



ST. JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

Pastor: Jesus Christ

A Christian Community in the Roman Catholic Tradition

Assistant Pastor: Father Jaison Tellis OCD

Mass Schedule: Sundays 10:30am
Weekday Masses (Tuesday to Friday): 8:00am

Sacrament of Reconciliation: By Appointment

Office hours: 9:00am - 1:00pm Tues to Fri
Visit: 2826 Bank Road V2B 8E5 or Call: 250-579-8711
Email: jvianney@telus.net
Website: stjohnvianneykamloops.ca

COMMITTEES-MINISTRIES-CONTACTS

If interested in any of the ministries, please contact person listed or call/email office!

- Discipleship: Lesley Boettger 250-579-8969
- Evangelization: Therese Gobeil 250-579-2240
- Fellowship: Marguerite Leblanc 250-376-9429
- Justice: Lloyd Babcock 250-579-8888
- Worship: Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210
- Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532
- Children's Liturgy: Denise Upshaw & Hannah Donovan
- Coffee Makers: Clara & Ben Fouillard 250-376-6112
- Choir: Pat Stodola 250-579-9560 senorfroggy@shaw.ca

For the following Ministries contact the office:

Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers): 250-579-8711 or jvianney@telus.net
stjohnvianneykamloops.ca
other ministries: Deacon Eddie: eglavoie@gmail.com

ASCEND Online - Catholic home school online
FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

HELPLINES

The Compassionate Community (CCC): 1-855-675-8749 is a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul: 250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages: vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

WEEKLY/MONTHLY MEETINGS/EVENTS:

- Justice Group: (Friendship Rm/Rm 8) 4th Wed - each month at 7 pm
- KofC monthly meetings: (Friendship Rm) 1st Tues - each month at 7pm.
- CWL monthly meetings: (Friendship Rm) 2nd Tues - each month at 7pm.
- Children's Liturgy: Sundays during homily!
- Faith Formation: (Friendship Rm) Monday at 6:30pm

Volunteers Needed



Please help us to disinfect the church shortly after mass. We are also looking for volunteers for the sign in table. Your help is greatly appreciated!

Saint John Vianney – Collections

Sunday Collection September 6 - September 13:
Envelopes: \$ 2,654.00 Loose: \$ 5.00
PAD Program: \$ 2,268.00
(Pre authorized debit - Program) anyone can apply to do this - FMI contact the office.

Our Lady of Lourdes

Envelopes: \$ 375.00 Loose: \$ 0.00

Words from our secondary patron, St. John Vianney:

"When the heart is pure, it cannot help loving, because it has found the source of love, which is God himself."

SERRA CLUB of KAMLOOPS DIOCESE

Benefits of Eucharistic Adoration! #84

- 5PM 1st Wed each month-OLPH
- 7PM 2nd Fri each month- Holy Family
- 7PM 3rd Wed each month - St. John Vianney (Suspended until further notice)
- 8PM 4th Wed each month-Sacred Heart



Benefits of Eucharistic Adoration 84:

The worship paid to the Eucharist strongly impels the soul to cultivate a "social" love, by which the common good is given preference over the good of the individual. (Pope Paul VI)

For more information about the Serra Club of Canada please visit the website at <http://serracanada.com/>

Day	Reading	Gospel
Monday	Ephesians 4.1-7, 11-13 Ps 19.1-2, 3-4ab (R. 4a)	Matthew 9.9-13
Tuesday	Proverbs 21.1-6, 10-13 Ps 119.1+27, 30+34, 35+44 (R. 35a)	Luke 8.19-21
Wednesday	Proverbs 30.5-9 Ps 119.29+72, 89+101, 104+163 (R. 105a)	Luke 9.1-6
Thursday	Ecclesiastes 1.2-11 Ps 90.3-4, 5-6, 12-13, 14+17 (R. 1)	Luke 9.7-9
Friday	Ecclesiastes 3.1-11 Ps 144.1a+2abc, 3-4, 9+15b (R. 1a)++	Luke 9.18-22
Saturday	Revelation 7.9-17 Ps 124.2-3, 4-5, 7b-8 (R. 7a)	Luke 9.23-26

Weekly Environmental - A Quote to think about!

"What we are doing to the forests of the world is but a mirror reflection of what we are doing to ourselves and to one another." — **Chris Maser**, Forest Primeval: The Natural History of an Ancient Forest

PLEASE NOTE

As there is a **50 person limit** in place, please **register for Sunday mass** during office hours. If you've previously registered and are unable to attend, inform the office through email or phone call so that others may get a place. Any remaining seats for those not registered will be on a first come, first serve basis.

EMPLOYMENT

The Roman Catholic Diocese of Kamloops Career Opportunities

**Catholic Independent School Kamloops Diocese
Current Job Postings can be found at
www.CISKD.ca under the CAREERS tab:
<https://ciskd.ca/current-postings/>**

- Sacred Heart Catholic School in Williams Lake is seeking a talented, qualified CEA to serve student needs in various grade levels and abilities, supporting students with ASD, for a 0.69 FTE position (27.5 hours per week), commencing September 1, 2020.
- ASCEND is seeking a qualified BC certified teacher as a Special Education Caseload Manager and Contact Teacher effective September 1, 2020 through to June 30, 2021. This position is an independent contractor position.

CWL BURSARY INFORMATION The CWL is moving forward with their school bursaries for 2020/2021. If you are a CWL member, have a child or young adult graduating from OLPH and moving on to Saint Ann's or to a post secondary education, and would like to apply for one of two bursaries, please send your information to sherrymakarra@gmail.com by **October 15 2020** so you can receive an application.



Prayer line: To add prayer requisitions, contact Carey Hackman: telyhack@telus.net or 250-579-5210

Choose Life Kamloops (40 Days for Life) begins September 23 and ends November 1. We will begin with a prayer vigil on **Tuesday Sept 22nd at 7 pm** at the Cathedral with special guest speaker Arlene Costa from the Rachel's Vineyard - Kamloops Team. Please **register to attend** this prayer vigil in person at Sacred Heart Cathedral by phoning 250 372 2581. There is a max. of 50 people in attendance. You may also join us through live stream at <https://www.facebook.com/Choose-Life-Kamloops-1776616792609982/>.

This is an invitation for every parish to participate in prayer and fasting so that the entire Body of Christ can unite around a common focus to protect the inherent dignity of all life.



Kamloops parishes will continue to hold their public presence outside Sacred Heart Cathedral on 3rd Avenue from 4:00pm to 6:00pm daily and this year we invite all parishes to join us wherever you are and whenever you are able to pray for an end to the culture of death in our country and world. Please email chooselife.kamloops@gmail.com for further information.

On Sunday **October 4, 2-3 pm**, please join us through prayer and signage and stand along **Columbia St.** witnessing against abortion, euthanasia, and assisted suicide by holding a pro-life sign in silent prayer. Pick up your sign at Sacred Heart (corner of Nicola & 3rd), or First Baptist (454 Columbia). Covid restrictions will apply re: masks, hand sanitizer and distancing.

The **Kamloops Pro-Life Society** is once again selling the **Great Little Coupon Book** for \$10. The book offers a myriad of 2-for-1 coupons that can be used at restaurants and entertainment establishments throughout Kamloops. To buy a book, visit St. Joseph's Bookstore located downtown at 256 Nicola St. For more information, call 778-471-6100.

FAITH IN ACTION CAMPAIGN 30

This weekend we saw a video explaining the Diocesan Objectives for Faith in Action Campaign 30 along with hearing about our local parish project chosen to be connected with the campaign. For those unable to attend church, you can also view the video on the website: www.rcdk.org. It is important for all of us to be open to the needs of the local Church of the Diocese and our parish community. Next week, we will hear a personal message on the importance of supporting Faith in Action.

FAITH FORMATION

If you have children and would like them to attend Catechism classes for the 2020/2021 year, please contact us at the office and let us know.

Due to Covid-19 protocols and other circumstances beyond our control, Mass at **St. Joseph's church** on Chilcotin Road in Kamloops on the First Sunday of the Month will be **suspended** until further notice.

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass. As of present, some of our Diocesan priests still have online Masses that they are celebrating available through social media. Please check our website at <https://www.rcdk.org/pages/covid-19-streaming-masses>

SECOND COLLECTION

Parishioners who wish to contribute to: the Church in the Holy Land, the Needs of the Church in Canada, the Popes Pastoral Works, and World Mission Sunday (originally scheduled for October 25) are encouraged to bring their envelopes for these important works of the Church to the **October 18, 2020** mass.

The **Knights of Columbus** are happy to announce that they have teamed up with the Archdiocese of Vancouver to sponsor the **2020 Virtual Men's Retreat.**

Sword & Shield

We are all called to lead in our faith, and we all face our own challenges. Share some time with men who have set out on this journey, and hear how they have answered the call.

Special guest speaker: Brett Powell
Archbishop's Delegate for Development & Ministries
October 3rd, 12pm to 5pm

Please register by September 30. Register through email at 2020.sword.shield@gmail.com

MIKKIE'S CORNER - Health and Nutrition

... continued from last week

Metabolism

Here are 9 top tips for maximizing your metabolism.

2) EAT VITAMIN RICH FOODS - Your body relies on vitamins and minerals to perform a number of essential functions. If you become deficient in any of the thirteen vitamins you may not be able to perform some of these functions properly which can have a negative impact on your BMR. There are lots of vitamin rich foods including fruits, vegetables, eggs, liver and nuts. To maximise your metabolism, you need to make sure you are getting the recommended daily allowance (RDA) for all your vitamins from the foods you eat. It will keep your BMR at its optimal level and also promote good overall health. However, like with fibre you need to make sure you don't overdose. Getting too many vitamins has a number of adverse effects including cell and organ damage.

... to be continued next week