



ST JOHN VIANNEY CATHOLIC CHURCH



OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Tod Mtn. Rd

A Christian Community in the Roman Catholic Tradition

Pastor: Jesus Christ

Assistant Pastor: Father Praveen Jaison Tellis OCD

Mass Schedule: Sundays 10:30 am
Weekday Masses: Tues – Fri 8:00 am

Office hours: 9am - 1pm Tuesday - Friday
Address: 2826 Bank Road V2B 8E5
Phone: **250 579 8711**

Sacrament of Reconciliation: by appointment

Email: jvianney@telus.net
Website: stjohnvianneykamloops.ca

DIOCESAN NEWS

Under the new variance issued from the government on May 27, 2021, **indoor religious services** may be held. Please see bulletin insert for Mass registration guidelines.

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass. Please check our website for available online masses:
<https://www.rcdk.org/pages/covid-19-streaming-masses>

ST JOHN VIANNEY NEWS

Please note: streaming through St John Vianney is canceled for Sunday, June 6. In addition to in-service mass, St John Vianney is offering Live streamed masses online. Please join our Facebook group **St John Vianney Parish – Kamloops, BC** to view Sunday mass. The following link can be used to access the group:
<https://www.facebook.com/groups/331139351176386/>



After participating in a streamed mass of your choosing, **Holy Communion** is offered on Sundays in the parking lot of the church from 11:45 am – 12:15 pm. Please stay in your vehicles and follow Covid 19 protocols.

Our parish is **now accepting Interac email transfer** donations! To give using this method, please transfer your donation (note any special dates) to givingstjohnvianney@rcdk.org using your bank's Interac transfer via online banking. For more information, please contact your financial institution.

PARISH DONATIONS

Sunday Collections: May 1 – May 31, 2021

St. John Vianney

Envelopes: \$ 5, 539.00 Loose: \$ 25.00
PAD 2, 718.00
(Pre authorized debit) – FMI contact the office

Our Lady of Lourdes

Envelopes: 175.00 Loose: 0.00

EMPLOYMENT

St John Vianney parish is still looking for a **Janitorial/Maintenance person**. Please forward this information to anyone you think may be interested. This position will be a part-time position. Please email resumes and any related documents to jvianney@telus.net.

Looking for a full list of **Employment Opportunities** within the Diocese? Catholic Independent School Kamloops Diocese job postings can be found at www.CISKD.ca under the CAREERS tab:
<https://ciskd.ca/current-postings/>

NOTE FROM THE OFFICE

The office of St. John Vianney will be closed the week of June 14 – June 18. Please be aware of the following:

= Registrations for mass will still be taken over the phone
= there will be no weekly bulletin

The office will re-open June 22nd. Any messages left on the answering service or via email will be answered at that time.

ANNIVERSARIES

Prayerful wishes to all the clergy celebrating anniversaries of Priestly Ordinations!

May 27th: Rev. Fr. Donal O'Reilly – 1967 (54 yrs)
May 30th: Most Rev. Joseph P Nguyen – 1992 (29 yrs)
May 31st: Rev. Fr. Fred Weisbeck – 1986 (35 yrs)
June 1st: Rev. Fr. Peter Hoan Nguyen – 1991 (30 yrs)
June 6th: Rev. Fr. Dale Normandeau – 1992 (29 yrs)

HELP WANTED

The **Carmelite Sisters** at the Monastery in Armstrong are seeking help with **yard work**. The spring clean up is a big job; trimming trees and bushes, cleaning underbrush, raking and hauling debris, etc. This would be a great project for youth groups, young men, families or any service group to come together and help support our Carmelites. If you are a Carmel of St Joseph Guild member this would be the perfect way to serve the Sisters as active members. Please contact the Monastery by calling **250 546 8801** for more details and to arrange date, time. Thanks so much for any help you can provide.

MASS REGISTRATION GUIDELINES

In order to attend mass, **you must be registered**. Registration opens up each week on Tuesday, at 9am, for the following Sunday mass. Permanent seat reservations are not available. If you wish to attend mass each week, you must phone the office and register **each week**.

If our Sunday mass fills up, we will be offering a waitlist spot for Saturday mass to any who didn't get a seat on Sunday. Once we have 14 in attendance for Saturday, that mass will be opened and those on the waiting list will be notified.

Registrations will be accepted on a first come, first serve, telephone call basis. Messages left on the machine for registrations will not be accepted. If you reach the answering machine, please try your call again. Registration each week will be closed on **Fridays at noon**.

According to PHO guidelines, masks must be worn for the duration of the mass.

Thank you for your patience as we balance the reopening of mass alongside restrictions. Your kindness is greatly appreciated.

FAITH IN ACTION

Thank you to each of you for your generosity during this campaign; St John Vianney parish and Our Lady of Lourdes parish have both met their goals!

	SJV	OLL
Parish Assessment	\$ 21 589	\$ 2 463
Pledged	22 535	3 140
Pledges	63	10

This being our **sole fundraiser** for our parish this year, donations are still being accepted with gratitude; any funds raised above our Parish Assessment go directly to our Parish for repairs and improvements.

SERRA CLUB

ADORATION – for Vocations Weekly Holy Hour



Serra Club of Kamloops Diocese

5PM 1st Wed each month - OLPH
 7PM 2nd Fri each month - Holy Family
 7PM 3rd Wed each month – St John Vianney
 8PM 4th Wed each month – Sacred Heart

Benefits of Eucharistic Adoration 18 "Priesthood Sunday"

Our Lord in the Blessed Sacrament has His hands full of graces and He is ready to bestow them on anyone who asks for them.

(St. Peter of Alcantara)

VOCATION PLACE

The 31 Club

June 1	Fr Derrick Cameron	June 15	Myles McGovern
June 2	Albert Leduc	June 16	Albert Leduc
June 4	Deacon Paul Murphy	June 20	Carmelite Sisters
June 5	Albert Leduc	June 21	Catherine McGovern
June 6	Carmelite Sisters	June 23	Albert Leduc
June 9	Albert Leduc	June 24	Lawrence Beaton
June 12	Dani Schoof	June 27	Carmelite Sisters
June 13	Carmelite Sisters	June 30	Albert Leduc

Loving God, each member of our family is a special gift from You.

You have given each of us gifts and talents so we may enjoy life, but also so we can share with others. Generous and loving people are needed for service and leadership in our church. Help us to know how to encourage and support each other so that we can respond generously to this need.

We know that You will be with us, inviting us to become the kind of people you desire us to be. Help us to trust in You and in each other. Amen



If you would like to join the 31 Club, whose members attend Mass (or Holy Hour) one extra day of the month to pray for vocations, please contact Catherine McGovern cmcgovern@serrakamloops.ca

The Kingdom of heaven is like a mustard seed
 - Mt 13:31

GIVING

The Kamloops and Nelson Diocese are co-hosting the National **Catholic Women's League** Convention scheduled for August 2022 to be held in Kelowna. As a **fundraiser**, they are selling beautiful pashminas with a logo of our Mother, available in a variety of colors. Please see the **attached poster** for further information.

The office of the **Pregnancy Care Centre** promises every crisis client they serve "to be on this parenting journey with them all the way through to kindergarten".

In order to fulfill this promise, the Pregnancy Care Centre **needs help in raising funds**. Would you consider giving today? There are giving options:

- E-transfer to donate@mypregnancychoices.ca
- Mail a cheque to 429 Tranquille Road, Kamloops, BC V2B 3G9
- Call 250 376 4646 to make a gift over the phone

During these COVID times the Pregnancy Care Centre is experiencing many successes helping moms in crisis to bring their pregnancy to a successful childbirth. Any amount that you can assist with is most appreciated. Thank you for supporting this Pro-Life initiative.

SPIRITUAL LIFE

Words from our secondary patron, St. John Vianney:

"There is no one who cannot pray – and pray at all times and in all places; by night or day, when hard at work or resting; in the country, at home, or when travelling."

- On Prayer (Sp.)

Day	Reading	Gospel
Monday	2 Corinthians 1.1-7 Ps 34.1-2, 3-4, 5-6, 7-8 (R. 8a)	Matthew 5.1-12
Tuesday	2 Corinthians 1.18-22 Ps 119.129-130, 131, 132, 133+135 (R. 135a)	Matthew 5.13-16
Wednesday	2 Corinthians 3.4-11 Ps 99.5, 6, 7, 8, 9 (R. see 9c)	Matthew 5.17-19
Thursday	2 Corinthians 3.15-4.1, 3-6 Ps 85.8ab-9, 10-11, 12-13 (R. see 9b)	Matthew 5.20-26
Friday	Hosea 11.1-4, 8ac-9++ Isaiah 12.2-3, 4bcd, 5-6 (R. 3)	John 19.31-37
Saturday	Isaiah 61.9-11 1 Sameul 2.1, 4-5, 6-7 8abcd (R. see 1a)	Lk. 2.41-51

MIKKIE'S HEALTH CORNER

Hydration

Electrolyte balance is key to keeping you hydrated. The 3 main electrolytes are sodium, chloride (often always found together as table salt) and potassium. These are the main ones you will find in supplementation or sports drinks. The added salt and sugar in these drinks are because sodium requires glucose to be absorbed, which takes place in the colon, resulting in water reabsorption.

Reabsorption is important; otherwise, mass amounts of water would be lost in the feces causing dangerous dehydration and diarrhea. Potassium on the other hand, does the opposite, by letting water go, keeping this important balance.

... coming next week... Simple methods to try to balance your electrolytes.