



# ST. JOHN VIANNEY CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Todd Mtn. Rd

Pastor: Jesus Christ

A Christian Community in the Roman Catholic Tradition

Assistant Pastor: Father Praveen Jaison Tellis OCD

**Mass Schedule:** Sundays 10:30am  
Saturdays 7:00pm  
Weekday Masses (Tues to Friday): 8:00am

**Sacrament of Reconciliation:** By Appointment

**Office hours:** 9am - 1pm Tuesday/ Thursday/ Friday  
Visit: 2826 Bank Road V2B 8E5 or call: 250-579-8711

Email: [jvianney@telus.net](mailto:jvianney@telus.net)  
Website: [stjohnvianneykamloops.ca](http://stjohnvianneykamloops.ca)

**COMMITTEES – MINISTRIES - CONTACTS**

If interested in any of the ministries, please contact person listed or call/email office!

- Discipleship: Lesley Boettger 250-579-8969
- Evangelization: Therese Gobeil 250-579-2240
- Fellowship: Marguerite Leblanc 250-376-9429
- Justice: Lloyd Babcock 250-579-8888
- Worship- Extraordinary Ministers of Communion (EMC): Carey Hackman 250-579-5210
- Service CWL/KofC: Lesley Boettger 250-579-8969 & Bill Pernitsky 250-554-1532
- Children's Liturgy: Denise Upshaw & Hannah Donovan
- Coffee Makers: Clara & Ben Fouillard 250-376-6112
- Choir: Pat Stodola 250-579-9560 [senorfroggy@shaw.ca](mailto:senorfroggy@shaw.ca)

For the following Ministries contact the office:  
*Eucharistic Minister/Greeter & Gift Bearer/Liturgy (readers):* 250-579-8711 or [jvianney@telus.net](mailto:jvianney@telus.net)  
[stjohnvianneykamloops.ca](http://stjohnvianneykamloops.ca)

ASCEND Online - Catholic home school online  
FMI/enrol: [admin@ascendonline.ca](mailto:admin@ascendonline.ca) | 1-250-376-5118

**HELPLINES**

The Compassionate Community (CCC): 1-855-675-8749 is a national service for people who are seeking advice, help & support regarding euthanasia & assisted suicide prevention, &/or end-of-life treatment

St. Vincent De Paul: 250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages: [vancouverbc@retrouvaille.org](mailto:vancouverbc@retrouvaille.org) or call Marc/Candice 604-530-6710 & leave a message. All inquiries are confidential.



**WEEKLY/ MONTHLY MEETINGS/ EVENTS**

- Justice Group: (Friendship Rm/Rm 8) 4th Wed - each month at 7 pm
- KofC monthly meetings: (Friendship Rm) 1st Tues - each month at 7pm.
- CWL monthly meetings: (Friendship Rm) 2nd Tues - each month at 7pm.
- Children's Liturgy: Sundays during homily!
- Faith Formation: (Friendship Rm) Monday at 6:30pm

**Volunteers Needed**



Please help us to disinfect the church shortly after mass. We are also looking for volunteers for the sign in table. Your help is greatly appreciated!

**Saint John Vianney – Collections**

Sunday Collection November 1 – November 8:  
Envelopes: \$ 4, 335.00 Loose: \$ 40.00  
PAD Program: \$ 2, 218.00  
(Pre authorised debit - Program) anyone can apply to do this - FMI contact the office.

**Our Lady of Lourdes**

Envelopes: \$ 355.00 Loose: \$ 20.00

**Words from our secondary patron, St. John Vianney:**

“When a soul has received the Sacrament of the Eucharist worthily, it is humble, mortified, charitable, and is capable of the most sublime sacrifices. In short, it is no longer the same.”

**SERRA CLUB of KAMLOOPS DIOCESE**

**Benefits of Eucharistic Adoration! #100**

- 5PM 1st Wed each month-OLPH
- 7PM 2nd Fri each month- Holy Family
- 7PM 3rd Wed each month - St. John Vianney (Suspended until further notice)
- 8PM 4th Wed each month-Sacred Heart



**Benefits of Eucharistic Adoration 100:**



*We have rediscovered that the ability to celebrate His sacrifice...loses its profundity and human richness if adoration is lacking, adoration as the act that follows receiving Communion. (Pope Benedict XVI)*

For more information about the Serra Club of Canada please visit the website at <http://serracanada.com/>

Day	Reading	Gospel
Monday	Revelation 1.1-4; 2.1-5a Ps 1.1-2, 3, 4+6 (R. Rev 2.7b)	Luke 18.35-43
Tuesday	Revelation 3.1-6, 14-22 Ps 15.1-3a, 3bc-4a, 4b-5 (R. Rev 3.21)	Luke 19.1-10
Wednesday	Revelation 4.1-11 Ps 150.1-2, 3-4, 5-6 (R. Rev 4.8b)	Luke 19.11-28
Thursday	Revelation 5.1-10 Ps 149.1-2, 3-4, 5-6a+9b (R. Rev 5.10)	Luke 19.41-44
Friday	Revelation 10.8-11 Ps 119.14+24, 72+103, 111+131 (R. 103a)	Luke 19.45-48
Saturday	Revelation 11.4-12 Ps 144.1, 2, 9-10 (R. 1)	Luke 20.27-40

As there is a **50 person limit** still in place, please **register for Saturday and Sunday masses** during office hours. If you've previously registered and are unable to attend, inform the office through email or phone call so that others may get a place. Any remaining seats for those not registered will be on a first come, first serve basis.

Due to Covid and the restriction on placing materials in pews, Sunday Missals for 2020/2021 are now available by donation to take home. They can be found in the foyer. If you are unable to attend church and would like a missal, please contact the office.

## EMPLOYMENT

### The Roman Catholic Diocese of Kamloops Career Opportunities

**Catholic Independent School Kamloops Diocese  
Current Job Postings can be found at  
[www.CISKD.ca](http://www.CISKD.ca) under the CAREERS tab:  
<https://ciskd.ca/current-postings/>**

- OLPH is seeking a qualified BC certified teacher for a 0.50 FTE Grade 5 classroom teaching assignment effective January 4, 2020 through to June 30, 2021. This position will be a job share with another teacher. The weekly teaching assignment schedule requires the candidate of choice to be available from Wednesday at 11:15am until end of day, and to be available for full school days on Thursday and Friday.
- Our Lady of Perpetual Help (OLPH) School is located in Kamloops, BC and enrolls approximately 160 students from Kindergarten to Grade Seven. We are seeking a fulltime custodian commencing November 23, 2020.
- For the upcoming school year, we are seeking multiple qualified Teacher candidates to join our team as casual Teachers on Call for St. James Catholic School in Vernon, BC, St. Ann's Catholic School in Quesnel, BC, St. Ann's Academy in Kamloops, BC, Sacred Heart Catholic School in Williams Lake, BC, and Our Lady of Perpetual Help School in Kamloops, BC. Please see attachments for more information.
- Sacred Heart Catholic School in Williams Lake is seeking a talented, qualified CEA to serve student needs in various grade levels and abilities, supporting students with ASD, for a 0.69 FTE position (27.5 hours per week), commencing September 1, 2020.
- ASCEND is seeking a qualified BC certified teacher as a Special Education Caseload Manager and Contact Teacher effective September 1, 2020 through to June 30, 2021. This position is an independent contractor position.



**Prayer line:** To add prayer requisitions, contact Carey Hackman: [telyhack@telus.net](mailto:telyhack@telus.net) or 250-579-5210

**WANTED** We are still looking for a used sofa, dining table and dining chairs in good condition for the rectory. Please call Carole at 250-554-3245 if you would like to donate any of these items.

The **59<sup>th</sup> Annual Charity Appeal** Draw Tickets from the **Knight's of Columbus** are once again available through St. John Vianney's Bishop Harrington Council 9508. This year, all tickets sales will be online. Go to this link, <https://kofcdraw.net/c9508>, to purchase your tickets. All 15 prizes are cash money, starting with \$100,000 and ending with \$1000. The tickets will be on sale until January 30, 2021 with only 200,000 tickets being sold. Council 9508 ticket sales last year allowed our council to donate \$8800 to local charities. Thank you for your support in the past.

### **CWL Leadership Foundation – leadership program**

Are you called to join other Canadian Catholic women to learn how your leadership has the power to transform where you work, volunteer and live? Applications are now available for the 2021-2022 Catholic Women's Leadership Foundation Program. The in-person and online program facilitated by the Providence School of Transformational Leadership and Spirituality at Saint Paul University (Ottawa) runs from April/21 to May/22. Visit [www.cwlfcanda.ca](http://www.cwlfcanda.ca). Application deadline November 20<sup>th</sup>.

## FAITH IN ACTION CAMPAIGN 30

Thank you to all who have responded to the Faith in Action campaign thus far. We are grateful for your generosity towards our Diocese and Parish. If you did not receive any Faith in Action material in the mail, please contact the parish office. Any funds raised above our Parish Assessment goes directly to our Parish for repairs and improvements.

### **Parish Assessments:**

St John Vianney Parish – \$21 589  
Our Lady of Lourdes – 2 463

### **Pledges:**

St John Vianney Parish – 34  
Our Lady of Lourdes – 6

### **Pledged:**

St John Vianney Parish – \$12 300  
Our Lady of Lourdes – 1 640

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass. As of present, some of our Diocesan priests still have online Masses through social media. Please check our website at <https://www.rcdk.org/pages/covid-19-streaming-masses>

Due to Covid-19 protocols and other circumstances beyond our control, Mass at **St. Joseph's church** on Chilcotin Road in Kamloops on the First Sunday of the Month will be **suspended** until further notice.

### **Weekly Environmental - A Quote to think about!**

"The Earth is what we all have in common."  
— **Wendell Berry**

St Vincent de Paul Society of Kamloops reminds you that this Sunday, November 15, is the **World Day of the Poor**. The theme this year is "Stretch Forth Your Hand to the Poor". The link below will take you to the Holy Father's message for 2020 - <http://m.vatican.va/content/francescomobile/en/messages/poveri.index.html>

**DONATIONS** The CWL will have Food Bank donation boxes in the foyer for November 21/22 and for November 27/28. Please donate any non-perishable food items that you can and they will deliver them.

The CWL are also assisting St Vincent de Paul with hampers at Christmas. They will have large box in the foyer for these **needed items:** Gloves, scarves, and toques in women's and men's sizes small, medium, or large. No children's sizes, please. They are also looking for donations of shampoo/conditioners of at least 8 oz size, toothpaste and toothbrushes, combs, hair brushes and healing hand cream. Coats and slightly used boots can be dropped off at St Vincent de Paul if desired. If you have any questions, please see Carole Stricker. Thank you for your help.

### **MIKKIE'S CORNER - Health and Nutrition**

**... continued from last week**

Living with Gout - In addition to following an alkaline diet, some supplementation can help with gout as well. Below are some highly antioxidant and anti-inflammatory supplements to try:

Vitamin C                      Omega 3's  
Quercetin                      Bromelain  
Turmeric

Quercetin is an antioxidant in the flavanol group which has marked anti-inflammatory actions. It can also decrease systemic allergic responses - which can happen with release of histamine associated with gout. It is one of the best things for people with gout, as it is well tolerated and has been reported to provide considerable symptomatic improvement. Quercetin not only reduces uric acid levels but along with Bromelain increases body's absorption and utilization of Quercetin helping with inflammation.

Turmeric is another great anti-inflammatory - have as a tea there are many turmeric teas out there to try.

Mikkie Nettles - Certified Personal Trainer/Holistic & Sports Nutritionist  
**[info@deemhealth.ca](mailto:info@deemhealth.ca)**