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FEASTING AT THE TWO TABLES: THE WORD OF GOD AND THE EUCHARIST

Today's prayer (LWC Sunday Missal, p. 154) first served as a collect for the Ascension, a setting that illuminates its deep biblical resonance. The use of "abide" is clearly refers to John's Gospel (6.57, 15.5-7), and expresses God's promise to remain in the heart of believers. Abiding in God's love involves keeping the commandments, including sharing with the poor (1Jn 3.17). The language of God's indwelling comes from St. Paul.

It designates Christ's presence by faith (Eph 3.17), the presence of the Spirit (Rom 8.8-9), the presence of Christ's word (Col 3.11) and power (2 Cor 12.9). Just and true hearts characterize the people in whom God abides. Yet their right deeds are in harmony with God's will only on account of the fashioning of divine grace. Without Christ, sin dwells in the inner depths of the human person (Rom 7.17-19). The prayer exemplifies the community's faith in the power of God's word, which teaches that God will abide and bring this about. (GM)

EUCHARISTIC PRAYER

The Eucharistic Prayer, the great prayer of thanksgiving, sanctification and sacrifice, is the centre of the Mass. In the introductory (preface) dialogue the priest invites the people to lift up their hearts to God in praise and thanksgiving. He addresses the prayer in their name to the Father through Jesus Christ and unites the people with himself in this offering. During the Eucharistic Prayer the entire assembly joins Christ in proclaiming the wonderful works of God and in offering the sacrifice to the Father (GIRM, no. 78)

A BIBLICAL WALK THROUGH THE MASS WITH EDWARD SRI

Thursday and Friday, February 23-24 at 7:00 PM in the Friendship Room. This parish workshop is offered for everyone, especially for Lectors, EMC, Cantors, Choir, Ushers and RCIA Team.

Dr. Edward Sri explores the biblical roots of the words and gestures we experience at Mass and explains their profound significance. In this study, you will come to know and understand the Mass like never before, leading you to a richer, more fruitful worship experience. You will:

- * Learn the biblical background to the words, prayers, and gestures.
- * Discover how the Mass is a "true re-presentation" of Christ's redeeming sacrifice on the Cross.
- * Explore the three key aspects of the Mass as Sacrifice, Real Presence, and Holy Communion.
- * Gain helpful insights for getting the most out of every Mass...and much more. For more information please visit www.GuideToTheMass.com

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COUNTDOWN FOR LENT

We celebrate Ash Wednesday on February 22. The parish will collect blessed palms from previous years for next Sunday so they can be burned for ashes. A basket is provided for them in the foyer. Lent is a time for penance and repentance, for almsgiving and prayer, for working to change attitudes that are not pleasing to God.

YOUNG ADULT DVD SERIES

Beginning Feb 26 for 5 consecutive Sundays young adults in university or in the workforce are invited to watch the DVD series "Untold Blessings" by Fr. Robert Barron at Sacred Heart Cathedral. The evening will be facilitated by Adele Huculak. It begins at 7:15 PM and ends at 8:30 PM. It is open to those 18-30 years, married or single. For more information call 250-376-3351.

BURSARY FOR GRADUATING STUDENTS

The Catholic Health Association is pleased to announce that it will grant two bursaries in 2012 of \$250 each to graduating students enrolled in Catholic Secondary School or who are a member of a BC or Yukon parish enrolled in a public secondary school or who are home-schooled. Interested students are invited to submit a 500 word essay to the Association by Mar 9th, that demonstrates an awareness and understanding of the significance of Spirituality in Health Care.

CATHOLIC WOMEN'S LEAGUE BURSARIES

Diocesan: \$500 awarded to a CWL member who wishes to go on further with training. Deadline is March 15. Details at www.cwl.bc.ca
Molly Boucher Provincial Bursary: \$500 Applicant must have been an active member for two years. Deadline: March 31. Details at www.cwl.bc.ca
Life Members Art and Culture Award: \$500 Either a member of the CWL or related CWL member. Deadline: March 31. Details at www.cwl.bc.ca

CPPS MISSION PROJECTS "WINDMILLS, WELLS AND WATER - 2012"

10th Annual Fund-raising Dinner at Thompson Rivers University Grand Hall. Tickets are \$80 per person with all proceeds going to the mission projects operated by the Precious Blood Missionaries in Tanzania, East Africa. For tickets please call Anna or Lloyd Babcock - 250-579-8888 or Frank Tries: 250-314-1429.

KNIGHTS OF COLUMBUS COUNCIL 1614

Anniversary Celebration, Friday March 9th. Mass will start at 6:00 PM and Supper at 7:00 PM at Sacred Heart Cathedral. Tickets are \$25.00 each. Only 75 tickets are available. Contact Mark Weiler 250-372-0906 or mmweiler78@gmail.com

KNIGHTS OF COLUMBUS 9508

25TH Anniversary Celebration, March 4th