



ST JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Todd Mtn. Rd

Pastor: Jesus Christ

A Christian Community in the Roman Catholic Tradition

Assistant Pastor: Father Praveen Jaison Tellis OCD

Mass Schedule: Sundays 10:30 am
Weekday Masses: Tuesday to Friday 8:00 am

Cancelled

Office hours: 9am - 1pm Tuesday - Thursday
Visit: 2826 Bank Road V2B 8E5 or call: **250 579 8711**

Sacrament of Reconciliation: By Appointment

Email: jvianney@telus.net
Website: stjohnvianneykamloops.ca

HELPLINES

St. Vincent De Paul:
250-554-0098 - Feeding, clothing, housing and healing individuals/families in our community who have nowhere else to turn for help.

Retrouvaille - A lifeline for trouble marriages:
email vancouverbc@retrouvaille.org/
604-530-6710. All inquiries are confidential.

SPIRITUAL LIFE

Day	Reading	Gospel
Monday	Isaiah 42.1-7 Ps 27.1, 2, 3, 13-15 (R.1a)	John 12.1-11
Tuesday	Isaiah 49.1-6 Ps 71.1-2, 3, 5-6, 15+17 (R.15)	John 13.21-33, 36-38
Wednesday	Isaiah 50.4-9a Ps 69.7-9, 20-21, 30+32-33 (R. 13c)	Matthew 26.14-26
Thursday	Exodus 12.1-8, 11-14 Ps 116.12-13, 15+16bc, 17-18 (R. 1 Cor 10.16)	John 13.1-15
Friday	Isaiah 52.13-53.12 Ps 31.1-5, 11-12, 14-15, 16+24 (R. Lk 23.46)	John 18.1-19.42
Saturday	Genesis 1.1-2.2 Ps 104.1-2a, 5-6, 10+12, 13-14, 24+35c (R. 30)	Mark 16.1-8

ST JOHN VIANNEY NEWS

Due to the province-wide restrictions released on Thursday, November 19, **in-person mass times have been suspended until further notice.**

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass. Please check our website for available online masses:
<https://www.rcdk.org/pages/covid-19-streaming-masses>

St John Vianney is now offering Live streamed masses online. Please join our Facebook group **St John Vianney Parish – Kamloops, BC** to view Sunday mass. The following link can be used to access the group:
<https://www.facebook.com/groups/331139351176386/>



After participating in a streamed mass of your choosing, **Holy Communion** is offered on Sundays in the parking lot of the church from 11:15 – 11:45 am. Please stay in your vehicles and follow Covid 19 protocols.

Our parish is **now accepting Interac email transfer** donations! To give using this method, please transfer your gift to givingstjohnvianney@rcdk.org using your bank's Interac transfer via online banking. For more information on this service, please contact your bank.

Words from our secondary patron, St. John Vianney:
"Those who love themselves with a love that seeks themselves and the world – that seeks creatures more than God – are never satisfied – never quiet. They are always uneasy, always tormented, always upset."
– *Catechism on the Love of God (Sp.)*

SERRA CLUB of KAMLOOPS DIOCESE

5PM 1st Wed each month-OLPH
7PM 2nd Fri each month- Holy Family
7PM 3rd Wed each month - St. John Vianney (Suspended until further notice)
8PM 4th Wed each month-Sacred Heart



Benefits of Eucharistic Adoration 8: "Priesthood Sunday"

The Grace of adoration of Jesus in the Most Blessed Sacrament is given to everybody.
(St. Peter Julian Eymard)

FAITH IN ACTION

Campaign 30

Thank you to those who have already donated for your generosity and support. This year's Faith in Action campaign concludes on **July 30, 2021**. Please have your donations in before this date. Any funds raised above our Parish Assessment go directly to our Parish for repairs and improvements.

	SJV	OLL
Parish Assessment	\$ 21 589	\$ 2 463
Pledged	19 535	3 140
Pledges	59	10

St. John Vianney parish is still **short of our Parish Assessment** by \$2,054.00. If you have not yet made a donation towards this campaign and are able to, we would be very thankful. Please contact the office if you have any questions or need assistance.



EASTER SERVICES

Registrations will be open for indoor Easter services from **Tuesday March 30 – Thursday April 1**. Please call during office hours to register a seat. Attendance is limited to 50 parishioners. Phone messages and emails will not hold a seat – please be sure to verify your seat with office staff.

We are pleased to announce that the following services will be offered at St John Vianney:

Holy Thursday	7 pm
Good Friday	3 pm
Easter Vigil (Saturday)	7:30 pm
Easter Sunday	10:30 am

Covid 19 protocols will be in effect. Please remember to bring a mask and sanitize upon entry of the church.
Registration is required to attend mass.

MASS OF CHRISM

Thursday, **April 1**, 10:00 am
Sacred Heart Cathedral:

During the Chrism Mass, Bishop Joseph will bless the oil of the sick and the oil of catechumen and consecrate the oil of chrism which will be used in the parishes of the diocese throughout the year. As our bishop blesses these three oils, our hearts turn to our gracious Lord who bestows His infinite love and mercy to us through these sacraments. Let us also pray for our bishop and the priests who are the ministers of the sacraments in the parish, that they may be the humble and generous servants of the Lord. This Mass also acknowledges the ministry of priests as they renew the commitments they made at their ordination and receive the prayers and support of the people. Mass will be **livestreamed and can be viewed** using the following link:



[youtube.com/channel/UC4LMk5KyHYfXYPcEehgPDQ](https://www.youtube.com/channel/UC4LMk5KyHYfXYPcEehgPDQ)

EMPLOYMENT

Looking for **Employment Opportunities** within the Diocese? Catholic Independent School Kamloops Diocese job postings can be found at www.CISKD.ca under the CAREERS tab: <https://ciskd.ca/current-postings/>

St John Vianney parish is looking for an **experienced Janitorial/Maintenance person**. This position will be a part-time position. Please email **resumes and any related job documents to jvianney@telus.net**. Only successful applicants will be contacted for an interview.



St. James Parish Vernon is seeking a Secretary/Bookkeeper. The successful candidate will manage the Parish office 35 hours a week. Knowledge of Simply Accounting is preferred. Job description available upon request. Please submit a resume by **March 25th** to: frpeter@shaw.ca.

GIVING

The **Pregnancy Care Centre** of Kamloops has launched their annual **Lenten Baby Bottle Campaign**. The campaign runs until Easter Sunday with a goal of \$10,000. Almost \$1000 has been raised so far. Due to pandemic restrictions, we are inviting you to donate **online or by mail**. Each church has its own parish bottle to fill as a community. You can visit yours here:

<https://www.canadahelps.org/s/BJ5Hv>

Additional donation options are listed below:



E transfer:

donate@mypregnancychoices.ca

Mailing address:

429 Tranquille Rd
Kamloops BC V2B 3G9

St John Vianney Office: Marguerite LeBlanc will take any donations dropped off at the office to the Centre.

EVENTS

North Thompson Catholic Parishes Presents: LENTEN JOURNEY 2021

On March 31st at 7pm

The Sacred Triduum
For more details please contact:
pastor@ntcp.ca or rcia@ntcp.ca



BURSARIES

The Kamloops Pro-life Society is offering a \$1000 **Scholarship opportunity** for any grade 12 and post-secondary students. Requirements include an essay, references, and pandemic-appropriate volunteering. Application submission due date is April 1st, 2021. For more information, visit www.voices4life.com, and click on "Events".



Kamloops Diocesan CWL Bursary A \$500 bursary will be awarded annually to a student within the Kamloops Diocese who will be attending a form of advanced training: University, Regional College, Technical School, University Transfer program or Vocational program. All applications must be submitted to the Kamloops Diocesan Catholic Women's League Education and Health Chairperson by March 31. For more information, please contact Kathy Dahl at 250 318 9698 or at kathydahlhouse@gmail.com.

WEEKLY ENVIRONMENTAL QUOTE

We face a fundamental question which can be described as both ethical and ecological. How can accelerated development be prevented from turning against man?



How can one prevent disasters that destroy the environment and threaten all forms of life, and how can the negative consequences that have already occurred be remedied?

(Pope John Paul II, "International Solidarity Needed to Safeguard Environment," address by the Holy Father to the European Bureau for the Environment, L'Osservatore Romano, June 1996)

MIKKIE'S HEALTH CORNER

... continued from last week

Water and its importance in your body

Your kidneys filter waste and toxins out of the blood via urination. This becomes even more important to drink your fluids when feeling under the weather. The other way toxins are removed are through bowel movements. If you don't drink enough water stool hardens and creates constipation leaving those toxins to linger in the body for long periods of time.

As the water is moving through the body as above it comes to its final destination: your skin. Perspiration is another body function that relies on water to get rid of other compounds it needs to eliminate. In addition to removing waste, perspiring helps you maintain a normal body temperature. It cools you off as water leaves your body through pores. When that moisture evaporates it turns from liquid to gas, helping you cool down.

You can see how important it is to drink water. Every bodily function relies on water and helps your body maintain homeostasis—the balance between physiological processes. Without this balance, your body can't maintain your health. From lack of concentration and cognitive skills to wrinkly skin and immune function.

Water also does a host of other functions we may not think of. Protection of delicate bones, brain, spine, and other vital organs. Water is in spinal fluid, synovial fluid - between joints, and the space around organs. This acts as a shock absorber and a barrier, protecting your body from damage caused by impact.

... to be continued next week