



ST. JOHN VIANNEY

CATHOLIC CHURCH

A Christian Community in the Roman Catholic Tradition

August 15th, 2021

The Assumption of the Blessed Virgin Mary

Pastor: Jesus Christ

Assistant Pastor: Father Praveen Jaison Tellis OCD

OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Tod Mtn. Rd

Mass Schedule: (chapel) Saturdays 4:00 pm
Sundays 10:30 am

Office hours: 9 am – 1 pm Tuesday - Friday
Address: 2826 Bank Road V2B 8E5
Phone: **250 579 8711**

Weekday Masses: Tuesday - Friday 8:00 am

Email: jvianney@telus.net

Sacrament of Reconciliation: by appointment

Website: stjohnvianneykamloops.ca

The month of August is dedicated to **the Immaculate Heart of Mary.**

The Holy Father's Intentions for the Month of August 2021 The Church "Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the gospel."

Words from our secondary patron, St John Vianney: "The eyes of the world see no further than this life, as mine see no further than this wall when the church door is shut. The eyes of the Christian see deep into eternity."

Catechism on the Holy Spirit (Sp)

The faithful in the Diocese of Kamloops remain dispensed from the obligation to attend Sunday Mass. Please check our website for available online masses: www.rcdk.org/pages/covid-19-streaming-masses

Day	Reading	Gospel
Monday	Judges 2.11-19 Ps 106.4+5b, 6+35, 36-37, 39-40, 43-44 (R. 4a)++	Matthew 19.16-22
Tuesday	Judges 6.11-24a Ps 85.8, 10-11, 12-13 (R. 8b)	Matthew 19.23-30
Wednesday	Judges 9.6-15 Ps 21.1-2, 3-4, 5-6 (R. 1a)	Matthew 20.1-16a
Thursday	Judges 11.29-39a Ps 40.4, 6-7a, 7b-8, 9 (R. see 7a and 9a)	Matthew 22.1-14
Friday	Ruth 1.1-2ab, 3-6, 14b-16, 22++ Ps 146.5-6, 7, 8-9a, 9bc-10 (R. 1b)	Matthew 22.34-40
Saturday	Ruth 2.1-3, 8-11; 4.13-17 Ps 128.1-2, 3, 4-5 (R. 4)	Matthew 23.1-12

The Chancery office is setting up a **WILDFIRE RELIEF FUND** to help those affected by the wildfires in our diocese. If you would like to contribute, please use one of the following options:

- cheques made payable to: The Roman Catholic Bishop of Kamloops
- E-transfers at giving@rcdk.org

Please note *Lytton wildfire relief fund or *Wildfire relief fund in the memo area.

Serra Club of Kamloops Diocese
Benefits of Eucharistic Adoration
A Holy Hour of adoration before the most blessed sacrament opens up the floodgates of God's merciful love upon the world.
(St Mother Teresa of Calcutta)

Are you an adult Catholic seeking Confirmation? Are you interested in finding out more about the Catholic faith? Do you have **questions** about what **Catholics believe** about life, death, forgiveness, God? Call Fr. Derrick at 250-372-2581.

Grief to Grace Retreat – Kelowna Through a retreat program facilitated by mental health professionals and centered on Jesus Christ, Grief to Grace helps those who have endured physical, emotional, sexual, and/or spiritual abuse find healing.

Wednesday, October 20 – Sunday, October 24

For more information, contact Pam Swoboda at g2gkelownabc@gmail.com or call 250 255 7223

Worldwide Marriage Encounter Virtual Experience Starting September 23 at 7 pm and running for 7 weeks on Thursdays, join us from your home and learn to live your best life in love. Registration coming soon at beholdvancouver.org/events

The Assumption of the Blessed Virgin Mary (year B)

Readings: Revelation 11:19a; 12:1-6a,10ab; Psalm 45:10-12,16; 1 Corinthians 15:20-27

Luke 1:39-56

Mary greets Elizabeth and sings God's praise.

Today's feast celebrates Mary's Assumption into heaven. The assumption of the Blessed Virgin Mary into heaven has long been held as an important Catholic belief. The belief was not defined as dogma, however, until 1950 by Pope Pius XII. The dogma teaches that Mary, who was without sin, was taken, body and soul, into the glory of heaven.

The Gospel for this holy day recalls Mary's actions after the announcement of Jesus' birth by the Angel Gabriel. Mary goes to visit her cousin Elizabeth who is also with child. Elizabeth greets Mary with full recognition of the roles they and their unborn children will play in God's plan for salvation. Mary responds to Elizabeth's greeting with her song of praise, the Magnificat. Both women recall and echo God's history of showing favor upon the people of Israel. Mary's Magnificat, in particular, echoes the song of praise offered by Hannah, the mother of Samuel.

The Gospel for this day reminds us that Mary's Assumption into heaven is best understood with regard for the full spectrum of Catholic beliefs about the person of Christ and the person of Mary. Only Mary, who was born without stain of original sin—the Immaculate Conception—could give birth to Christ, who is fully God and fully human. This is called the Immaculate Conception. Because of Mary's role in God's plan of salvation, she does not suffer from the effects of sin, which are death and decay. Mary is the first to receive the fullness of the redemption that her son has won for all of humanity. The Church, therefore, recognizes Mary as the sign of the salvation promised to all.

Today's Gospel highlights Mary's faith. Mary's faith enabled her to recognize the work of God in her people's history and in her own life. Her openness to God allowed God to work through her so that salvation might come to all. Mary is a model and symbol of the Church. May we be like Mary, open and cooperative in God's plan of salvation.

Jan Frans Beschey, Assumption of the Virgin, 1750-1767, oil on copper, Hermitage Museum; 2021 Loyola Press: catholic-resources/sunday-connection

Mikkie's Health Corner

Summer Weight Loss

continued from last week...

You can see by some of sweat's main roles to our body how it relates to our hunger:

- Thirst
- appetite and weight control
- emotions
- sleep cycles
- blood pressure and heart rate
- production of digestive juices
- balancing bodily fluids

When the body is sweating, the hypothalamus signals we are thirsty so it can balance body fluids and all the while it is doing this important job, it is not so worried about the other roles it has to do at that time. So, appetite is suppressed!

More fluids also make us fuller, so we tend to eat less.

... to be continued next week