Thursday of the month. If it should land on the weekend it will be processed on the Monday following. Should you have any question or concerns please contact the parish as soon as possible.



Please Remember

- Do not use last year's collection envelopes in 2020. Your number may have changed. Also, if you have moved or changed your address, please contact the office to update your information. Thank you!

MIKKIE'S CORNER - Health & Nutrition

Did you know just 30 minutes of walking a day can make significant changes in Blood Pressure, Cholesterol, Heart Rate...along with a variety of other benefits. Last week I wrote about not setting too high expectations and to start out slowly. Well I have an easy challenge for those that are just starting out or coming back to exercise. I want you to commit to a 6 week challenge not on the scale but on your insides! Here is the challenge:

- 1) Take what you can measure Blood Pressure (BP) & Pulse - any local drug store usually has a machine.
- 2) Walk 30 minutes a day everyday try to make it a brisk walk, if too slippery outside march on the spot at home. Guide you intensity on how hot you get if you have couple layers on that top layer should feel warm enough to take off.
- 3) Then 6 weeks later take BP & Pulse again. The benefits we don't see can actually be the most crucial and life saving.

Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)