



ST. JOHN VIANNEY

CATHOLIC CHURCH

OUR LADY OF LOURDES

A Christian Community in the Roman Catholic Tradition

December 12th, 2021
Third Sunday of Advent

Sunday Mass 8:30am
 573 Tod Mtn. Rd

Pastor: Jesus Christ

Assistant Pastor: Father Praveen Jaison Tellis OCD

Mass Schedule: Saturdays 4:00 pm **Office hours:** 9 am – 1 pm Tuesday – Friday
 Sundays 10:30 am Address: 2826 Bank Road V2B 8E5
 Phone: **250 579 8711**

Weekday Masses: Tuesday – Friday 8:00 am Email: stjohnvianney@rcdk.org
Sacrament of Reconciliation: by appointment Website: stjohnvianneykamloops.ca

Sunday Collection envelopes for 2022 are **now available** in the lobby. Please take yours home for the new year.

Christmas Mass times

	December 24	December 25	January 1
St John Vianney	6 pm	10:30 am	10:30 am
Our Lady of Lourdes	4 pm	-	8:30 am

St John Vianney is looking for help **decorating the church for Christmas**. If you are available **December 19th after the 10:30 am mass**, please consider staying at the church and lending a hand. Thank you to all of those who help each year to create a beautiful space for Christmas.

Day	Reading	Gospel
Monday	Numbers 24.2-7, 15-17a Ps 25.4bc-5ab, 6-7bc, 8-9 (R. 4)	Matthew 21.23-27
Tuesday	Zephaniah 3.1-2, 9-13 Ps 34.1-2, 5-6, 17-18, 19+22 (R. 6a)	Matthew 21.28-32
Wednesday	Isaiah 45.6b-8,18, 21b-25 Ps 85.8ab-9, 10-11, 12-14 (R. Isa 45.8)	Luke 7.19-23
Thursday	Isaiah 54.1-10 Ps 30.1-+3, 4-5, 10-11ac+12 (R. 1a)	Luke 7.24-30
Friday	Genesis 49.2, 8-10 Ps 72.1-2, 3-4, 7-8, 17 (R. 7)	Matthew 1.1-17
Saturday	Jeremiah 23.5-8 Ps 72.1-2, 12-13, 18-19 (R. 7)	Matthew 1.18-24

Father Jaison will be opening the church on **Tuesday, December 21, 2021** for anyone wishing to receive the **Sacrament of Reconciliation**. He will be available for walk in visits at the following times: 9–12 noon, 1–4 pm, and 5–8 pm. Please wear a mask.

	SJV	OLL
Assessment	\$ 21 686	\$ 2 221
Parish project	2 465	-
Total	24 151	-
Pledged	15 620	2 300
Pledges	48	7
Remainder	8 531	(-79)

We have raised **65%** of our SJV goal to date. Thank you for supporting this year's **Faith in Action Campaign!** If you need any assistance with your donation, please contact the office.

The office of St John Vianney will be closed for Christmas from December 24 – January 3. As such, **Faith in Action donations** must be in our office no later than **December 22 at 1 pm** to qualify for the **2021 Tax Receipt**. Donations may also be mailed directly to the Chancery but must be post marked no later than December 31. Any donations post marked past that date will go towards your 2022 Tax Receipt.

The **60th Annual Charity Appeal Draw Tickets** from the **Knights of Columbus** are once again available through St. John Vianney's Bishop Harrington Council 9508. This year, all tickets sales are online with the use of the link below:

<https://KofCDraw.net/C9508>

All 12 prizes are cash money. This year's Grand Prize is \$60,000.00 with Early Bird Prizes being draw on the 4th of December 2021. Tickets will be on sale until the 29th of January, 2022.

Thank you for your past support. God Bless.

Merritt Flood Relief Fund

For those wishing to donate to the Merritt area recently affected by the floods, the Chancery office is setting up a Merritt Flood relief fund. If you would like to contribute, please use one of the following options:

- cheques can be made payable to: The Roman Catholic Bishop of Kamloops (memo area: *Merritt Flood relief fund*)
- eTransfers are accepted by sending to giving@rcdk.org (in the memo area please note *Merritt Flood relief fund* and a name and address for Tax Receipt purposes).

Serra Club of Kamloops Diocese Vocation Place

Remembering Vocations in Your 2021 Advent Devotions Let us pray each week of advent for the need for vocations to be "born" into the Church so that Christ's life can continue through his followers.

Prayer at the start of each Devotion: Heavenly Father, Lord of the harvest, call forth vocations to the priesthood and consecrated life from our diocese and our families. Inspire men to imitate Christ, the Eternal High Priest, in sacrificial service to your Church. Move the hearts of men and women to offer themselves wholly to You in poverty, chastity and obedience. Send them as laborers for Your harvest. Inspire the faithful to support them with prayers and sacrifice. Raise up holy families who foster openness to your call. We ask this through Christ Our Lord. Amen.

December 12 – Third Sunday in Advent (two purple candles and the rose candle)

Meditation: Another aspect of the consecration belonging to the priesthood and the religious life is the complete gift of oneself to God. The Apostle John writes: "By this we know love, that he laid down his life for us; and therefore, we ought to lay down our lives for the brethren" (1 Jn 3:16). With these words, he invites the disciples to enter into the very mind of Jesus who in his entire life did the will of the Father, even to the ultimate gift of himself on the Cross.

Benedict XVI

Thank you to all our faithful members who pray for vocations either alone or together, in churches or at home wherever they may be. For more information about the 31 Club contact catherine@serrakamloops.com

MIKKIE'S HEALTH CORNER

Exercising and Aging Woes

Do you or someone you know say things like, "I am too old to exercise", "I have too many aches and pains", or "Exercise is for young people" Some of these may be real or just something we think we have to accept as a normal part of aging. There are valid reasons to why we slow down and become more sedentary as we age. One of the biggest reasons is health problems along with aches and pains. Another big one is worrying about getting injured or falling. Then there are some people who love to use age as an excuse not to exercise, as they simply don't like it. The real deal is though, that all the reasons not to exercise, are going to be the exact reasons to exercise. As we grow older, exercise in the sense of an active lifestyle, becomes more important than ever.

There have been numerous studies proving that physical activity is the pathway to longevity, even if starting in the senior years. Not only do you add years to your life but you have quality of life, you live - living, not live - dying. An active lifestyle will boost energy, protect against chronic disease, help with memory/mind, help manage pain or arthritis and most importantly for some people is, it allows for independence.

to be continued next week...