



# ST JOHN VIANNEY

## CATHOLIC CHURCH



## OUR LADY OF LOURDES

Sunday Mass 8:30am  
573 Tod Mtn. Rd

Pastor: Jesus Christ

A Christian Community in the Roman Catholic Tradition

Assistant Pastor: Father Praveen Jaison Tellis OCD

**Mass Schedule:** Saturdays 4:00 pm  
Sundays 10:30 am

**Weekday Masses:** Fri 8:00 am

**Please note:** there will be no weekday masses from Mon – Thurs this week

**Sacrament of Reconciliation:** by appointment

**Office hours:** 9 am – 2 pm Tuesday - Wednesday

Address: 2826 Bank Road V2B 8E5

Phone: **250 579 8711**

Email: [jvianney@telus.net](mailto:jvianney@telus.net)

Website: [stjohnvianneykamloops.ca](http://stjohnvianneykamloops.ca)

### DIOCESAN NEWS

Under the new variance issued from the government on May 27, 2021, **indoor religious services** may be held. Please see bulletin insert for Mass registration guidelines.

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass. Please check our website for available online masses:

<https://www.rcdk.org/pages/covid-19-streaming-masses>

### ST JOHN VIANNEY NEWS

**Please note: streaming through St John Vianney is canceled for Sunday, June 27.** Please join our

Facebook group **St John Vianney Parish – Kamloops, BC** to view our Live streamed Sunday mass online. The following link can be used to access the group:



<https://www.facebook.com/groups/331139351176386/>

After participating in a streamed mass of your choosing, **Holy Communion** is offered on Sundays in the parking lot of the church from 11:15 – 11:30 am. Please stay in your vehicles and follow Covid 19 protocols.

Our parish is **now accepting Interac email transfer** donations! To give using this method, please transfer your donation (note any special dates) to [givingstjohnvianney@rcdk.org](mailto:givingstjohnvianney@rcdk.org) using your bank's Interac transfer via online banking.

### MASS REGISTRATION GUIDELINES

In order to attend mass, **you must be registered**. Registration opens up each week on Tuesday, at 9am, for the following weekend masses. Permanent seat reservations are not available.

**We are now offering two mass times at St. John Vianney – Saturdays at 4 pm and Sundays at 10:30 am.**

Registrations will be accepted on a first come, first serve, telephone call basis. Messages left on the machine for registrations will not be accepted. If you reach the answering machine, please try your call again. Registration each week will be closed on **Fridays at noon**.

According to PHO guidelines, masks must be worn for the duration of the mass. Thank you for your patience as we balance the reopening of mass alongside restrictions. Your kindness is greatly appreciated.



### OFFICE CLOSURE

The office will be closed July 1<sup>st</sup> and July 2<sup>nd</sup>. **Registration** for mass will be open **Tuesday and Wednesday only**. The office will have **extended hours** on those days: from 9 am-2 pm. I will return to regular office hours on July 6<sup>th</sup>.

### HELP WANTED

The **Carmelite Sisters** at the Monastery in Armstrong are seeking help with **yard work**. Please contact the Monastery by calling **250 546 8801** for more details and to arrange a date and time. Thank you so much for any help you can provide.

### GIVING

The Kamloops and Nelson Diocese are co-hosting the National **Catholic Women's League** Convention scheduled for August 2022. As a **fundraiser**, they are selling beautiful pashminas with a logo of our Mother, available in a variety of colors. Please see the **attached poster** for further information.

The office of the **Pregnancy Care Centre** promises every crisis client they serve "to be on this parenting journey with them all the way through to kindergarten". In order to fulfill this promise, the Pregnancy Care Centre **needs help in raising funds**. Would you consider giving today? There are giving options:

- E-transfer to [donate@mypregnancychoices.ca](mailto:donate@mypregnancychoices.ca)
- Mail a cheque to 429 Tranquille Road, Kamloops, BC V2B 3G9
- Call 250 376 4646 to make a gift over the phone

During these COVID times the Pregnancy Care Centre is experiencing many successes helping moms in crisis to bring their pregnancy to a successful childbirth. Any amount that you can assist with is most appreciated.

### ROOMMATE / RENTAL WANTED

Looking for a mature, female, and Catholic roommate to share a furnished upper-level of a house. This includes a furnished bedroom, with a shared kitchen, bathroom, and laundry room. Utilities are included and rent is \$950. The house is 5 minutes from TRU and located near a bus stop. Parking included. No pets, no smoking. Please email [efran16@gmail.com](mailto:efran16@gmail.com) or call 604 839 8486 if interested.

A Catholic female student from Lillooet who will be attending TRU in the fall is seeking lodging close to campus. Preferably with a Catholic family; a room with a separate bathroom and a cooking area. They are willing to share rent with another student(s), provided they have their own room, and can spend 500-\$550/mo. Please call or text Halyna at 250 256 8534 if you know of any place available.

## EMPLOYMENT

St John Vianney parish is still looking for a **Janitorial/Maintenance person**. Please forward this information to anyone you think may be interested. This position will be a part-time position. Please email resumes and any related documents to [jvianney@telus.net](mailto:jvianney@telus.net).

Looking for a full list of **Employment Opportunities** within the Diocese? Catholic Independent School Kamloops Diocese job postings can be found at [www.CISKD.ca](http://www.CISKD.ca) under the CAREERS tab: <https://ciskd.ca/current-postings/>

## FAITH IN ACTION

Thank you to each of you for your generosity during this campaign; St John Vianney parish and Our Lady of Lourdes parish have both met their goals!

	<b>SJV</b>	<b>OLL</b>
<b>Parish Assessment</b>	\$ 21 589	\$ 2 463
<b>Pledged</b>	22 535	3 140
<b>Pledges</b>	63	10

This being our **sole fundraiser** for our parish this year, donations are still being accepted with gratitude; any funds raised above our Parish Assessment go directly to our Parish for repairs and improvements.

## SERRA CLUB

### ADORATION – for Vocations Weekly Holy Hour

#### Serra Club of Kamloops Diocese

- 5PM 1st Wed each month - OLPH
- 7PM 2nd Fri each month - Holy Family
- 7PM 3rd Wed each month - St John Vianney
- 8PM 4th Wed each month - Sacred Heart

### Benefits of Eucharistic Adoration 21 "Priesthood Sunday"

*You will find visits to the Most Blessed Sacrament very conducive to increase in your Divine Love.*

*(St. Mary Magdalene of Pazzi)*

## MIKKIE'S HEALTH CORNER

Use these simple methods to try balance your electrolytes:

- 1) Eat high water content foods as: cucumbers, watermelon, cantaloupe, tomatoes and or strawberries, as they are 90% water and will have some electrolytes too.
- 2) Drink 2 cups water with juice from half a lemon, 2 tsp honey and 1/8 tsp salt
- 3) Blend watermelon chunks (1 cup), 1 cup water, 2 tsp maple syrup and 1/8 tsp salt.
- 4) Drink coconut water, this will have all you need
- 5) Mix 2 cups water with a ¼ cup of a sports drink should give you enough electrolytes you need, as these drinks are very high in all ingredients especially sugar.

**Note:** If you have more severe signs (vomiting, diarrhea, fever, confusion, seizures, severe headache...) **SEEK MEDICAL ATTENTION**

Mikkie Nettles, Certified Personal Trainer/Holistic & Sports Nutritionist. Specialize in lifestyle changes, diet and nutrition consulting, live virtual fitness/strength classes and self defence.

Follow [DEEM Health](https://www.facebook.com/DEEM_Health) on Facebook or contact [info@deemhealth.ca](mailto:info@deemhealth.ca)

The month of June is dedicated to **The Sacred Heart of Jesus**.

### The Holy Father's Intentions for the Month of June:

"The Beauty of Marriage – Let us pray for young people who are preparing for marriage with the support of a Christian community: may they grow in love, with generosity, faithfulness and patience."

## SPIRITUAL LIFE

### Words from our secondary patron, St. John Vianney:

"Alas! If we put all our trust in God, how much happier we should be!"

– Eucharistic Meditation 25

Day	Reading	Gospel
Monday	Genesis 18.16-33 Ps 103.1-2, 3-4, 8-9, 10-11 (R. 8a)	Matthew 8.18-22
Tuesday	Acts 12.1-11 Ps 34.1-2, 3-4, 5-6, 7-8 (R. 4b)	2 Timothy 4.6-8, 17-18
Wednesday	Genesis 21.5, 8-20 Ps 34.6-7, 9-10, 11-12 (R. 6a)	Matthew 8.28-34
Thursday	Genesis 22.1-19 Ps 116.1-2, 3-4, 5-6, 8-9 (R. 9a)	Matthew 9.1-8
Friday	Genesis 23.1-4, 19; 24.1-8, 62-67 Ps 106.1b-2, 3-4a, 4b-5 (R. 1b)	Matthew 9.9-13
Saturday	Ephesians 2.19-22 Ps 117.1, 2 (R. Mk 16.15)	John 20.24-29

### Novena and Act of Entrustment to Saint Joseph

In solidarity with the Holy Father's proclamation of a "Year of St. Joseph", the diocese of Kamloops will celebrate an *Act of Entrustment to Saint Joseph*, on Thursday, 1<sup>st</sup> July (Canada Day). This will be preceded by a Novena imploring Saint Joseph's intercession for the welfare of the entire country, for the many needs of society, and to pray in particular for those who passed away due to COVID-19. The *Novena* will begin on Tuesday, 22 June and end on Wednesday 30 June.

Please see attached for the St. Joseph Novena

## VOCATION PLACE

Meet **Father Udoka Chris Nwosu**  
Cache Creek, BC

Fr. Udoka Chris Nwosu is a priest of the Catholic Diocese of Orlu in Imo State Nigeria. He was born on the 5<sup>th</sup> of May, 1950, and was ordained on the 8<sup>th</sup> of August in 1981, guided by his favourite biblical quotation: "I made myself all things to all men in order to save some at any cost." (1 Cor. 9:22). This is his motto in his priestly ministry.

After his ordination, he was the Chancellor of the diocese, then sent for studies overseas. He returned to be a Formator in the Major Seminary; he continued the priestly ministry in Germany and now in Canada in the Kamloops diocese. His favourite pastime engagements are gardening, singing, and reading. He enjoys Nigerian, Canadian, and German dishes.

The journey to the priesthood started in 1965 in St. Mary's Minor Seminary. His big inspirator and mentor was his father, a primary school teacher and Catechist in many Catholic missions.

*The Kingdom of heaven is like a mustard seed*

- Mt 13:31