



# ST. JOHN VIANNEY CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ

Assistant Pastor: Father Jaison Tellis OCD

Service Department: Deacon Eddie Lavoie

**Mass Schedule:** Sunday's 10:30am  
**Weekday Masses:** Mon, Wed, Thurs, Fri Chapel at 8:45am No Mass Tues 28th  
**Sacrament of Reconciliation:** By Appointment

**Office hours** 9:00am - 1:00pm Tues to Fri  
Visit: 2826 Bank Road V2B 8E5 or Call: 250-579-8711  
Email: jvianney@telus.net  
Website: stjohnvianneykamloops.ca

### COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

- Discipleship: Lesley Boettger 250-579-8969
- Evangelization: Therese Gobeil 250-579-2240
- Fellowship: Marguerite Leblanc 250-376-9429
- Justice: Lloyd Babcock 250-579-8888
- Worship: Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210
- Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532
- Children's Liturgy: Denise Upshaw & Hannah Donovan
- Coffee Makers: Clara & Ben Fouillard 250-376-6112

Choir: Pat Stodola 250-579-9560

senorfroggy@shaw.ca

For the following Ministries contact the office:

*Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers)* 250-579-8711 : jvianney@telus.net

✉ stjohnvianneykamloops.ca

*other ministries:* Deacon Eddie : eglavoie@gmail.com

ASCEND Online - Catholic home school online

FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

### HELPLINES

The Compassionate Community (CCC): 1-855-675-8749 a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul: 250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages: vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

### WEEKLY/MONTHLY MEETINGS/EVENTS:

Justice Group: (Friendship Rm/Rm 8) at 6:30-7:30pm

KofC monthly meetings (Friendship Rm) 1st Tues - each month at 7pm.

CWL monthly meetings (Friendship Rm) 2nd Tues - each month at 7pm.

Children's Liturgy - Sundays during homily!

Faith Formation Monday at 6:30pm in Friendship Rm

**Words from our secondary patron, St. John Vianney:** "God will forgive those who have forgiven: that is the law."

**Society of Saint Vincent de Paul:** We are very much in need of long johns or sweatpants - anything that could be used as a layer under jeans - for men or women. Also, we need winter boots - mostly for men. Thank you for your ongoing generosity.

**CPPS Mission Tanzania Water projects 2020**

### SJV UPDATES

Sunday Collection Jan 19, 2019:

#### **Saint John Vianney**

Envelopes: \$1,878.00 Loose: \$79.25

PAD Program: \$ 1,763.00 for month

(Pre authorized debit - Program) Anyone can apply to do this - FMI contact the office.

#### **Our Lady of Lourdes**

Envelopes: \$290.00. Loose: \$55.00



#### **Faith in Action (FIA) Campaign 29.**

Thank you all who have participated so far! Help us reach our Goal!

SJV Goal - \$21,928.00 OLL Goal - \$2,473.00

Total to date - \$21,615.00 Total to date - \$4,060.00

**Left to go \$313.00** Over Assessment - \$1,157.00

**Sun Peaks** - Mass will run every Saturday evening from Dec 7, 2019 until April 4, 2020 at 4pm.

### Serra Club of Kamloops Diocese

Adoration - for Vocations Weekly Holy Hour!

5PM 1st Wed each month-OLPH

7PM 2 Wed each month- Holy Family

7PM 3rd Wed each month - St. John Vianney

8PM 4th Wed each month-Sacred Heart



**Benefits of Eucharistic Adoration 50.** "We represent those in the world who do not know Jesus during our Holy Hour of Adoration". (St. John Paul II)

Day	Reading	Gospel
Monday	2 Samuel 5.1-7,10 Ps 89.19, 20-21, 24-24 (R.24a)	Mark 3.22-30
Tuesday	2 Samuel 6.12b-15, 17-19 Ps 24.7,8,9,10(R.8a)	Mark 3.31-35
Wednesday	2 Samuel 7.1-17++ Ps 89.3-4,26-27,28-29 (R.28)	Mark 4.1-20
Thursday	2 Samuel 7.18-19,24-29 Ps 132.1-2,3-5,11,12,13-14 (R.LK 1.32b)	Mark 4.21-25
Friday	2 Samuel 11.1-4a,5-10a,13-17 Ps 51.1-2,3-4a4bc-5,8-9 (R.1a+4a)	Mark 4.26-34
Saturday	2 Samuel 12.1-7a,10-17 Ps 51.10-11,12-13,14-15(R. 10a)	Mark 4.35-41

**Prayerful wishes to Deacon Eddie Lavoie who celebrated his birthday on January 23rd!**

### Weekly Environmental - A Quote to think about!

"Keep close to Nature's heart... and break clear away, once in awhile, and climb a mountain or spend a week in the woods. Wash your spirit clean". John Muir



Prayer line: To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or

**Fundraising Dinner** Saturday February 29 2020  
Colombo Lodge, dinner, dancing and silent auction  
Tickets are \$80/ea with a \$35 tax receipt  
For tickets contact Anna or Lloyd Babcock 250-579-8888

**GOOD SHEPHERD TRAINING OPPORTUNITY**  
Catechesis of the Good Shepherd Formation Leaders, Debi Zeni and Caroline-Marie Petch, will be coming to Kamloops this **March 16-21, 2020** to provide training for the Level 1 for adults working with the 3-6 year old child in a parish or school setting. **For More Information Contact** Susan Berdusco 250-299-4539 susankberdusco@gmail.com

**SAA GRADE 8 & NEW STUDENT INFORMATION NIGHT** - You are invited to attend a presentation highlighting the programs offered at St. Ann's Academy for Grades 8-12 (high school). Information will be shared regarding high school courses, extra-curricular options, athletics, fine arts and electives. If your child will be entering Grade 8 or any other high school grade in September 2020, please join us to learn more about what St. Ann's academy has to offer.

**OLPH PSG 2020 Raffle Ticket Fundraiser**  
Ticket sales have begun and will continue until Thursday, March 12th. The Main Draw date is Thursday, March 12th at 1:30 pm at the school. By purchasing a ticket, you will be eligible to win the following prizes:  
1st Prize: \$2000.00 Sun Peaks Package includes (\$1000 Sun Peaks Grand, \$500 Sun Peaks Resort and \$500 Visa Card; 2nd Prize: \$1500 Art Knapps Kamloops; 3rd Prize: \$500.00 Aberdeen Mall Gift Card; 4th Prize: \$450.00 Evening Out Package includes (\$250 Kamloops Live Certificate, \$100 Bold Pizzeria Gift Card and a \$100 Mittz Kitchen Gift Card). The cost per ticket is \$5.00.

#### **EMPLOYMENT - See all postings in foyer for FMI Catholic Schools**

There are a number of positions available throughout our dioceses from Janitorial, Office Assistants, CEA's, TOC's, teachers....

Please go to the Careers tab on CISKD website [www.ciskd.ca](http://www.ciskd.ca), and if interested, submit electronically to Ms H. Paluk, [superintendent@ciskd.ca](mailto:superintendent@ciskd.ca) or 250-376-3351

- St. Ann's Academy, Kamloops is seeking a qualified and experienced Secretary to support administration and staff with clerical and bookkeeping duties. This is a 0.6 – 0.8 FTE position with a flexible start date.
- St. Ann's Academy, Kamloops is seeking a full-time bus driver to commence immediately. While school is in session, this is generally a weekday position involving shift work, physical labour and the operation of a school bus. Some weekend work may be involved, on occasion.
- St. James Catholic School, Vernon is seeking multiple qualified candidates to join their team for the 2019/2020 school year as Education Assistants, with opportunities for casual hire. This career opportunity is an on-call position.
- St. James Catholic School, Vernon is seeking multiple qualified Teacher candidates to join their team as casual Teachers on Call, with opportunities for hire.
- St. James Catholic School is seeking a qualified Teacher candidate to join our team commencing January 20, 2020 until June 30, 2020. This is a 0.6 FTE position covering a Maternity Leave that is currently anticipated to end January, 2021, though may be extended.

250-579-5210

**DIOCESE OF KAMLOOPS 75TH ANNIVERSARY: MAY 30, 2020** at Thompson Rivers University Grand Hall. Mass at 1 pm; reception at 6 pm; and Gala Banquet at 7 pm, **Ticket presales at St. Joseph's Bookstore have concluded. Additional tickets may be available after April 1st.** To place your name on a wait list, please contact Dianne Barker at 250-819-2875 or email [dibarker@telus.net](mailto:dibarker@telus.net), or contact your parish/mission contact person. The banquet are \$50 each and Lesley has 11 tickets left to sell for St. John Vianney. They will be available to purchase after mass on Feb. 2.

Countdown to the 75<sup>th</sup> celebration weekend of our diocese  
Sat. May 30, 2020



#### **75<sup>th</sup> Anniversary of the Diocese of Kamloops Call out for Singers/Musicians**



Please consider being a part of this fantastic celebration by expressing your interest in being a part of our "Anniversary Mass Choir". We are looking for male and female singers in all ranges of voice, and for Guitar, bass, keyboard and drum players. It is expected that instrumentalist are proficient on their instrument. The Mass takes place on the afternoon of May 30<sup>th</sup>. I will send out digital copies of the music that will be performed in both, written and audio forms, by the middle of February for you to learn/get familiar with. There will be a few scheduled rehearsals, prior to the event, but those who are out of town are NOT expected to attend all the rehearsals, on the premise that you have learned your parts well before hand. If you would like to be a part of this exciting celebration, please email by February 10<sup>th</sup> to [tonycuzz@telus.net](mailto:tonycuzz@telus.net)

#### **Kindergarten Registration for 2020-2021 at OLPH**

We are now accepting registration for Kindergarten for September 2020. For those interested in registering your child for our Kindergarten program please contact the school office at 250-376-2343 for more information.

#### **MIKKIE'S CORNER - Health & Nutrition**

What can 30 seconds every 30 minutes do for your health? (part 1)  
Did you know that sitting is the new smoking and now causes as many deaths? It can bear some of the same chronic diseases as well as others; heart disease, diabetes, stroke, high cholesterol, obesity or weight gain, varicose veins, blood clots, certain cancers as endometrial or lung cancer, dementia, depression and for older women higher chance of breast cancer and weak bones. An interesting and very important note is that sitting more than 4 hours a day can cause these undesirable affects regardless of your level of activity! Keep working out! I am not telling you to give up your workouts by no means, as this adds to your prevention of getting all these diseases and other huge benefits which I will touch on in another corner. So don't fret as there are many easy ways to combat this in your everyday life. Health Canada has made recommendations with regards to smoking and now for prolonged sitting. Individuals are encouraged to get up more often with every half hour being optimal and for employers to follow suit with their employees as there are benefits to their bottom line. More on how to do this next week's corner

*Mikkie Nettles, CHN/PT (Certified Holistic Nutritionist/Personal Trainer)*