



ST. JOHN VIANNEY CATHOLIC CHURCH

A Christian Community in the Roman Catholic Tradition

FEBRUARY 8th, 2026
5th Sunday Ordinary Time

Pastor: Fr. Dale Normandeau

OUR LADY OF LOURDES

Sunday Mass 8:30am
573 Tod Mtn. Rd

Secretary: Luz Velarde

Mass Schedule: **Sundays 10:30 am**
Weekday Masses: Tuesday to Friday 8:00am
(Except on the days when Mass at seniors' homes, see below for details).
Saturday 9:30am

Sacrament of Reconciliation: Saturday 10:00am to 11:00am
HOLY HOUR: Tuesday to Friday from 5:00pm to 6:00 pm

Address: 2826 Bank Road, V2B 8E5
Phone: **250-579-8711**
Email: stjohnvianney@rcdk.org
Website: stjohnvianneykamloops.ca
Office Hours: Tuesday, Thursday and Friday 9:00 - 2:00pm
E Transfer donations to: givingstjohnvianney@rcdk.org
givingourladyoflourdes@rcdk.org

LECTORS FOR THE COMING DAYS

February 8th Maureen Carr and Sally Nastrom
February 8th Brian Selzler and Lesley Boettger

MASS READINGS FOR THE WEEK OF February 8th to February 14th

DAY	First Reading and Salm	GOSPEL
Monday	James 1.1-11- Ps 119.67-68, 71-72, 75-76	Mark 8.11-13
Tuesday	James 1.12-18 Ps 94.12-13a, 14-15, 18-19	Mark 8.14-21
Wednesday	Joel 2.12-18 Ps 51.1-2, 3-4a, 10-11, 12+15	Matthew 6.1-6, 16-18
Thursday	Deuteronomy 30.15-20 Ps 1.1-2,3, 4-6	Luke 9.22-25
Friday	Isaiah 58.1-9a Ps 51.1-2, 3-4a, 16-17	Matthew 9.14-15
Saturday	Isaiah 58.9b-14 Ps 86.1-2ab, 2c-4, 5-6	Luke 5.27-32

WOMEN RETREAT at Sacred Heart Cathedral

Registrations are open \$30.00 Fee
Register soon, the spots are filling up quickly!
Starts on Friday, April 10th at 6 pm and ends on Saturday, April 11th at 4 pm
"His Mercy Endures Forever" To register, please contact Sacred Heart Cathedral office at cathedral@rcdk.org

BIBLE STUDY -PAUSED FOR 2 SESSIONS

There **Will NOT** be Bible Study on Feb 7th and Feb 14th. It will restart February 21st

ASH WEDNESDAY FEB 18TH MASS TIMES

St. John Vianney 8:00am and 7:00pm
Our Lady of Lourdes 12:00pm (noon)

STATIONS OF THE CROSS WILL BE ON FRIDAYS AT 7:00PM
starting February 20th except when the Faith Formation Children lead the stations on March 11th, that day will be on Wednesday at 6:30 pm

CHILDRENS LITURGY OF THE WORD

This program is a beautiful way of Introducing Children to our Catholic Faith. The readings are proclaimed and explained on a level appropriate to children. It is a component of the ritual prayer of Mass just as it is for adults. During the 10:30 am Sunday Mass children are Invited to join to hear and reflect upon an age-appropriate version of the Sunday Gospel. Children's liturgy is for children 0 to 12 years old. Babies under 2 years of are welcomed, but need to be with a parent.



Volunteers are still needed, contact the office.

The Kamloops Blazers are hosting Faith & Family Day on Monday, February 16th at 2pm



They will play against the Victoria Royals, and you are invited! Skate with the Blazers after the game, Skates and helmet required
Tickets are available for church groups to attend at a special **price of \$17.50** (all ages) for this game only.
To order tickets, please use this [order form https://chl.ca/whl-blazers/faith-and-family-day/](https://chl.ca/whl-blazers/faith-and-family-day/)

MASSES AT SENIORS HOMES

HAMLETS The 2nd Friday of the Month at 10:00am
next one will be February 13th

SUN RIVERS 1st and 3rd Wednesday of the month at 10:00am
There will **NOT** be MASS Feb 18th



5th Sunday Ordinary Time, year A

First reading *Isaiah 58.6-10+* *Responsorial Psalm, Psalm 112.4-5, 6-7, 8a-9*

Second Reading *1 Corinthians 2.1-5* *Gospel Reading Matthew 5.13-16*

Following upon the teaching of the [Beatitudes](#), Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus' time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives.

Still, our familiarity with this passage from Matthew's Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus' call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today's Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual [Works of Mercy](#). When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as "a city set on a mountain" that cannot be hidden!

<https://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/>

SAVE THE DATE-MAY 16TH 2026!!

MONSIGNOR JERRY DESMOND WILL BE CELEBRATING HIS 60TH YEAR OF PRIESTHOOD ORDINATION. CELEBRATION WILL BE AT THE COLOMBO LODGE MORE DETAILS TO COME

MASS AT THOMPSON RIVERS UNIVERSITY

This month will be Thursday February 19th at 3:30pm In the Old Main building

POPE LEOS PRAYER INTENTION FOR FEBRUARY

For children with incurable diseases.

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

ASCEND ONLINE- BLENDED EDUCATION

Meet 2 days a week at Holy Family Parish in Kamloops, save your spot for 2026. For more info check Ascend website under blended education www.ascendonline.ca



CWL and Knights of Columbus
General Meetings are

KC: 1st Tuesday of the month, CWL 2nd Tuesday of the month



Knights of Columbus Council 1614 at SHC
"LOBSTERMANIA 2026"

On June 13, 2026 at the OLPH Parish Centre, join us for a fun filled night of succulent Nova Scotian Lobster and dinner buffet. DANCE THE NIGHT AWAY WITH LIVE MUSIC BY "JERRY DE SOUZA AND THE MELODYMAKERS"

Tickets are \$85.00 each and are available from Anthony Muzzillo 250-851-1111, Garry Mayhew 250-572-5429 and John Giddens 250-682-4600. **Get your tickets early!!!**

ALPHA PROGRAM an exploration of the big questions.

Alpha runs on Thursdays 5:30 to 8:00pm (dinner at 6:00pm) at the Cathedral starting with a fine, free meal followed by a video and discussion.

Register by email cathedralpa@rcdk.org

CWL BURSARY OPORTUNITY-DEADLINE APRIL 30

The CWL SJV council invites GRADE 12 women and boys from our parish to apply for this years Bursary for \$500.00 towards postsecondary education. The Deadline is April 30, 2026. For more details see form attached and application form.

OLPH SCHOOL KINDERGARTEN REGISTRATION IS OPEN

Contact the school 250-376-2343 via email office@olphschool.ca or check their website www.olphschool.ca

FAITH FILLED EDUCATION AND HIGH ACADEMIC STANDARDS

PARISH REGISTRATION

We would like to welcome everyone to our parish. We encourage everyone who has not registered YET as member of our parish to do so, to keep our records up to date, pick up one of the forms located in the foyer and place it in the collection basket or bring it to the office.

KCYG UPCOMING EVENTS 2026!

*Youth Mass and Encounter nights at the Cathedral 6:30pm
Feb. 22nd, Mar 22nd, April 19th and May 31st

FAITH IN ACTION 35 – PILGRIMS OF HOPE

Your gift no matter the size, makes a real difference. If you have not contributed yet,
Please prayerfully consider contributing this year to FIA



SJV so far \$9,701 will comeback to the parish for the improvement of the friendship room and to cover the balance of the parking lot restoration form 2024.

OLOL so far \$1,379 will comeback to the parish for the purchase of new Sacred Vessels for the Altar.

Donations are accepted in cash, cheque or online.

SAVE THE DATE: ST ANNS ACADEMY HOMECOMING 2026

CELEBRATING 146 YEARS OF COMMUNITY

May 16th 2026 1pm to 4 pm

Live entertainment, children's activities, snacks, desserts and refreshments will be served