



ST. JOHN VIANNEY

CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ

Assistant Pastor: Father Jaison Tellis OCD

Service Department: Deacon Eddie Lavoie

Mass Schedule: Sundays 10:30am
Weekday Masses (Tuesday to Friday): 8:00am

Sacrament of Reconciliation: By Appointment

Office hours: 9:00am - 1:00pm Tues to Fri
Visit: 2826 Bank Road V2B 8E5 or Call: 250-579-8711
Email: jvianney@telus.net
Website: stjohnvianneykamloops.ca

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

Discipleship: Lesley Boettger 250-579-8969

Evangelization: Therese Gobeil 250-579-2240

Fellowship: Marguerite Leblanc 250-376-9429

Justice: Lloyd Babcock 250-579-8888

Worship: Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210

Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532

Children's Liturgy: Denise Upshaw & Hannah Donovan

Coffee Makers: Clara & Ben Fouillard 250-376-6112

Choir: Pat Stodola 250-579-9560
senorfroggy@shaw.ca

For the following Ministries contact the office:

Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers): 250-579-8711 or jvianney@telus.net

stjohnvianneykamloops.ca

other ministries: Deacon Eddie: eglavoie@gmail.com

ASCEND Online - Catholic home school online

FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

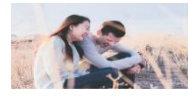
The Compassionate Community (CCC):

1-855-675-8749 is a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul:

250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages:

 vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

Justice Group: (Friendship Rm/Rm 8) 4th Wed - each month at 7 pm

KofC monthly meetings: (Friendship Rm) 1st Tues - each month at 7pm.

CWL monthly meetings: (Friendship Rm) 2nd Tues - each month at 7pm.

Children's Liturgy: Sundays during homily!

Faith Formation: (Friendship Rm) Monday at 6:30pm

Volunteers Needed



Please help us to disinfect the church shortly after mass. Your help is greatly appreciated.

Saint John Vianney - Collections

Sunday Collection August 2 - August 16:

Envelopes: \$ 3,032.00 Loose: \$ 10.00

PAD Program: \$ 2,268.00

(Pre authorized debit - Program) anyone can apply to do this - FMI contact the office.

Our Lady of Lourdes

Envelopes: \$ 270.00 Loose: \$ 20.00

Words from our secondary patron, St. John Vianney:

"The more we know of men, the less we love them. It is the contrary with God; the more we know of him, the more we love him."

SERRA CLUB of KAMLOOPS DIOCESE

Benefits of Eucharistic Adoration! #81

5PM 1st Wed each month-OLPH

7PM 2nd Fri each month- Holy Family

7PM 3rd Wed each month - St. John

Vianney (Suspended until further notice)

8PM 4th Wed each month-Sacred Heart



Benefits of Eucharistic Adoration 81:

Let us take time, in the course of the week, in passing, to go in and spend a moment with the Lord who is so near. (Pope Benedict XVI)

For more information about the Serra Club of Canada please visit the website at <http://serracanada.com/>

Day	Reading	Gospel
Monday	1 Corinthians 2.1-5 Ps 119.97-98, 99-100, 101-102 (R. 97a)	Luke 4.16-30
Tuesday	1 Corinthians 2.10b-16 Ps 145.8-9, 10-11, 12-13ab, 13cd-14 (R. 17a)	Luke 4.31-37
Wednesday	1 Corinthians 3.1-9 Ps 33.12-13, 14-15, 20-21 (R. 12b)	Luke 4.38-44
Thursday	1 Corinthians 3.18-23 Ps 24.1-2, 3-4ab, 5-6 (R. 1a)	Luke 5.1-11
Friday	1 Corinthians 4.1-5 Ps 37.3-4, 5-6, 27-28, 39-40 (R. 39)	Luke 5.33-39
Saturday	1 Corinthians 4.6-15 Ps 145.17-18, 19-20, 21 (R. 18a)	Luke 6.1-5

Prayerful wishes to **Bishop Joseph Nguyen** who celebrated his 4th anniversary of Episcopal Ordination and Installation on August 25th, to **Fr. Bob Haggarty**, OMI who celebrated his 49th anniversary of Priestly Ordination on August 14th and his 82nd birthday on August 27th, **Fr. Vernantius** who celebrated his 26th anniversary of Priestly Ordination on August 27th, **Fr. Dale Normandeau** who celebrated his birthday on August 29th, and to **Fr. Peter Altamirano**, OMI who celebrates his birthday on August 31st!

Weekly Environmental - A Quote to think about!

"The good man is the friend of all living things." — **Gandhi**

EMPLOYMENT

The Roman Catholic Diocese of Kamloops Career Opportunities

**Catholic Independent School Kamloops Diocese
Current Job Postings can be found at
www.CISKD.ca under the CAREERS tab:
<https://ciskd.ca/current-postings/>**

- OLPH School is seeking a skilled, qualified candidate to join our team as a 0.75 FTE (30 hours/week) Canteen Manager commencing September 1, 2020, for the 2020 - 2021 school year.
- ASCEND is seeking a qualified BC certified teacher as a High School Humanities Teacher, effective September 1, 2020 through to June 30, 2021. This position is an independent contractor position.
- Sacred Heart Catholic School in Williams Lake is seeking a talented, qualified CEA to serve student needs in various grade levels and abilities, supporting students with ASD, for a 0.69 FTE position (27.5 hours per week), commencing September 1, 2020.
- St. Ann's Academy in Kamloops is seeking a dynamic, skilled and qualified candidate to join our team as a 0.5 FTE Vice-principal who will share classroom responsibilities with a 0.5 FTE Grade 2 or Grade 5 teacher. The position officially begins August 1st, 2020, for the 2020-2021 school year, with the first formal date in office as August 17, 2020
- ASCEND is seeking a qualified BC certified teacher as a Special Education Caseload Manager and Contact Teacher effective September 1, 2020 through to June 30, 2021. This position is an independent contractor position.

ST JOSEPH BOOKSTORE NEWS

St. Joseph's Bookstore welcomes back their customers! Their new hours are: Tuesday to Friday from 10 am – 2 pm. You can contact them at 778-471-6100. Check St. Joseph's for First Holy Communion, Confirmation, Baptism and Graduation gifts.

MIKKIE'S CORNER - Health and Nutrition

Puffiness, bloating, edema = water retention – HYDRATION

... continued from last week

Signs of dehydration:

- puffiness, dark yellow and thick urine
- dry mouth, dry skin
- dizziness, headache
- thirst, or thirst not being quenched.
- Sweet food cravings - the reason for this is that when the body is dehydrated it can't absorb nutrients properly. The liver needs water to release energy, so the body responds by looking for a quick energy source – glucose (sugar), hence = the sweet cravings.

The 3 main electrolytes that have to do with fluid balance are sodium, chloride (often found together as table salt) and potassium. These are the main ones you will find in supplementation or sports drinks. The added salt and sugar in these drinks are because sodium requires glucose to be absorbed, which takes place in the colon, resulting in water reabsorption. Reabsorption is important otherwise mass amounts of water would be lost in the feces causing dangerous dehydration and diarrhea. Potassium on the other hand, does the opposite, by letting water go, keeping this important balance.

... to be continued



Please pray for our catechists **Tanis Frangiadakis, Payton Marchand, and Kasen Cooper**. On September 5th at 4 p.m. they will be receiving the sacrament of Confirmation at St John Vianney. This mass is to be celebrated by family only. May the Lord bless you with His guidance from this day forward!

SECOND COLLECTION

Parishioners who wish to contribute to: the Church in the Holy Land, the Needs of the Church in Canada, the Popes Pastoral Works, and World Mission Sunday (originally scheduled for October 25) are encouraged to bring their envelopes for these important works of the Church to the **October 18, 2020** mass.

WELCOME

Fr. Thomas A. Arackal is a priest from Kerala, India. In 2013 he came to the Archdiocese of Vancouver and has been the pastor of St. Joseph's Parish in Port Moody for the last five years. Now he is at the Sacred Heart Cathedral appointed as the Parochial Vicar for the time-being. He enjoys the assignment he has received from His Excellency, Bishop Joseph, and is grateful to Fr. Derrick Cameron and the parishioners of the Cathedral for the warm welcome he has received. Welcome, Fr. Arackal!

Notice: Due to Covid-19 protocols and other circumstances beyond our control, Mass at St. Joseph's church on Chilcotin Road in Kamloops on the First Sunday of the Month will be suspended until further notice.

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass. As of present, some of our Diocesan priests still have online Masses that they are celebrating available through social media. Please check our website at <https://www.rcdk.org/pages/covid-19-streaming-masses>

PLEASE NOTE

Please register for Sunday mass during office hours. If you've previously registered and are unable to attend, inform the office through email or phone call so that others may get a place. Thank you for your co-operation. God Bless and stay safe.



Prayer line: To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or 250-579-5210

Choose Life Kamloops (40 Days for Life) begins September 23 and ends November 1. We will begin with a prayer vigil on Tuesday Sept 22nd at 7 pm at the Cathedral. This is an invitation for every parish to participate in prayer and fasting so that the entire Body of Christ can unite around a common focus to protect the inherent dignity of all life.

Kamloops parishes will continue to hold their public presence outside Sacred Heart Cathedral on 3rd Avenue from 4:00pm to 6:00pm daily and this year we invite all parishes to join us wherever you are and whenever you are able to pray to an end to the culture of death in our country and world.

We will unveil the Facebook page September 1 to encourage everyone to start preparing for the 40 days for Life time of prayer. Please email chooselifekamloops@gmail.com for further information.



Knights of Columbus: Free 1 Year On-Line Membership

From now until August 31st, the Knights of Columbus is offering 1 Year free on-line Membership to new members. The Knights of Columbus will pay your first-year membership dues. All you need to do is simply visit kofc.org/joinus and enter the code **MCGIVNEY2020** to take advantage of this special offer.