



# ST. JOHN VIANNEY CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Todd Mtn. Rd

Pastor: Jesus Christ

A Christian Community in the Roman Catholic Tradition

Assistant Pastor: Father Jaison Tellis OCD

**Mass Schedule:** Sundays 10:30am  
Saturdays 7:00pm  
Weekday Masses (Tuesday to Friday): 8:00am

**Sacrament of Reconciliation:** By Appointment

**COMMITTEES-MINISTRIES-CONTACTS**

If interested in any of the ministries, please contact person listed or call/email office!

- Discipleship: Lesley Boettger 250-579-8969
- Evangelization: Therese Gobeil 250-579-2240
- Fellowship: Marguerite Leblanc 250-376-9429
- Justice: Lloyd Babcock 250-579-8888
- Worship: Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210
- Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532
- Children's Liturgy: Denise Upshaw & Hannah Donovan
- Coffee Makers: Clara & Ben Fouillard 250-376-6112
- Choir: Pat Stodola 250-579-9560  
senorfroggy@shaw.ca

For the following Ministries contact the office:

- Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers):* 250-579-8711 or jvianney@telus.net  
stjohnvianneykamloops.ca
- other ministries:* Deacon Eddie: eglavoie@gmail.com
- ASCEND Online - Catholic home school online  
FMI/enrol: admin@ascendonline.ca | 1-250-376-5118

**HELPLINES**

The Compassionate Community (CCC): 1-855-675-8749 is a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul: 250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages: vancouverbc@retrouvaille.org or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.

**WEEKLY/MONTHLY MEETINGS/EVENTS:**

- Justice Group: (Friendship Rm/Rm 8) 4th Wed - each month at 7 pm
- KofC monthly meetings: (Friendship Rm) 1st Tues - each month at 7pm.
- CWL monthly meetings: (Friendship Rm) 2nd Tues - each month at 7pm.
- Children's Liturgy: Sundays during homily!
- Faith Formation: (Friendship Rm) Monday at 6:30pm

**Volunteers Needed**



**Please help us to disinfect the church shortly after mass. We are also looking for volunteers for the sign in table. Your help is greatly appreciated!**

**Office hours:** 9:00am - 1:00pm Tues to Fri  
Visit: 2826 Bank Road V2B 8E5 or Call: 250-579-8711

Email: jvianney@telus.net  
Website: stjohnvianneykamloops.ca

**Saint John Vianney – Collections**

Sunday Collection September 20 - September 27:  
Envelopes: \$ 2,062.00 Loose: \$ 60.25  
PAD Program: \$ 2,268.00  
(Pre authorized debit - Program) anyone can apply to do this - FMI contact the office.

**Our Lady of Lourdes**

Envelopes: \$ 325.00 Loose: \$ 20.00

**Words from our secondary patron, St. John Vianney:**

"All Jesus Christ did, he did for us. His prayers, his tears, his watchings, his fasting, his preaching, his journeys, his conversations, his miracles – all those were for us."

**SERRA CLUB of KAMLOOPS DIOCESE**

**Benefits of Eucharistic Adoration! #86**

- 5PM 1st Wed each month-OLPH
- 7PM 2nd Fri each month- Holy Family
- 7PM 3rd Wed each month - St. John Vianney (Suspended until further notice)
- 8PM 4th Wed each month-Sacred Heart



**Benefits of Eucharistic Adoration 86:**



*Neither theological knowledge nor social action alone is enough to keep us in love with Christ unless both are preceded by a personal encounter with Him in Adoration.*  
(Bishop Fulton Sheen)

For more information about the Serra Club of Canada please visit the website at <http://serracanada.com/>

Day	Reading	Gospel
Monday	Galatians 1.6-12 Ps 111.1-2, 7-8, 9+10c (R. 5b)	Luke 10.25-37
Tuesday	Galatians 1.13-24 Ps 139.1-3, 13-14, 15-16a (R. 24b)	Luke 10.38-42
Wednesday	Galatians 2.1-2, 7-14 Ps 117.1, 2 (R. Mk 16.15)	Luke 11.1-4
Thursday	Galatians 3.1-5 Luke 1.69-70, 71-72, 73-75 (R. see 68)	Luke 11.5-13
Friday	Galatians 3.6-14++ Ps 111.1-2, 3-4, 5-6 (R. 5b)	Luke 11.15-26
Saturday	Galatians 3.22-29 Ps 105.2-3, 4-5, 6-7 (R. 8a)	Luke 11.27-28

**Weekly Environmental - A Quote to think about!**

"You don't need a diploma to plant a tree."  
-Wangari Maathai (1940-2011), founder of the Green Belt Movement.

**PLEASE NOTE**

As there is a **50 person limit** in place, please **register for Sunday mass** during office hours. If you've previously registered and are unable to attend, inform the office through email or phone call so that others may get a place. Any remaining seats for those not registered will be on a first come, first serve basis.

## EMPLOYMENT

### The Roman Catholic Diocese of Kamloops Career Opportunities

**Catholic Independent School Kamloops Diocese  
Current Job Postings can be found at  
[www.CISKD.ca](http://www.CISKD.ca) under the CAREERS tab:  
<https://ciskd.ca/current-postings/>**

- Sacred Heart Catholic School in Williams Lake is seeking a talented, qualified CEA to serve student needs in various grade levels and abilities, supporting students with ASD, for a 0.69 FTE position (27.5 hours per week), commencing September 1, 2020.
- ASCEND is seeking a qualified BC certified teacher as a Special Education Caseload Manager and Contact Teacher effective September 1, 2020 through to June 30, 2021. This position is an independent contractor position.

**CWL BURSARY INFORMATION** The CWL is moving forward with their school bursaries for 2020/2021. If you are a CWL member, have a child or young adult graduating from OLPH and moving on to Saint Ann's or to a post secondary education, and would like to apply for one of two bursaries, please send your information to [sherrymakarra@gmail.com](mailto:sherrymakarra@gmail.com) by **October 15 2020** so you can receive an application.



**Prayer line:** To add prayer requisitions, contact Carey Hackman: [telyhack@telus.net](mailto:telyhack@telus.net) or 250-579-5210

**Choose Life Kamloops (40 Days for Life)** began September 23 and ends November 1.

This is an invitation for every parish to participate in prayer and fasting so that the entire Body of Christ can unite around a common focus to protect the inherent dignity of all life.



Kamloops parishes will continue to hold their public presence outside Sacred Heart Cathedral on 3rd Avenue from 4:00pm to 6:00pm daily and this year we invite all parishes to join us wherever you are and whenever you are able to pray for an end to the culture of death in our country and world.

Please email [chooselife.kamloops@gmail.com](mailto:chooselife.kamloops@gmail.com) for further information or any questions you may have. We pray that everyone across our Diocese will come together this fall and turn our hearts and minds to a culture of life. Choose Life Facebook link: <https://www.facebook.com/Choose-Life-Kamloops-1776616792609982/> or search Choose Life Kamloops.

The **Kamloops Pro-Life Society** is once again selling the **Great Little Coupon Book** for \$10. The book offers a myriad of 2-for-1 coupons that can be used at restaurants and entertainment establishments throughout Kamloops. To buy a book, visit St. Joseph's Bookstore located downtown at 256 Nicola St. For more information, call 778-471-6100.

### **St. Vincent de Paul Kamloops**

The help office has re-opened. Volunteers are available on Tuesdays by appointment only due to Covid 19. While our mandate is to help the entire community, we especially want to ensure that any of our fellow parishioners facing difficulty during this period make their needs known so we can help. Please contact your pastor for a referral or call 250-554-0050.

The Society of St Vincent de Paul is now open Friday and Saturday from 10am-3pm. They can accept donations during this time only. They would be appreciative of donations of clothing, gently used furniture, and household items. Their phone number is: 250 554 0098.

## FAITH IN ACTION CAMPAIGN 30

This weekend, we were given an opportunity to make our pledge in support of Faith in Action Campaign 30. If you were not able to respond, you may send your pledge at a later time. If you did not receive any Faith in Action material in the mail, please contact the parish office. Thank you to all who responded to this Faith in Action Commitment Weekend. We are grateful for your generosity towards our Diocese and Parish. Any funds raised above our Parish Assessment goes directly to our Parish for repairs and improvements.

### **Parish Assessments:**

St John Vianney Parish - \$21 589  
Our Lady of Lourdes - \$2 463

### **FAITH FORMATION**

If you have children and would like them to attend Catechism classes for the 2020/2021 year, please contact us at the office and let us know.

Due to Covid-19 protocols and other circumstances beyond our control, Mass at **St. Joseph's church** on Chilcotin Road in Kamloops on the First Sunday of the Month will be **suspended** until further notice.

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass. As of present, some of our Diocesan priests still have online Masses that they are celebrating available through social media. Please check our website at <https://www.rcdk.org/pages/covid-19-streaming-masses>

### **SECOND COLLECTION**

Parishioners who wish to contribute to: the Church in the Holy Land, Share Lent CCODP, the Needs of the Church in Canada, the Popes Pastoral Works, and World Mission Sunday (originally scheduled for October 25) are encouraged to bring their envelopes for these important works of the Church to the **October 18, 2020** mass.

### **MIKKIE'S CORNER - Health and Nutrition**

#### **Living with Gout – some things you can do.**

Gout is a complex form of arthritis also known as the rich man's disease or "disease of kings" because of the lavish diet and alcohol consumption of the wealthy, like King Henry VIII, who suffered from it. Gout occurs when urate crystals accumulate in a joint, due to high levels of uric acid in the blood. Uric acid is produced by your body when it breaks down purines which are naturally found in the body. 1/3 of the uric acid your body makes is due to the breakdown of purines you get from the food you eat and drink. If you eat a lot of purine-heavy foods, your body has a higher level of uric acid. Normally, uric acid dissolves in your blood and passes through your kidneys into your urine. But sometimes either your body produces too much uric acid or your kidneys excrete too little uric acid. When this happens, uric acid can build up, forming sharp, needle like urate crystals in a joint or surrounding tissue, that causes pain, inflammation and swelling.

Below are some factors that may bring on gout.

- Obesity
- High blood pressure
- High cholesterol
- Heart disease
- Excessive alcohol drinking
- Diuretic use
- A diet rich in meat and seafood
- Hereditary - close relatives who have gout
- Diabetes
- Kidney problems
- Drinking soda that contains high-fructose corn syrup

**... to be continued next week**